

SP SAIF PUBLISHING

GRAZIA

PAKISTAN

VOLUME 1, ISSUE 75
JULY - AUGUST 2022

Inside:

CELEBRITY MAKEUP
ARTIST

KANIZ ALI'S
TOP FAVOURITE PRODUCTS
THIS SEASON

Italy with
Love

See Him
By The Sea
#GRAZIAMAN

*Live Out Loud
with Noreen Khan*

GRAZIA

Editor's Note



We have a team of fashion visionaries who work passionately and tirelessly to bring you the best of global trends. We aim to strive higher and work harder to bring you the best of fashion, beauty, and lifestyle from around the globe, issue after issue.

Grazia aims to be your one-stop for everything fashion, beauty, and lifestyle-related. We hope

you enjoy reading this issue as much as we enjoyed putting it together for you.

@zahraasaifullah
www.grazia.pk

Zahraa

ZAHRAA SAIFULLAH



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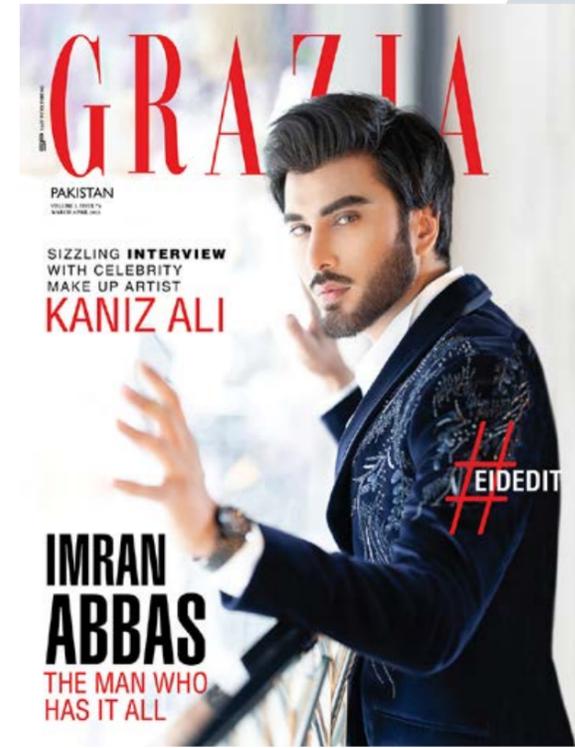
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8 becomes infinity for a world without limits!
Forever young, as Grazia.

YOUNG SINCE 1938



FEEL FIRED UP ABOUT SOMETHING YOU'VE READ IN GRAZIA? LET US KNOW...

FROM THE DEPUTY EDITOR'S DESK



We have the beautiful Noreen Khan as our cover star for this issue! We bring you an exclusive tell-all with the stunning television personality who shares with us her professional journey. We also had the chance to sit down with the new generation of Sunnamusk - Abid Kazi, who tells us his vision for the brand. We were also lucky enough to get Ana Khan to sit down with us and tell us her journey of becoming the talented hair and makeup guru that she is today!

Along with our exclusive features, we bring you some stunning fashion editorials done across the globe to inspire your closet.

Happy reading!

Noshmia Amir

NASHMIA AMIR BUTT



GRAZIA

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FASHION CHARTS

Bringing you the trendiest ten wardrobe items



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10 HOT STORIES

EVERYONE'S BEEN TALKING ABOUT...

01

A FILM TELLS OF BOSNIAN MUSLIMS AND JEWS SAVING ONE ANOTHER IN WARS

In a traditional Muslim house in the old quarter of Sarajevo, a film has revived two different periods of war during which Bosnian Muslims saved Jews from Nazis and then 50 years later Jews rescued Muslims from Bosnia's besieged capital.

SABINA VAJRACA, a US based film director who herself was a refugee from Bosnia's 1990s war, says she wants her short film to remind the world of the goodness of ordinary people during times of conflict in Europe and the Middle East.

In May, Vajraca's script won the Holocaust Film Contest held by the Claims Conference, the Jewish organisation which secures compensation for Holocaust survivors.

"Evil keeps coming back over and over and wars keep happen over and over and the whole message of this film is that when such an event happens, will you remember your humanity and save others or will you

become small and fearful and only think of yourself," Vajraca said in an interview with Reuters.

The film *Sevap/Mitzvah* (A Good Deed) is based on the true story of Muslim woman Zejneba Hardaga and her family who hid the Jewish Kabiljo family at their home, risking their own lives, and helped them escape Nazi-occupied Sarajevo in the 1940s and then move to Israel.

The Hardagas were recognised as Righteous Among the Nations by the Israeli Holocaust museum Yad Vashem, based on testimony provided by the Kabiljo family. The honorific is awarded to non-Jews who helped Jews escape persecution in the Holocaust.

Fifty years later, during the 1992-95 siege of Sarajevo by separatist Bosnian Serb forces, the Jewish community helped the Hardagas leave Sarajevo using fake Jewish identity cards and the Kabiljo family secured them a refuge in Israel.

"Zejneba Hardaga is the first Muslim woman in the world who was recognised as Righteous Among Nations," said Eli Tauber from the Sarajevo Jewish community.

Tauber, who wrote a book about 54 Bosnians who were honoured as Righteous for saving Jews during World War Two, said that Zejneba Hardaga also helped his grandparents to leave Sarajevo at that time.

Rifka Kabiljo with children and Zeineba Hardaga (right) walking in King Petar street in Sarajevo, 1941. Rifka and Zeineba are walking holding hands so the yellow band with Magen David on Rifka's sleeve
From left is Bahrija Hardaga
street. Joseph noticed a Muslim woman wearing a veil standing next to his group, observing them, and weeping. It was Zeineba, and she could not stand watching their beloved Joseph clean the streets. The only thing she was able and permitted to do, although it meant compromising herself before the Ustasha authorities, was to bring clothing and food to Joseph and the rest of the group. Joseph suffered a lot in forced labor. He was already sentenced to death.
- the only one of
dangerous for those harboring their help. Joseph a Italian occupied zone, and joined the Partisans. After the war, the Kabiljo and again for Har

Eli Tauber shows a picture in a book of Rifka Kabiljo and Zeineba Hardaga walking on a street in 1941, in Sarajevo, Bosnia and Herzegovina, June 13, 2022. REUTERS/Dado Ruvic

"She gave my grandmother a veil and pantaloons to disguise herself as a Muslim woman... and gave my grandfather the money to buy tickets and run away from Sarajevo," he recalled.

Vajraca hopes the film will be inspirational to the audiences with its message: "Do what you can, do a good deed no matter what and in some way it may come back to you." ■



Eli Tauber shows a picture in a book of Rifka Kabiljo and Zeineba Hardaga walking on a street in 1941, in Sarajevo, Bosnia and Herzegovina, June 13, 2022. REUTERS/Dado Ruvic



A film crew member prepares an actor for a scene in a film set in Sarajevo, Bosnia and Herzegovina June 16, 2022. REUTERS/Dado Ruvic



Sabina Vajraca Bosnian-American film director poses for a picture in Sarajevo, Bosnia and Herzegovina June 13, 2022. REUTERS/Dado Ruvic



A scene from the movie 'Sevap' is seen on a camera display, on a film set, in Sarajevo, Bosnia and Herzegovina June 16, 2022. REUTERS/Dado Ruvic



02

NADIA AFGHAN PENS DOWN HER PAINFUL JOURNEY

The actor was trolled on social media which led her to justify her choice publicly and relive her trauma all over again.

ACTOR Nadia Afgan was bullied, mostly and unfortunately by women, after she revealed that she chose not to have children during a conversation on *Time Out with Ahsan Khan*.

People passed “hurtful comments, cruel judgements,” and displayed a “despicable lack of compassion,” according to the actor, after her comments made the rounds on social media.

The “harsh messages” prompted her to present justifications for a personal choice and thereby, relive the painful past that led her to make her final decision.

Afgan penned a note detailing her struggle with getting pregnant. She revealed that she suffered two miscarriages, following which, she and her husband decided to prioritise her emotional and physical wellbeing. Sharing a collage of photos with all the kids she has held close over the years, possibly to indicate she has nothing



against motherhood or children, Afgan wrote, “I had decided years ago that I will never ever talk about this publicly because it was just too painful. It still is. But this is needed. It’s needed because of the needless masala our influencers like to share, but more so because I am shocked at how women have reacted to my personal statement on Ahsan Khan’s show.”

The *Sang-e-Mah* actor, who used to be a “firm believer that all women, whether they have children or not, knew and understood how private this matter is,” has been proven wrong. “Ironically, it’s been women – their hurtful comments, cruel judgements, harsh messages and despicable lack of compassion, that made me change my decision and talk about it publicly,” she conferred.

Afgan and Jawad alias Jodi Pai completed 16 years of marriage in June. She shared that the couple “adore children” and have always wanted to have their own. “But Allah had other plans – and like everything else in life, we submitted to His will.” The 51-year-old actor went on to narrate her traumatic journey with conception. “I have had two miscarriages. I have gotten three failed IUIs done. I have battled depression after losing two unborn babies. I have struggled with panic attacks fearing

another miscarriage. I have gained tons of weight because of hormonal issues.”

Even after all of this, the duo persisted and was ready for an IVF but after going through so much, Afgan simply couldn’t cope. “I just couldn’t bear the agony of that single line on the pregnancy test – after going through another emotionally and physically draining procedure.” She gave a shout out to her husband for being an exceptional support. “He saw what I went through, understood how I felt, and we made this decision together. For him my comfort and health, both physical and mental, took precedence over everything.”

However, unlike her husband, the women in her life, close and strangers alike, showed her no empathy – especially after her comments surfaced. “I have relived my years of loss all over again since Saturday night.” Afgan added that she is “sad” because she believed that women are “a clan, a tribe.”

