

SP SAIF PUBLISHING

GRAZIA

PAKISTAN

VOLUME 1, ISSUE 74
MARCH-APRIL 2022

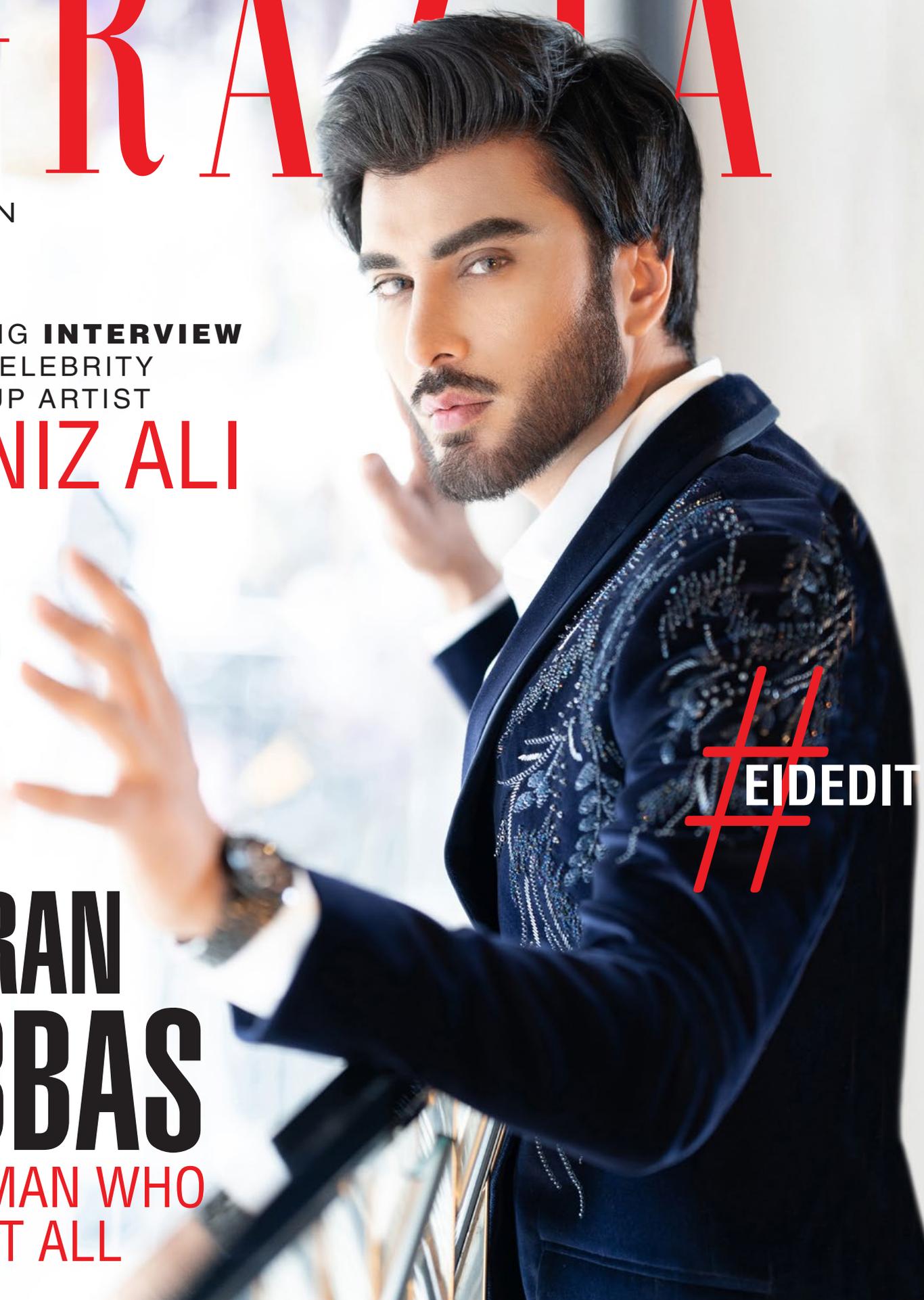
SIZZLING **INTERVIEW**
WITH CELEBRITY
MAKE UP ARTIST

KANIZ ALI

#EIDEDIT

**IMRAN
ABBAS**

THE MAN WHO
HAS IT ALL



GRAZIA

Editor's Note



We have a team of fashion visionaries who work passionately and tirelessly to bring you the best of all trends. We aim to strive higher and work harder to bring you the best of fashion, beauty, and lifestyle from around the globe, issue after issue.