Recalling how she’s always been an ambassador for women rights, she expected a “group which sticks together, which believes in cheering each other on and giving each other respect and freedom of space – which understands what we go through when we bear children – and when we find out that motherhood was not meant for us – and how excruciatingly painful it is to talk about it on public forums.” But she realised, after all the hatred subjected towards her that the reality is anything but. “I am actually sad today,” Afgan concluded. ■

Sania Mirza and Martina Hingis

Sania and Ishaan



03

SANIA MIRZA feels 'mom guilt' but knows she needs to chase her dreams

Iconic tennis star Sania Mirza is no stranger to dealing with “mom guilt”. A term that crops up every time a mother thinks she’s failed her child. Mothers are hesitant to admit this but they tend to hold themselves responsible for the actions of their children and anything that may have affected them negatively.

MIRZA feels mothers need to take it easy and sometimes, let the fathers take charge while they chase their dreams.

Prior to sharing the note, she had shared a picture of her son in a red graduation cap and gown at his nursery graduation. “But it’s important to recognise it and forgive yourself because no matter what we do, a mother just doesn’t feel like she’s doing enough,” added the supermom and player.

“I am so lucky to have a family and support system that still allows me to chase my dreams. Let’ be kind... to others and to ourselves too. So proud of my baby,” she concluded. While no woman should require approval or “allowance” of family members to pursue her dreams to begin with, it is heartening to see Mirza charge gallantly towards hers, while learning

to tame her motherly feelings.

Her famous Pakistani cricketer husband, Shoaib Malik, on the other hand, seems to be playing the perfect father off-field and he’s shared a note for his son alongside a picture posing with him at the graduation. “My

sonshine Ishaan graduated from his nursery, making baba super proud!” he wrote in the caption of his Insta post dedicated to the occasion. “You are growing up so fast beta, may you succeed in everything. And I have got your back, always...” he added.

Mirza, who married the cricketer in 2010, in a 2021 press conference at Wimbledon had opened up about how difficult it is for her to be separated from her son while she plays. “Leaving him at any time is difficult. I try to do it as little as possible,” she had said. “But if it’s something I have to do, then that’s what I will do. As working mothers, sometimes you have to do it.”

Mirza, like all tennis players, is often travelling around the world for tournaments, which she resumed playing back in 2020 after a near two-year maternity leave. The former doubles world number one marked her return with an astounding victory at the Hobart International, after losing “around 26 kilos with a lot of workout regimes and very strict diets.” ■



Sania Mirza, Shoaib Malik, Ishaan Mirza Malik



04



IPL founder confirms dating Sushmita Sen!

Sushmita Sen and her love life has been a mystery to everyone. Recently, in an interview with Twinkle Khanna, Sen recalled how she almost got married thrice before being let down.

BUT NOW, months after calling it quits with Rohman Shawl, the former beauty queen is dating Lalit Modi, founder of the Indian Premier League. The news came to light after Modi shared pictures from his and Sen's romantic getaway to Maldives and Sardinia, alongside some loved-up throwback photos. Moments later, speculations about the two having gotten "married" began surfacing and it didn't take long before they turned

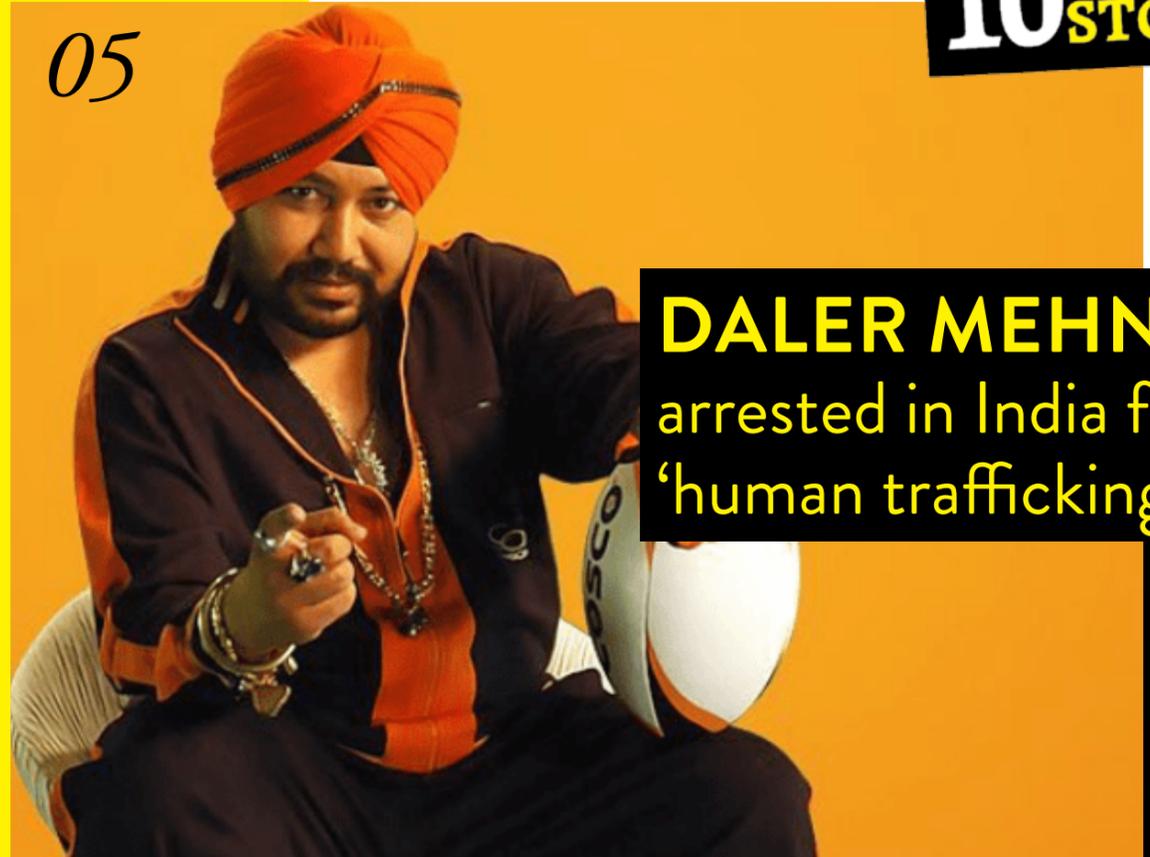


into "reports" of a marriage. However, Modi has cleared the air about their relationship status. Taking to Twitter, the renowned businessman stated that he and Sen are dating as of now. Modi also announced that they are likely to tie the knot "someday". He had written, "Just for clarity. Not married - just dating each other. That too it will happen one day."

Mentioning the same on an Instagram post, he added, "Just back in London after a whirling global tour - Maldives and Sardinia - with the families, not to mention, my better-looking partner Sushmita Sen." Modi went on to call his relationship "a new beginning" and "a new life... finally."

"Over the moon. In love does not mean marriage. Yet. But one that that one that by God's grace will" ■

05



DALER MEHNDI arrested in India for 'human trafficking'

IN THE COMPLAINTS filed almost two decades ago, Daler and his brother Shamsher Singh were accused of collecting "passage money" to take people abroad, mainly to the US and Canada, via the "troupe" route. While they did take some people, there were others who said they took money but did not live up to their promise.

The case in September 2003 at Patiala was filed by one such man, named Bakshish Singh. He said the

Singer Daler Mehndi's appeal against a two-year prison term in a 2003 case of human trafficking — for taking people overseas by showing them as troupe members — was dismissed by a district court in Patiala recently, and he was sent to jail. Originally sentenced in 2018, Daler was on bail so far.

brothers took two troupes to the US in 1998 and 1999, including 10 people for illegal migration. "They took INR13 lakhs from me. Neither did they send

me abroad, nor did they return my money," the victim was quoted as saying.

The brothers were arrested a month after the FIR but were granted bail within days. Both were charged under Indian Penal Code's sections for human trafficking and conspiracy, and under the Indian Passport Act. After that FIR, 35 other complaints came up too, as per reports. ■





06



Pixar's 'Lightyear' underwhelms with \$51 million debut as 'Jurassic World' stays no 1

Lightyear, a spinoff story set in Pixar's Toy Story universe, fell short of that boundless milestone in its box office debut, collecting a lackluster \$51 million from 4,255 North American theaters.

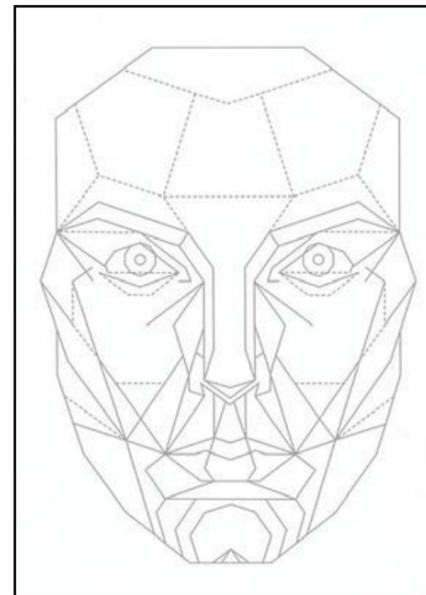
FAMILY audiences, the movie's prime demographic, have been largely absent since Covid. But even so, those ticket sales are disappointing for a brand as recognizable as Pixar, the home of *The Incredibles*, *Finding Nemo* and *Up*. It's particularly problematic given that *Lightyear* cost \$200 million to produce and tens of millions more to market.

The Disney film was expected to generate at least \$70 million. But its



ambitions were thwarted by heightened competition from Universal's behemoth *Jurassic World Dominion* and Paramount's high-flying *Top Gun: Maverick*, as well as little intrigue to watch a slightly esoteric origin story about Buzz Lightyear, one that had only a tenuous connection to the four films in the popular kid-friendly franchise. With its wobbly liftoff, *Lightyear* landed in second place, becoming one of the rare Pixar films to not take the top spot at the domestic box office.

Notably, *Lightyear* is the first Pixar movie to play on the big screen in more than two years -- since *Onward* in March 2020. During the pandemic, three Pixar movies -- *Soul*, *Luca* and *Turning Red* -- skipped theaters to land directly on Disney+, leaving some box office analysts to question if consumers have been trained to watch Pixar movies at home. Other industry experts question if Disney is relying too heavily on brand recognition and not enough on execution. *Lightyear* landed an "A-" CinemaScore, indicating that audiences enjoyed the movie. ■



BACK IN 2020, Robert Pattinson was named the most attractive man in the world, according to science. The actor's good looks were judged using an ancient Greek calculation method, the Golden Ratio of Beauty Phi, which has historically been used to measure physical perfection. Two years on, and the Hollywood heartthrob continues to hold the title.

This comes after an algorithm that ranks different facial features analysed of actors like Ryan Gosling, Idris Elba, Brad Pitt and Henry Cavill. Although all the stars are physically attractive in their own sense, none of them could match Pattinson's perfect features. The Golden Ratio of Beauty Phi is said to have originated during the European Renaissance era.

Speaking to the media, Centre of Facial Cosmetic Surgery's Dr Julian De Silva said, "Robert Pattinson was the clear winner when all elements of the face were measured for physical perfection."

According to reports, this calculation was mainly used by architects and artists like Leonardo Da Vinci to map and measure the "perfect" length and width for their artistic creations. In modern times, the same formula has been adapted to measure beauty standards and determine how perfect a person's physical features are. Under this technique, the face is measured and



07 According to science, ROBERT PATTINSON is still the most attractive man in the world

Defeating Ryan Gosling, Idris Elba, Brad Pitt and Henry Cavill, the 'Batman' actor tops the list even after two years.

the results are divided. The closer a face's measurement is to Phi (1.618), the more attractive the person is said to be.

The beauty factor also relies on the symmetry and proportion of the face and is influenced by factors such as whether the length of the ear is equal to the length of the nose, or if the width of the eye is equal to the distance between the eyes. ■





08

Prince Harry celebrates Mandela, urges climate action at UN

Britain's Prince Harry spoke on Monday at the United Nations about seeking insight from the late Nelson Mandela during a time of global uncertainty and urged countries to take action on climate change.

"We are witnessing a global assault on democracy and freedom - the cause of Mandela's life," he said. Mandela became South Africa's first Black president in 1994 after spending 27 years in prison during apartheid. He died in 2013 aged 95 but remains an icon for his struggle against apartheid and message of reconciliation. Harry warned about the impact of climate change on Africa and the world. "This crisis will only grow worse - unless our leaders lead - unless the



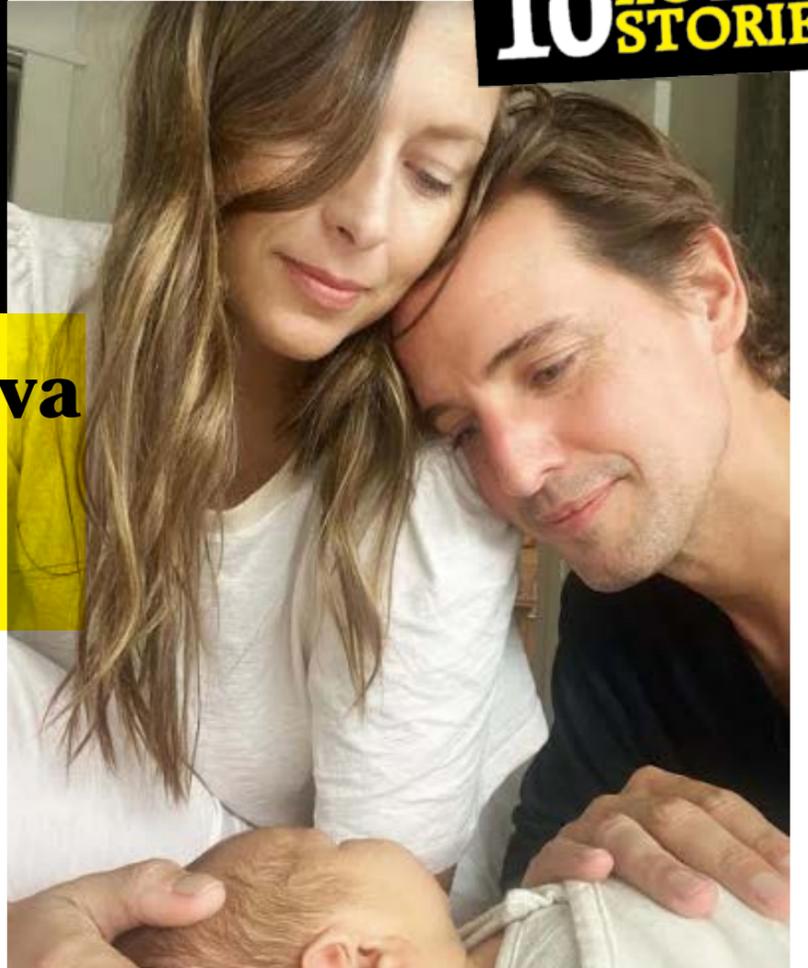
ACCOMPANIED by his wife Meghan, Duchess of Sussex, the couple held hands as they walked into UN headquarters in New York City to mark Nelson Mandela International Day, held annually on the former South African president's birthday. In the UN General Assembly hall, Harry spoke about the threats from Russia's invasion of Ukraine, what he called the reversal of constitutional rights in the United States and the "weaponizing" of lies and disinformation.

countries represented by the seats in this hallowed hall make the decisions - the daring, transformative decisions - our world needs to save humanity," he said. Harry spoke about a 1997 photo taken in Capetown of Mandela and his late mother Diana, Princess of Wales, which he said hangs on his wall. "When I first looked at the photo, straight away, what jumped out was the joy on my mother's face. The playfulness, cheekiness even, pure delight to be in communion with another soul, so committed to serving humanity," he said. Harry described Africa as a "lifeline," saying, "It's where I felt closest to my mother and sought solace after she died, and where I knew I found a soulmate in my wife." Harry and Meghan, the Duke and Duchess of Sussex, moved to the United States two years ago to lead a more independent life. They live in California with their two children. ■

09

Maria Sharapova welcomes first child

The five-time Grand Slam champion and former world number one, recently announced that she has given birth to a baby boy named Theodore.



THEODORE is the first child of the 35-year-old Russian tennis star and British businessman Alexander Gilkes, 42, who announced their engagement in December 2020. "The most beautiful, challenging, and rewarding gift our little family could ask for," Sharapova posted on Instagram, indicating in Roman numerals that Theodore was born on July 1. Sharapova, who had revealed in April that she was pregnant, is among only

10 women to complete the career Grand Slam by capturing all four major singles crowns at least once. In 2004, Sharapova won her first major title at Wimbledon at age 17 and followed by capturing the 2006 US Open, 2008 Australian Open and the 2012 and 2014 French Open crowns. She also captured a silver medal at the 2012 London Olympics, losing to American Serena Williams in the final. ■

10



Hedy Lamarr, an homage to the Austrian-American actor Hedy Lamarr (1914-2000), which Depp composed.

The actor, who is best known from the Pirates of the Caribbean film series and most recently for his defamation trial against his ex-wife, Amber Heard, is no music novice. Twelve years ago he founded Hollywood Vampires with rock singer Alice Cooper and Aerosmith guitarist Joe Perry, with whom he has since recorded two albums.

Depp's infamous trial victory over his ex-wife is boosting public interest in his musical ventures, which would otherwise have been dismissed as just "two more ageing stars on tour." The high-profile trial, which was broadcast live on the internet, was closely followed by fans around the world, who widely commented on the case through social media.

Both actors had to pay fines in the end — but Heard's was heftier than Depp's. The jury ruled that Heard had defamed her ex-husband through an article she had written for the Washington Post, in which she indirectly accused him of domestic violence; she was ordered to pay \$10 million (€9.96 million) in damages, whereas Depp, who was also found liable because of statements made by his lawyer, has to pay Heard \$2 million. ■

'18': After defamation suit win, Johnny Depp releases new album

The album cover shows a pencil illustration of two teenagers, garbed in white T-shirts, with pomade in their hair and guitars and microphones in their hands. It bears the title 18.

AS GUITAR legend Jeff Beck explains, it was chosen because "when Johnny and I started playing together, it ignited a youthful spirit and creativity in us — so much so that we kept joking about feeling 18 again." Beck and Depp are said to have met in 2016, according to the Warner Music website.

Not only did they share a passion for cars and guitars, but they always made each other laugh. This friendship

led to the project of recording an album together, which they started working on in 2019.

The result released on July 15: 18 is the first joint album by multiple-Grammy award winner Beck and Hollywood star Depp. It features 13 tracks, most of which are covers of Motown soul songs as well as titles by the Beach Boys, The Velvet Underground or English rock band, Killing Joke. There is also the soulful ballad, This Is A Song For Miss



BEAUTY WITH BRAINS - NOREEN KHAN

BBC presenter - Noreen Khan - opens up to our celebrity makeup artist Kaniz Ali, in an exclusive interview.

INTERVIEWED BY: KANIZ ALI
EDITED BY: NASHMIA AMIR BUTT

Grazia: What inspired you to go into radio / tv presenting?

Noreen: I grew up being immersed in music because of my mum. She'd always have records playing and would take me to the cinema from the age of 3 to watch Bollywood movies. So I developed a passion for music and at school started playing the violin, oboe and was in the steel band for 6 years. I knew then that I'd need to go into a profession that involved music somehow and that's how I ended up in radio. Having then done radio for a few years it was a natural transition to get into TV presenting too. I love being behind the mic and in front of the camera, if it involves talking and entertaining people then I'm there!

Grazia: You were one of the first radio hosts to make it at the top of your game. You came from a time where hosting wasn't encouraged as much as becoming a doctor / lawyer / accountant. Can you tell us about your journey?