Grazia aims to be your one-stop for everything fashion, beauty, and lifestyle-related. We hope

you enjoy reading this issue as much as we enjoyed putting it together for you.

@zahraasaifullah
www.grazia.pk

Zahraa

ZAHRAA SAIFULLAH



Page 20



Page 26



Page 30



Page 38



FEEL FIRED UP ABOUT SOMETHING YOU'VE READ IN GRAZIA? LET US KNOW...

FROM THE DEPUTY EDITOR'S DESK



We have Imran Abbas as our cover star this issue! We bring you an interesting interview with Pakistan's heartthrob who shares with us his journey of becoming an actor - by accident and his passions. We also have the youngest most established doctor of Harley street - Dr Zara Mahmood share with us her experience of working at the hospital during the most taxing of times - COVID 19 outbreak. Our favourite celebrity makeup artist, Kaniz Ali, sits down for a one on one interview with us in this issue as well!

Along with our exclusive features, we bring you some stunning fashion editorials done across the globe to inspire your closet.

Happy reading!

Nashmia Amir

NASHMIA AMIR BUTT



FOLLOW US

graziapakistan
graziapak

YOUNG SINCE 1938

8 becomes infinity for a world without limits!
Forever young, as Grazia.

GRAZIA

GRAZIA IS A TRADEMARK REGISTERED AND OWNED BY MONDADORI MEDIA S.P.A.

Publisher & Editor-in-Chief ZAHRAA ASSAD SAIFULLAH

Deputy Editor NASHMIA AMIR BUTT
Fashion and Beauty Editor SAAD SAROSH
Web Contributor PAKHI RAJESH KUMAR DIXIT
Digital Marketing Coordinator SANEELA SWALEH
Marketing Assistant AQSA FAROOQ
Assistant Art Director MIRZA YASIR BAIG
Photographer SM UMAIR
 TAHIR CHAUDHRY

Management NAEEM AHMED
 MUKHTAR ALI KHOKHAR
 NAWAID NOOR
 UMAR KHALID
 MOEZ MUZAFFAR ALI

MONDADORI MEDIA S.P.A.
 CHIEF EXECUTIVE OFFICER CARLO MANDELLI; MANAGING DIRECTOR INTERNATIONAL BUSINESS DANIELA SOLA; INTERNATIONAL MARKETING MANAGER FASHION&DESIGN FRANCESCA BRAMBILLA; INTERNATIONAL ADVERTISING MANAGER DANIELLA ANGHEBEN; PHOTOS & RIGHTS MANAGER MELANIA LANDINI;

GRAZIA INTERNATIONAL NETWORK
 VICE PRESIDENT & ARTISTIC DIRECTOR CARLA VANNI
 ART DIRECTOR GIACOMO PASQUALINI

FOR FURTHER DETAILS, PLEASE WRITE TO
 GRAZIAINTERNATIONAL@MONDADORI.COM

© [2017] MONDADORI MEDIA S.P.A. ALL RIGHTS RESERVED. PUBLISHED BY SAIF PUBLISHING (PVT) LTD WITH THE PERMISSION OF ARNOLDO MONDADORI EDITORE S.P.A. AND MONDADORI MEDIA S.P.A. REPRODUCTION IN ANY MANNER IN ANY LANGUAGE IN WHOLE OR IN PART WITHOUT PRIOR WRITTEN PERMISSION IS PROHIBITED



Saif Publishing is a leading Pakistani publishing house, specializing in creating and circulating few of the major international lifestyle and fashion magazines. Saif Publishing launched HELLO! Pakistan in March 2012, setting the bar on local reporting on celebrity, lifestyle and fashion. HELLO! Pakistan is an aspirational lifestyle magazine, which has featured prominent personalities and celebrities over the period of five years since its inception. The newest addition to Saif Publishing's portfolio is with Grazia Pakistan, which is the first international fashion magazine in Pakistan and will break traditional publication norms for fashion and news in Pakistan, and venture into lucrative partnerships with international platforms. With HELLO! Pakistan catering to the high-end aspirational lifestyle target market, Grazia Pakistan is set to take over the inspirational fashion and news market, creating a style platform for the young, confident Pakistani women.