Noreen: My first proper job was at the age of 19 working in a bank. I did this for 2 years and soon realised it just wasn't for me and I had to wear a dull uniform which made it even harder, haha! I suppose even as a teenager I was a nonconformist, all my friends went to university but I decided I'd get straight into the world of work and set up my own business. I first did banking, then set up my own business at the age of 21 and I worked in a school for a while too. Again, I knew I couldn't do a normal 9-5 office job, I needed a career where I could express myself, have fun, be creative and entertain others. I was so fortunate that I had fantastic, progressive and open minded parents who encouraged me no matter what I decided to do. I also used to listen to the

radio a lot and always thought it seemed like a really cool and interesting job. I love the intimacy of radio in the sense it's really just you and that person listening in and you're connecting without seeing each other. Oh, and it meant I got to play lots of music. So, I started volunteering in my local hospital radio and from there got a break at a commercial station in London. Then I got headhunted to join BBC Asian Network and have been on an amazing radio journey ever since. Last year I did quite a bit of telly work too and can't wait for everyone to watch BBC 2's 'Back In Time for Birmingham' which I've presented and it airs this summer.

Grazia: What are the pros and cons of becoming a radio presenter?

Noreen: I mean the pros are endless - it's a job which gives you the privilege of connecting with your listeners all around the world, you get to interview some incredible people, you're playing awesome music and at the same time you can build a fantastic relationship with the listeners. I could go on and on but honestly it's a job which has brought me a lot of joy over the years and it's never really felt like work. Having said that, a lot of hard work does go into presenting and putting a show together but it's insanely good fun too. For me there aren't many cons apart from the fact you end up stressing over being late for the show - I literally used to have nightmares about this happening!

Grazia: You are one of the most listened to radio presenters. What do you think makes you stand out from everyone else?

Noreen: I never went into radio thinking I'm going to try and stand out

CEO: Zahraa Saifullah
MANAGING DIRECTOR: Nashmia Amir Butt
FRONT COVER CREATIVE DIRECTOR: Kaniz Ali
PHOTOGRAPHY: Sanae Rasul
HAIR/MAKEUP/STYLING: Kaniz Ali assisted by Sibgha Batool
OUTFIT: Bibi London
LOCATION: London





or do things to make myself sound different from the others, it just sort of happened. When I am on the radio, it feels so natural to me that I feel like I'm sitting in my lounge chatting with my mate. I think listeners simply find me relatable, I talk about things which they also talk about. I watch and do things that they like to do too. I'm very passionate about things like sports, especially football and cricket. I love yoga, I watch Pakistani dramas, I love Bollywood music especially the classics and I share all my interests with them. So, my listeners, who I call my khandaan, know exactly what I'm into and through the show and social media I get to know what they love and I bring those things in. For me, my listeners are the stars of my show, yes it's great to get celebrities on but for me personally it's all about them. I genuinely have a good laugh with them, their texts and emails into the show are sometimes hilarious and I think they like my sense of humour as it can be a little bizarre at times haha!

Grazia: Talk us through a typical week in the life of Noreen Khan?

Noreen: I'm on the radio Monday to Thursday from 11am to 3pm. On Fridays I try to have a little break but it doesn't always work out as I usually get asked to host something or be somewhere and if it interests me I end up going. Over the years I've hosted and been part of endless events, it's actually a very big part of my career. On the weekends if I'm not hosting an event or doing stand up comedy I try to catch up with my family or close friends. I love hanging out with my family, I'm the youngest of 8 siblings so I have a lot of family to see when I have time. Oh, and I spend a lot of time doing yoga.

Grazia: What are your 3 make-up must-haves?

Noreen:
1) Concealer - it's a must!
2) Blusher - all about the cheeks
3) Lippy - I do love a bit of colour on my lips!

Grazia: If you were not a presenter, what would you be?

Noreen: Oh, now that's a tough one,

probably quite a few things! Maybe an actress, motivational speaker, designer, yoga teacher just to give you an idea. Yes it's pretty varied.

Grazia: What's the best advice you can give to someone who is thinking of heading into a career of radio and TV presenting?

Noreen: Firstly ask yourself why you want to do it and how badly you want it and then go from there. Get to know the radio station you want a show on, like get obsessed and know everything about its output. Get radio miles under your belt via voluntary work or ask to shadow and get some experience if you can so you get an idea of what the work is like. Once you feel you are up for the task, take yourself and your personality to the airwaves or on TV.

Grazia: What does the future hold for Noreen Khan? What are your plans 2022 / 2023?

Noreen: My plans are to do more TV work, comedy related work, travel more and I'm working on my yoga Youtube Channel. I actually recently passed my yoga course which means I can now teach, even though that's not a priority but I do want to share my knowledge via free YouTube videos. I cannot wait for others to benefit from yoga like I personally have.

Grazia: Tell us about your new show soon to be aired on UK's BBC 2?

Noreen: I'm so excited about this show! BBC 2's 'Back In Time For Birmingham' will follow a modern-day family of British Asians who go back in time to experience what life in the city was like for previous generations. It's going to be a really important, informative show educating the viewers on the struggles, hardships and achievements of our South Asian grandparents and parents from when they arrived in the 1950s. I'm so proud to have presented this 4-part series as it really does celebrate the vital contributions South Asians have made and continue to make in the UK. The show will also celebrate the city of Birmingham.

Grazia: What are your top 2 favourite





holiday destinations and why?

Noreen:

- 1) Istanbul - simply love this city. Been around 5 times!
- 2) Pakistan - naturally because my parents were born there. I've only been a few times but have loved every trip. There's so much still to see and explore and that's something I'm planning to do in the near future.

Grazia: What do you like doing in your spare time?

Noreen: Yoga, lots of it and I'm still studying it in my spare time as it's an endless learning journey. I love horses and am trying to improve my horse riding skills, it's a slow process! I enjoy travelling and am really keen to see more of this beautiful planet we live on. I love eating out, listening to music and watching interesting shows and docs.

Grazia: How would your friends and family describe you?

Noreen: Oh, wow, where do I start? They'd probably say I'm funny (which I am!) quirky, adventurous, driven, hard working and just generally fun to be around. I could write more but then it might make me look a little sad (haha)!

Grazia: What are the qualities you look for in your ideal man?

Noreen: Here's my list!! (Please take note)

- 1) Kind and caring - has to have a good and kind heart. Not into bad boys or meanies.
- 2) Good sense of humour- not take himself too seriously. We need to have a laugh!
- 3) Adventurous - I like a man who wants to explore, is inquisitive about life and can be spontaneous at times too.
- 4) Has to be into health and fitness - it's important to me that a man knows how to respect and take care of his mind and body. It's something we all need to do.
- 5) Someone I can have good, long, deep chats with. I'm quite philosophical and a deep thinker at times and it's important that I can nourish and feed my mind in a healthy way with someone.
- 6) Lastly, if he happens to look remotely like Keanu Reeves or has his type of thing going on then that's a bonus too, haha! ■

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SUNNAMUSK

FRAGRANCE THAT ENCHANTS YOU

The CEO of Sunnamusk, Kazi Abdur Rahman opens up to our front cover creative director, Kaniz Ali

INTERVIEWED BY: KANIZ ALI
EDITED BY: NASHMIA AMIR BUTT



Grazia: How did the idea of launching Sunnamusk come about?

Abid Kazi: We started off our journey with a very humble start up, capital of £600. Since then we have utilised our resources and along with all the income we made towards building and improving the business. Today, we are a global fragrance brand that has an excellent reputation in perfumery all around the world

Grazia: What inspired you to enter the family business?

Abid Kazi: I have always had a creative and entrepreneurial mindset and had dreamed of running my own brand. So when the opportunity of working with the family came to create a premium fragrance brand, I jumped at it to work with my brothers to create something epic.

Grazia: How many stores has Sunnamusk opened up and where?

Abid Kazi: We have opened 19 Stores to date. We have 17 stores across the UK in key major cities and towns and 2 stores in Germany, and this year we plan to open up Sunnamusk boutiques in Netherlands, Sweden and France as part of our international expansion plan.

Grazia: What products does Sunnamusk sell in stores ?

Abid Kazi: We sell a range of fragrance-related products which include fine perfumery, oil based fragrances, home fragrances such as Bakhoor & Candles. We have most recently launched our beauty and care category products which include moisturizers along with hand sanitisers.

Grazia: How have you found your journey so far ?

Abid Kazi: The journey has been amazing, with many ups and downs, twists and turns - but I think that is what makes it interesting and fun. I have developed as a person both personally and professionally and have become a much better version of myself through my journey of entrepreneurship as it has allowed me to excel in my creativity in creating scents and the brand.



Grazia: What are your favourite products in Sunnamusk?

Abid Kazi: My two favourite products would be Abid Ambre and Wood De Amber. I love Abid Ambre because it is such a fresh citrusy refreshing fragrance, but it also has a warm woody, sweet and dry mix which makes it such a unique fragrance of its type and this is one of the reasons why it is the top selling fragrance at Sunnamusk.

I also love Wood De Amber because it is the embodiment of a fragrance that you would wear to make a statement or mark when you enter a room. It has a very special feeling and the combination of Woody and Ambery base notes give it a very middle eastern vibe.

Grazia: Where do you see yourself in the next 5 years ?

Abid Kazi: I see myself creating two more lifestyle and beauty brands. I see Sunnamusk being a globally recognised fragrance brand.

Grazia: What are your hopes and aspirations for Sunnamusk ?

Abid Kazi: I would like Sunnamusk to be a lifestyle brand that is used by perfume lovers all across the globe. We should be recognised within the fragrance industry as a key player in creativity and customer service.

Grazia: What are some pros and cons of being a young entrepreneur?

Abid Kazi: For me personally, I cannot think of any cons of being a young entrepreneur - I think the advantages outweigh any disadvantages there could be as you have more time on your hand, you have less commitments, fresh and creative thinking which can relate to new audiences and the ability to inspire a generation of young people through your achievements.

Grazia: How has being an entrepreneur affected your family life ?

Abid Kazi: I think it certainly keeps you very busy and sometimes it can mean that you miss family functions or events. But most families usually understand as they can see how much time and attention a business requires.



Grazia: What motivates you?

Abid Kazi: Being able to give back to the community and help my neighbourhood back home, which is a deprived village in Bangladesh called Kolakuta.

Grazia: How do you generate new ideas?

Abid Kazi: I am constantly travelling so I see new things and manage to immerse myself in different cultures which gives me inspiration to create new content and come up with fresh ideas.

Grazia: How did the name for your company come about?

Abid Kazi: Sunnamusk is an Arabic inspired name which roots from habitual use of fragrance, the brand's ethos lies in being a British brand based out of London but having middle eastern inspiration which is massively influential in the fragrance world. The term "Oud" is now adopted across all types of perfumery including the world renowned french perfumery.

Grazia: What is your favourite aspect of being an entrepreneur ?

Abid Kazi: Being able to execute ideas and strategies which result in achieving goals. Having the flexibility of travelling and networking with different people from all walks of life is definitely what I enjoy.

Grazia: If you were not an entrepreneur what would you be ?

Abid Kazi: I think I would either be a social media personality or a lawyer! I love law and how the judicial system works and one of my favourite shows is Suits. One of my strongest skills is creating content and viral videos so I would always look to be involved with the creative side of life and social media.

Grazia: Name 5 things you love to do outside of work?

Abid Kazi: I love driving and absolutely love cars. I love seeing friends and going out to eat and I truly enjoy travelling to new countries, I take part in a lot of charity work with my mother, I help other people with various things from simple things to complicated tasks. I love being able to help others. ■



Aana Khan

THE ULTIMATE MAKEUP GURU

We had the pleasure of working with Aana Khan in Dubai and instantly fell in love with her personality and work. She is so true to her passion for makeup and hair and has dedicated her life to her craft. Alongside being uber talented, she herself is a joy to work with.

We insisted Aana answer a few questions for our audience.

Grazia: When did you realize your love for makeup? Can you tell us about your journey of discovering this passion of yours? Can you tell us who inspired you?

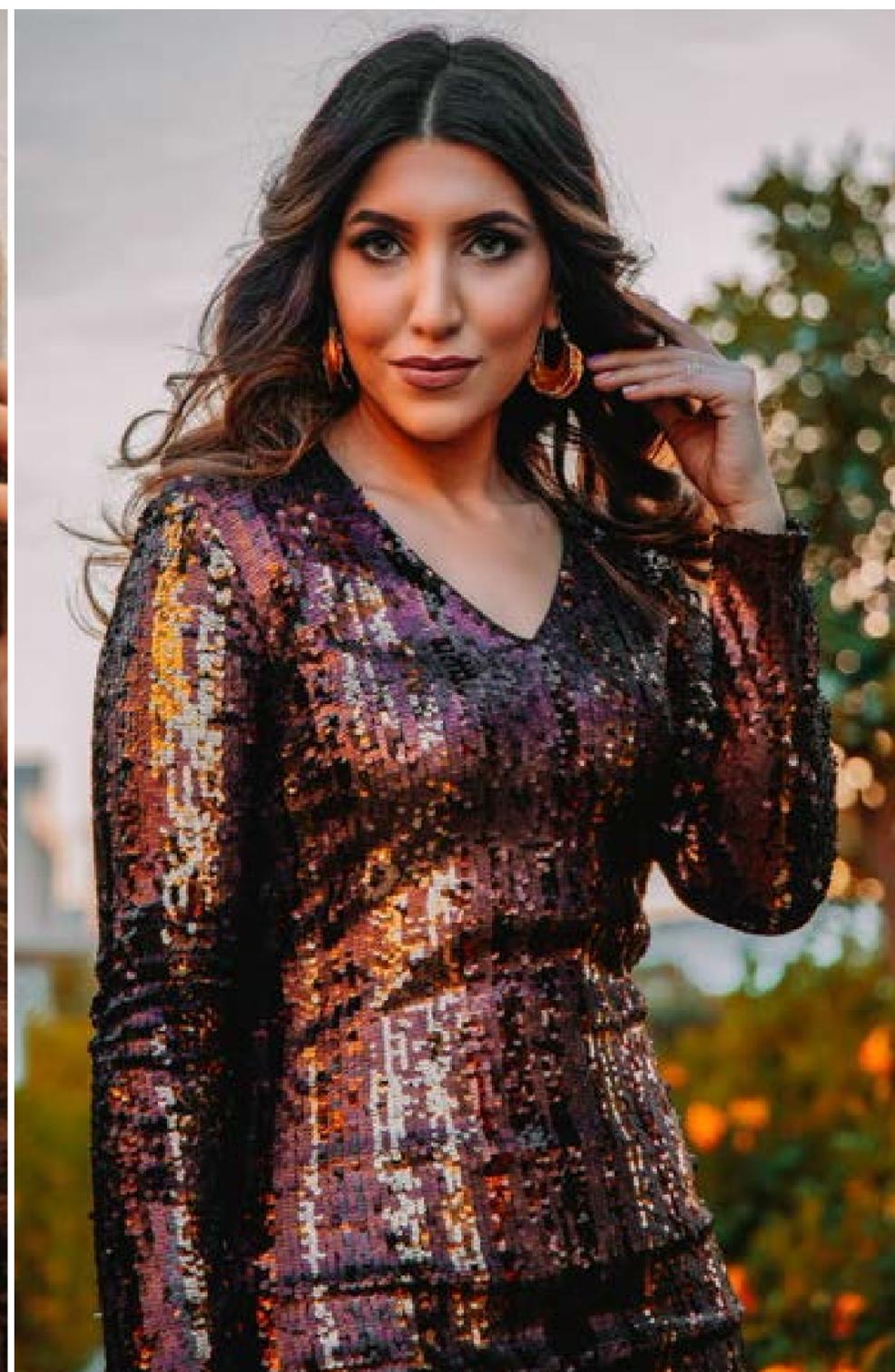
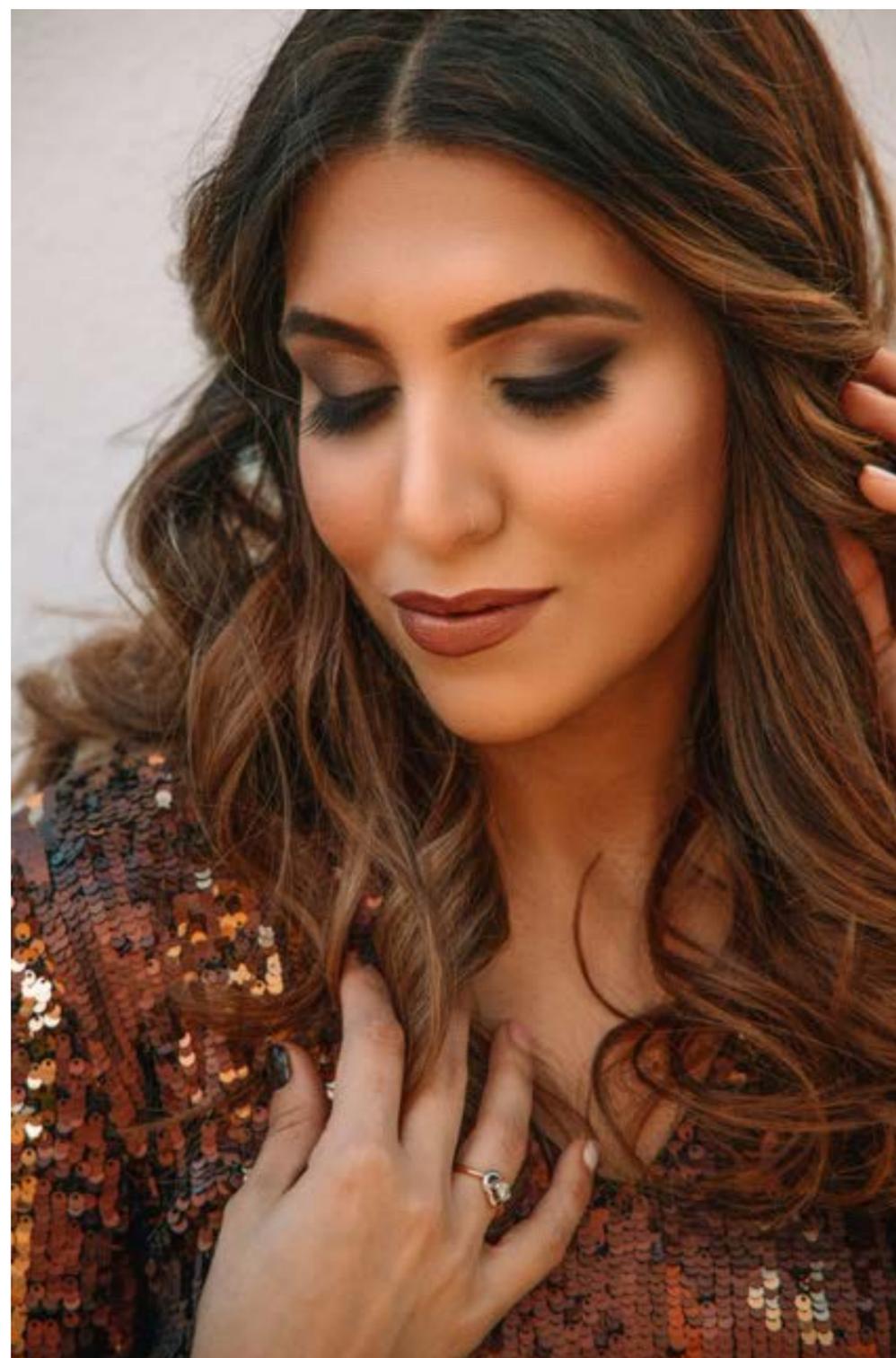
Aana: I started working at the age of 15 with my mother Aliya Tipu who is a legendary makeup maestro and well known celebrity in Pakistan. Initially, it was just a hobby being inspired by my mother and with time the hobby turned into passion for this form of art.

Grazia: Are you self-taught or did you train somewhere?

Aana: It all came very naturally to me and perhaps it runs in my blood. Seeing my mother I developed interest in this art very early on and once I picked up the brushes I realized I had the talent for it. And when my mother saw my talent she encouraged me and took me under her training.

Grazia: When did you set up your studio in Dubai? How has the experience been so far?

Aana: I've been in this profession for more than 16 years now and have been based in UAE for 11 years. I have my own studio by the name of Aana Khan's





Glam Studio in Mudon Arabella. The experience has been phenomenal and I couldn't be more grateful to be doing something I so dearly love and enjoy.

Grazia: Can you tell us an average day in the life of Aana Khan? When do you wake up? How does work occupy your day?

Aana: My day starts at 6am to get my kids ready for school. My clients start coming in by 7:30am. If I get a break from appointments I rush to the gym and Starbucks. You can call me a fitness and coffee freak. If I'm not busy with

my client commitments, I spend quality time with my kids after school focussing on their academics, extra curricular activities and play dates. Once I get free from work, I put my kids to bed by 7pm. At the end of the day when I am done with my work duties and mommy duties, I like to spend quality time with my husband, watching some movies or dramas or going out to a nice cafe.

Grazia: With such a busy life, how do you balance work and personal life? Has it ever been challenging?

Aana: It is a massive challenge that constantly plays on your mind. One has to manage time efficiently and make the most of it when you get the opportunity. My work does at times keep me away from home and family but they understand and always support me. Moreover, I also make sure that I never miss any of the special occasions, events, school performances or when a family member falls sick.

Grazia: What are your goals for the next 10 years? Do you want to expand your studio in different locations?





Aana: I want to continue learning the art of makeup and while further strengthening my forte which is bridal makeup, I also want to diversify my skill set. I would like to think global and not remain restricted to a particular region and hope to work with international celebrities for events and productions.

Grazia: What is your favourite kind of makeup?

Aana: Bridal makeup is definitely my forte and what I excel at. I've grown up learning from and assisting my mother who is a bridal specialist who works on

dozens of brides every day. I believe that once you've mastered bridal makeup, it makes learning the other forms of makeup easy.

Grazia: What are the 3 makeup products that you can not live without?

Aana: Those would be 1. Lip tint, 2. Foundation, and 3. Mascara

Grazia: How would you guide a client to prep their skin before coming to you? Any tips for skincare before applying makeup?

Aana: I would first encourage my clients to wash their face with lukewarm

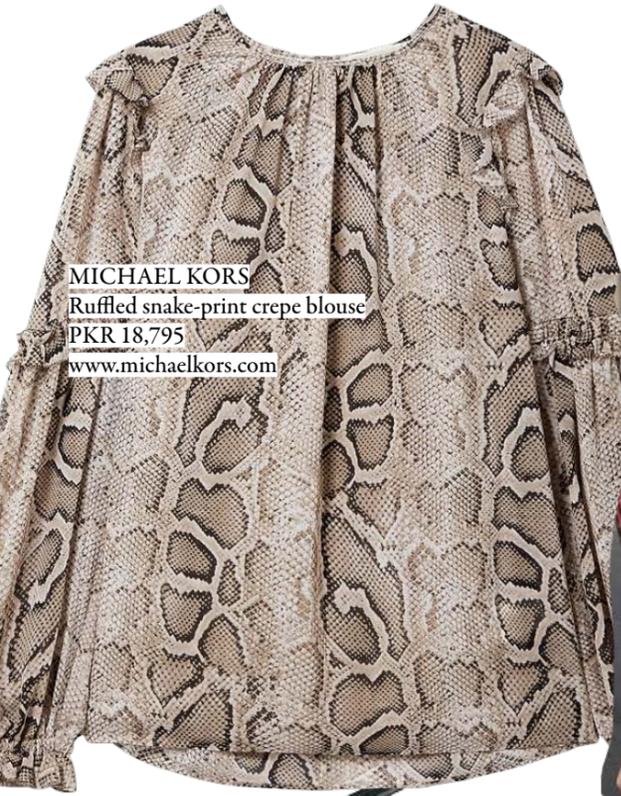
water and then use a soft and mild cleanser. Afterwards they must use a gentle daily exfoliator scrub to get rid of the dead cells. And then finally, they should apply a toner for oily skin or serum for dry skin.

Grazia: What is that one beauty trend that you love and a trend that you are not fond of?

Aana: I'm absolutely loving trying out metallics these days and it's going to be a huge trend in the entire 2022 fashion scene. On the other hand, I'm not that fond of neon striking looks. ■

QUEEN OF THE JUNGLE

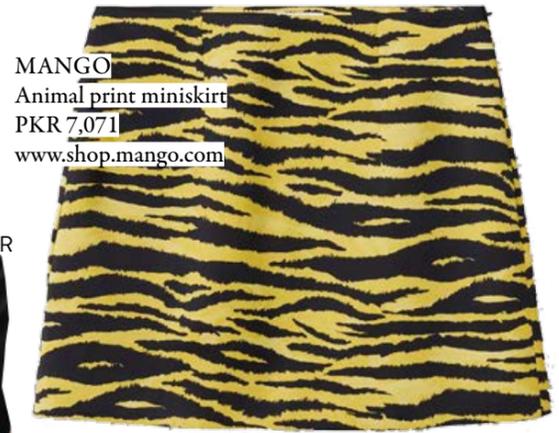
Unleash all your animal instincts with these uber trendy pieces for your wardrobe



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KAIA GERBER



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H&M
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www2.hm.com

Rings: Kira & Misha, Portrait Report
Necklace: COS

Belle de soir

'LOOK INSIDE' BY YUXIAN HE

Photographer: Yuxian He @brianhyx

Designer: Bella Chen @chen_bella

Model: Reem Amara @reemamaraa from @therockagency

Stylist: Nayoung Yoo @na0_yoo

Makeup and Hair: Bella Chen @chen_bella

Videographer and Photo Assistant: Nemo Chen @nemo.cxx



Earring: Numbering
Necklace: Vivienne Westwood





Rings: Kira & Misha
Sunglasses: Gentle Monster
Necklace: MSCHF

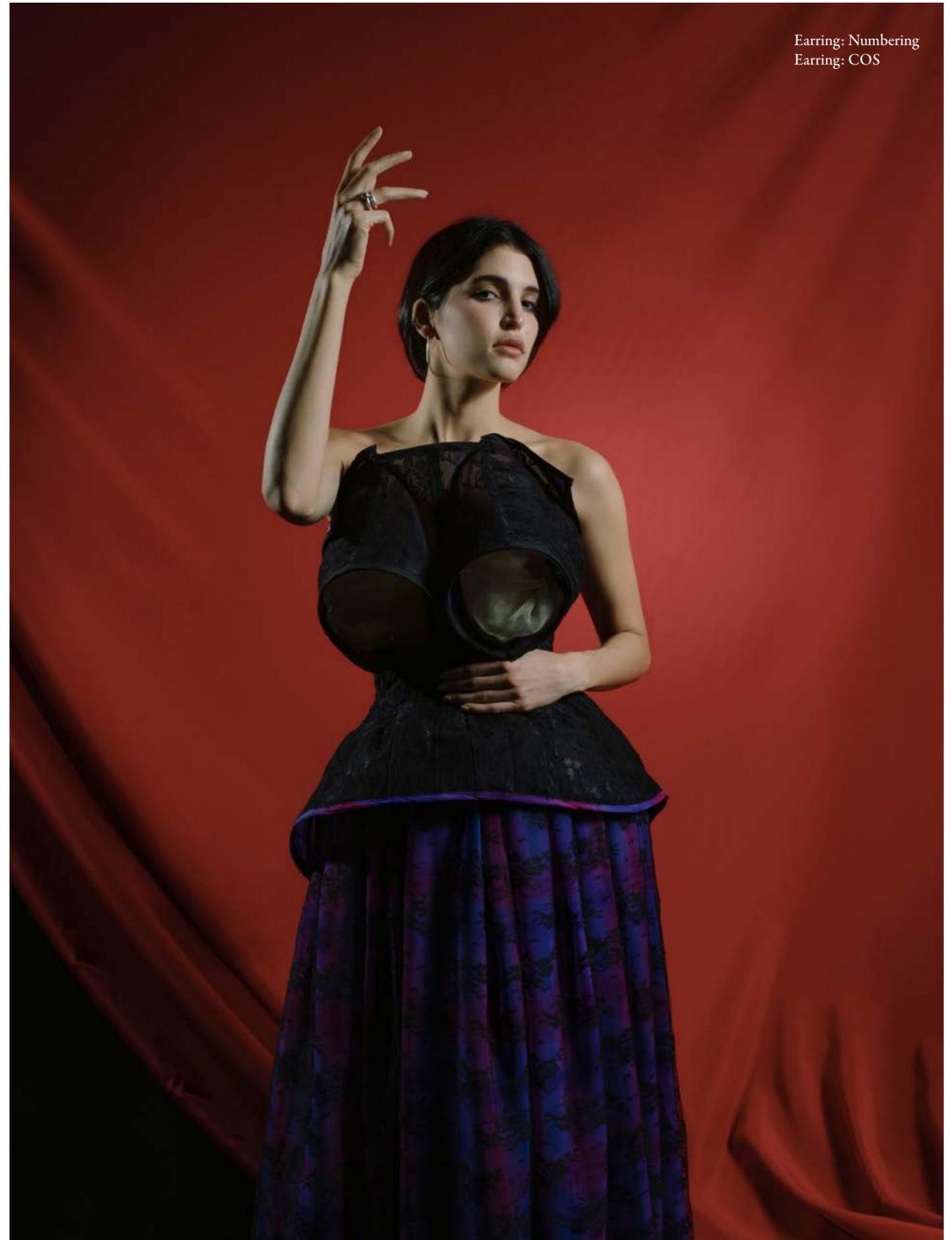


Rings: Kira & Misha





Earring: Numbering
Earring: COS



Time Capsule From The 1800s: 4 Historical Trends That Influenced Fashion As We See It Today!

Fashion has always been an ingrained part of a person's life; no matter the period. A lot of the current trends that we see today, or even wear, are rooted in history.

WRITTEN BY PAKHI RAJESH KUMAR DIXIT

In all honesty, fashion is not just about dressing up in beautiful clothes to look good - fashion is history and it often rhymes. A lot of dresses that celebrities wear, draw inspiration from the 1800s. Even if we do not see the exact same dress, there are similarities which can't be missed by anyone. There were harmful clothing pieces that made part of a woman's attire in that era. Even though their shape and forms have changed - these at times, include, but are not limited to, corsets, crinolines for example - all of which could be quite dangerous for anyone wearing it back then but we see these being worn today.

Even though the fashion world has changed a lot since as there are now far more clothing options that one can choose from, here are 4 styles that have stood the test of time:

CORSETS

Corsets have been one of the most controversial pieces of clothing in human history. They were not only a fashionable accessory, but one that made a statement about the wearer's belonging to respectable high society. This fashion trend or accessory did lead to many women who dare not wear them being labeled loose and scandalous. Corsets were laced so tight to create an "hourglass figure" that they caused severe health issues including constipation, indigestion, internal bleeding and fainting from the pressure placed upon the lungs and even deaths by asphyxiation. The worst-case scenario was, of course, death as more intricate versions of these arguably fashionable (arguably because a lot had to do with societal notoriety - how men decided women should look) garments gradually involved adding lots more

whalebones for support when being worn over a long period of time. They made a mainstream comeback with Billie Eilish's June 2021 British Vogue Cover where she wore a custom Burberry corseted bodice and her regency-inspired corseted gown by Gucci for Met Gala 2022.

HOBBLE DRESS

The hobble dress (its rejigged version is what we call a pencil skirt nowadays) was also known as the "speed limit skirt" because of its narrow hem. It had an unusual construction where its overlapping layers of fabric were attached in a manner that gave the silk weight and flow, making it appear light and airy. However, women who wore it were unable to walk with ease, which particularly made running very challenging. Women started suffering from rashes, chapped thighs and muscle

aches etc. This unfriendly fashion created rifts between women who wore it daily and those who did not wear it. This dress was not a popular fashion trend back then but is somehow desired today. Kim Kardashian's corset, wet dress, and hobble dress combination of Thierry Mugler's latex ensemble for Met Gala 2019 (because of which she couldn't even sit) is one of its latest examples.

CRINOLINE

Crinolines were worn beneath dresses to dramatically increase women's lower silhouette, for them to appear more curvaceous and shapelier. Typically made from highly combustible fabrics such as horsehair and cotton, a crinoline was an extremely flammable material. In 1858, an estimated 60 crinoline fire related deaths came to light, firsts of which were spotted in Boston. These numbers

were released by a New York Times reporter to dissuade women from wearing them as under skirts. Even author Oscar Wilde's two half-sisters died when their crinolines caught fire and they were tragically burned down to ash. Despite these troubling statistics, prominent figures like actress Sarah Bernhardt continued to wear larger crinolines because it made her more recognizable by her fans when she walked down the streets. Regardless, for a very long time, women continued to wear these egregious pieces of clothing for the sake of their fashionable silhouette, which was becoming more and more coveted by the upper-class women, up until 1878.

MUSLIN OR WET DRESS

Another dress that caused some uproar in the 19th-century was the muslin fabric dress or wet dress. The material

was so thin and had subtle yet unpredictable, rippling patterns that moved when worn and appeared almost transparent as it wisped around the body. Additionally, women poured water over it to make themselves look more appealing. We can see this fashion being a precursor to the wet look of today! Although one could think that it was a great hit, since the fabric was thin, cool weather (with additional water) led to hypothermia and heat waves led to dehydration and sometimes even death due to exposure and extreme humidity. They were also pretty provocative because this fashion showed everything underneath (sort of), when by the mid-19th century with crinoline underpinnings popular, many dresses displayed only an inch of ankle at best. Zendaya's Balmain wet leather couture gown for the DUNE premiere in 2021 proves the epitome of its popularity nowadays.



Jacket: Emraan Rajput
Shirt and Pants: Model's own
Accessories: Gemme Gems
Shoes: Tsm & co

Model: Aadil Hussain
Photographer: Jawed Iqbal
Styling: Saad Sarosh
Hair and Makeup: Muhammad Adeel (Addy)

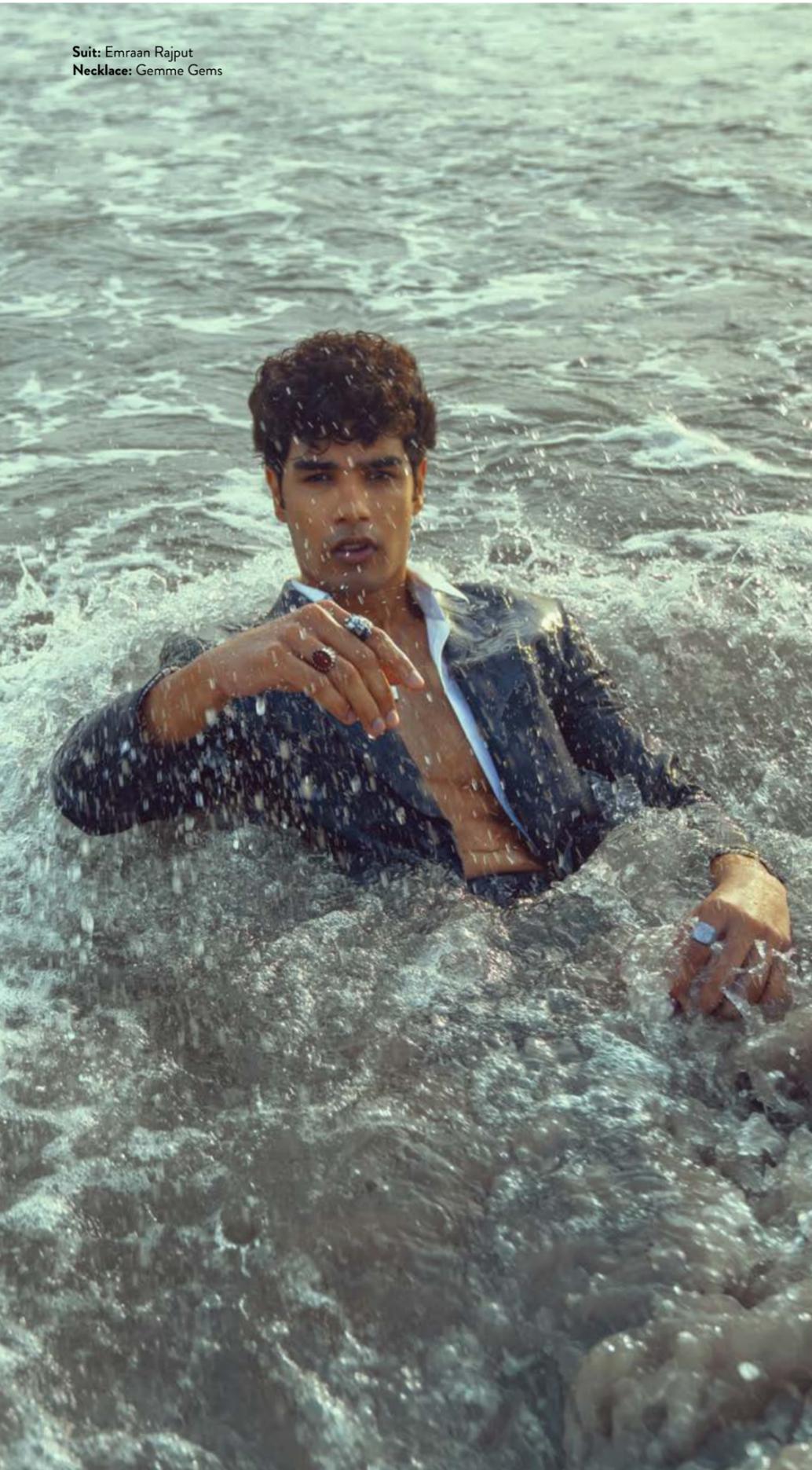


THE BOY, THE BLING AND THE SEA

A morning by the ocean, day in school or a night of glam – we've got you all covered



Suit: Emraan Rajput
Necklace: Gemme Gems





Outfit: Emraan Rajput
Necklace: Gemme Gems
Rings and watch: Model's own





T-shirt: Groovy
Jeans: Model's own
Shoes: Model's own
Bracelets: Gemme Gems



Vita Dolce

Models: Sarah Son and Daniele Caretoni
Photographer: Paolo Guadagnin
Stylist: Erika Guerrisi
Make up artist: Valeria Orlando using VOR Make-up
Hair stylist: Matteo Bartolini using Balmain Hair Couture, Hair Rituel by Sisley, Babyliss Pro
Photographer's assistant: Andrea Gobbo Someiario
Set & production assistant: Giovanna Zanuttini
Stylis t's assistant: Antonietta Ragusa and Oscar studioobdesign
Production: Espresso Productions

SARAH:
Total look GEN'ITY
Shoes LORIBLU

DANIELE:
Total look CORNELIANI
Shoes FENDI



SARAH:
Dress SPORTMAX
Earrings BRONZALLURE

DANIELE:
Total look BRIONI



Total look JUDY ZHANG
Bag ROSANTICA



SARAH:
Dress ODÌ ODÌ
Earrings RADA

DANIELE:
Total look JUST CAVALLI
Socks ANT45



Dress ODÌ ODÌ
Shoes GIANVITO ROSSI
Earrings RADA



Dress FENDI
Blazer FRANCESCA COTTONE
Shoes GIANVITO
Earrings RADA



SARAH:
Dress FLAVIA MARDI
Necklace RADA
Gloves ENRICO COVERI

DANIELE:
Suit MANUEL RITZ
Shirt CALIBAN
Shoes FENDI



Dress JUST CAVALLI
Necklace ALESSIO



Suit PESERICO
Shirt CALIBAN



Suit CARIO PIGNATELLI
Shirt CALIBAN





Suit PAOLONI
Shirt CALIBAN

Dress CHIARA BONI
Necklace ROSANTICA
Shoes GIANVITO ROSSI
Bag KNEED





Dress FLAVIA MARDI
Necklace RADA
Gloves ENRICO COVERI



Dress SAINTMARC
Necklace RADA



Blazer GABRIELE PASINI
Sweater ERMENEGILDO ZEGNA



Dress ANTON GIULIO GRANDE
Bracelets ALESSIO BENETTI
Earrings RADA

1

FEEL THE CHANGE

FaceGym's 'Skin Changer' combines the exfoliation power of an acid toner and the hydrating, repairing benefits of an essence, that leaves you with a clearer, hydrated and brighter-looking complexion. Its formula contains ingredients that produce something like a 'Pac-Man' effect when it comes to clearing away congestion.

PKR 9,902

www.facegym.com



2

COLOUR ME 'LE MONSTER'

Haus Labs by Lady Gaga's The Le Monster Lip Crayon Lipstick delivers the perfect and definitive balance of comfort and long-lasting colour in either lightweight demi-matte or shimmer shades which condition lips and last all day.

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www.sephora.com



3

LIGHT UP YOUR DREAMS

The 'Pillow Talk Multi-Glow' highlighter by Charlotte Tilbury reflects any and every light — from spotlights to flickering candles. It's made from finely ground pearlescent powder that glides on evenly and creates a subtle shimmer, brightening your facial features. 'Dream Light' features warm pink shades

PKR 9,094

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BEAUTY CHARTS

Our top 5 beauty picks all for you

5

STRAIGHT UP

Inspired by the vibrant and quirky colours of Balmain's runway collections, this turquoise cordless straightener is similar to those used by show professionals. Designed with three heat settings, it's equipped with titanium plates that make styling a breeze. The colourful device also comes with a protective travel case.

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4

MEDITERRANEAN MUSK

TOM FORD BEAUTY'S 'Costa Azzurra' captures the intoxicating sensuality of the Mediterranean in the summertime. Opening with the salt of sea air, fresh citrusy notes that mature into woody scents. The perfume comes housed in the brand's signature Art Deco-inspired metallic bottle.

PKR 43,414

www.tomfordbeauty.com



GET THE COVER LOOK ON NOREEN KHAN
CREATED BY CELEBRITY MAKEUP ARTIST, KANIZ ALI



CELEBRITY MAKEUP ARTIST - KANIZ ALI



7.

1. Wanderlash Mascara by BellaWorld creates an beautiful lengthened, bolder and thicker look for the no false lashes, eyelash look. I knew Noreen has never felt comfortable in wearing false eyelashes so this product was a brilliant replacement to get the fuller look. Its great for daily wear and on a night out for ladies who just love sticking to mascara on there eyes still getting the voluminous look. Wanderlash by BellaWorld is also vegan and gluten free which is an added bonus. www.bellaworld.com

2. Tom Ford Illuminate Liquid Foundation is one of my favourite foundations to wear on all occasions. It is buildable foundation from medium to full coverage depending on what look you after and what you feel comfortable with. Usually a small amount does the trick. It's excellent for those wishing to achieve a flawless radiant base. I knew this was the perfect product for Noreen which she adored. www.tomford.co.uk

3. Clinique's Contour Stick is one of my all time favourites for contouring. This gorgeous stick is cream based, glides on so easily and a small amount makes a great impact on the face whether its used for chiselling the jawline, sharpening the nose or defining the cheeks. It's so easy to blend and a complete must have for all women who love to contour. www.clinique.co.uk

4. Tom Ford's Black Eye Defining Pen gives excellent definition and glides on very easily. It's precision is so on point and is incredible to create flicks. This product is every girl's best friend. www.tomford.co.uk

5. Kilian Lipsticks are definitely a must for a girl's make up kit. There gorgeous formulation has the perfect balance of cream and gloss which glides on smoothly. www.kilian.co.uk

6. Sunna Musk's most popular and current signature fragrance, the alluring Golden Dusk caught my attention immediately. The packaging is just beautiful, and the smell is just divine! It's alluring and definitely one that grabs everyone's attention. www.sunnamusk.com

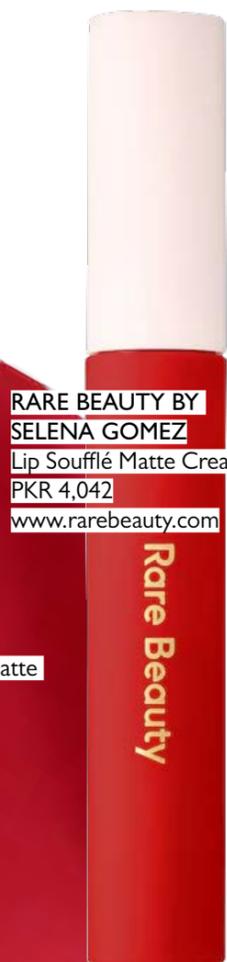
7. La Mer's Moisturiser is one the brand's best sellers and one of my personal favourites to use on all my clients. It's fabulous for dehydrated and dry skin and leaves the skin feeling hydrated and rejuvenated. www.cremedelamer.co.uk

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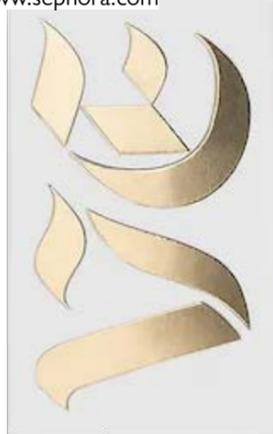
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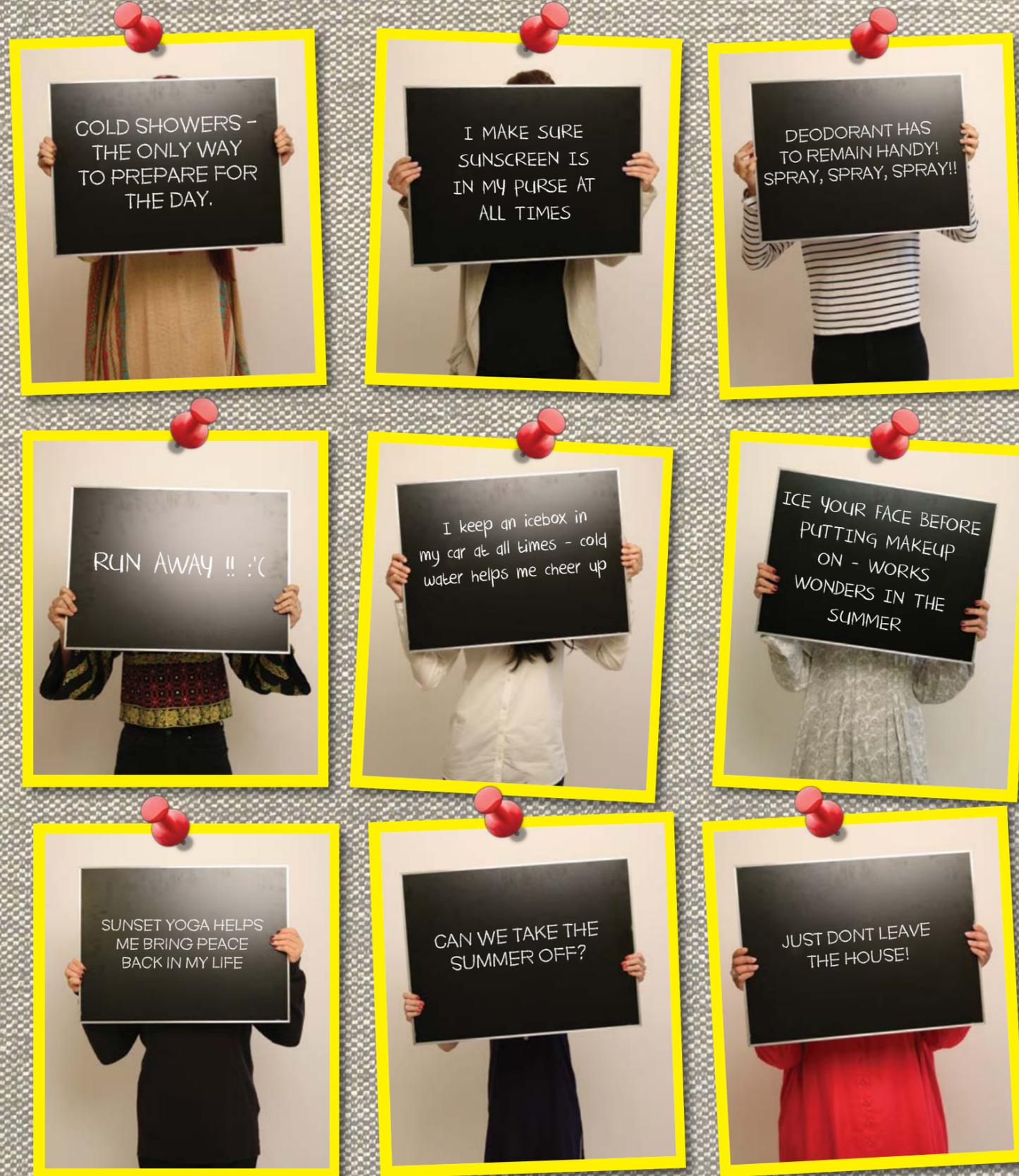
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