Printed by Maqpoon Printing Press, Islamabad - Pakistan



NEWS

06 Fashion Charts
08 10 Hot Stories
 Read all about what is happening around the globe, all the celebrities' updates, and much more

FEATURES

20 Cover Story - The Accidental Actor - Imran Abbas
26 Interview - Dr Zara Mahmood
30 Interview - Kaniz Ali

FASHION

34 'Chic' The Heat
36 Summertime Surprise
38 Elegance With A Dash Of Daring
44 5 Contemporary Ways To Style Your Pleated Skirts

BEAUTY

46 Beauty Charts
48 Gloss and Glossier
38 Summer Skincare Essentials
50 5 Easy Ways To Remove Tan
51 5 Must-Have Hair Accessories All Year Round

FASHION CHARTS

Our top ten picks for the season all just for you



2

BALMAIN
The perfect pair of pumps to go with everything from your denims to dresses
PKR 164,277
www.balmain.com



5

BERSHKA
Wrap this shiny bejewelled waist chain around and accentuate your look
PKR 2,386
www.bershka.com



4

ULLA JOHNSON
Brunch, beach or a brunch by the beach — it doesn't matter where you are headed wearing this chic and easy to style poplin dress
PKR 72,502
www.ullajohnson.com



8

H&M
Make a bold statement even with the most basic outfit with these big disc-shaped earrings
PKR 1,833
www.hm.com



7

MANGO
Colour blocking is back this summer and we are loving this bold orange crop blouse
PKR 10,994
www.mango.com

MAX MARA
Summers call for the colour white and loose silhouettes just like this easy, breezy and lovely 'Aurelia' dress by Max Mara
PKR 72,502
www.maxmara.com

9



6

MARNI
Live up those tropical vibes all the way with this bright yellow babe
PKR 119,307
www.marni.com



10

ZARA
We seriously can't think of a reason you'd wanna skip these super cute pink slides
PKR 9,159
www.zara.com

1

MANGO
A little throwback to the good'ol 60s with these tweed culottes
PKR 21,824
www.mango.com



3

ZARA
Lock down this V-neck printed top by Zara for days you wanna style up something with your denims
PKR 9,159
www.zara.com



10 HOT STORIES

EVERYONE'S BEEN TALKING ABOUT...

01

Red Carpet Glory Returns at the 94th Academy Awards

Although the 2022 Oscars will be remembered for the Smith-Rock incident more than anything else, but the most prestigious night in Hollywood also featured some of the best red carpet looks we have seen in recent times. From shirtless and short suits to classic couture and tuxedos, the biggest names in tinsel town turned up looking their finest as the Oscars finally returned in all its glory after two years of Covid-induced restrictions.

The biggest names in Hollywood sizzled on the red carpet with their impeccable fashion and style as the world waited to find out who does 'the Oscar go to'



Cynthia Erivo in Louis Vuitton



H.E.R. in Carolina Herrera



Riz Ahmed in Zegna



Zoë Kravitz in Saint Laurent



Jennifer Garner in Brandon Maxwell



Timothée Chalamet in Louis Vuitton



Zendaya in Valentino Haute Couture



Vanessa Hudgens in Michael Kors



Kodi Smit-McPhee in Bottega Veneta



Jessica Chastain in Gucci



"Suno Chanda" writer has promised a third season!

Saima Akram Chaudhry, writer of the famous sitcom, has promised to pen the third season of the show.

TAKING TO Instagram, Chaudhry wrote, "I am so overwhelmed by the response of my fans. This is the love I have been carrying since *Suno Chanda* season one." She continued, speaking about the highly anticipated third season of the Farhan Saeed and Iqra Aziz starrer, "If my fans showered the same love for *Hum Tum* and *Chaudhry and Sons*, this is my promise that I am going to write *Suno Chanda* season 3 - for the love of *Suno Chanda*."

In 2021, cast member Nabeel Zuberi shared that a third season of the hit sitcom was not happening. Responding to a query, Zuberi confirmed a third instalment is not

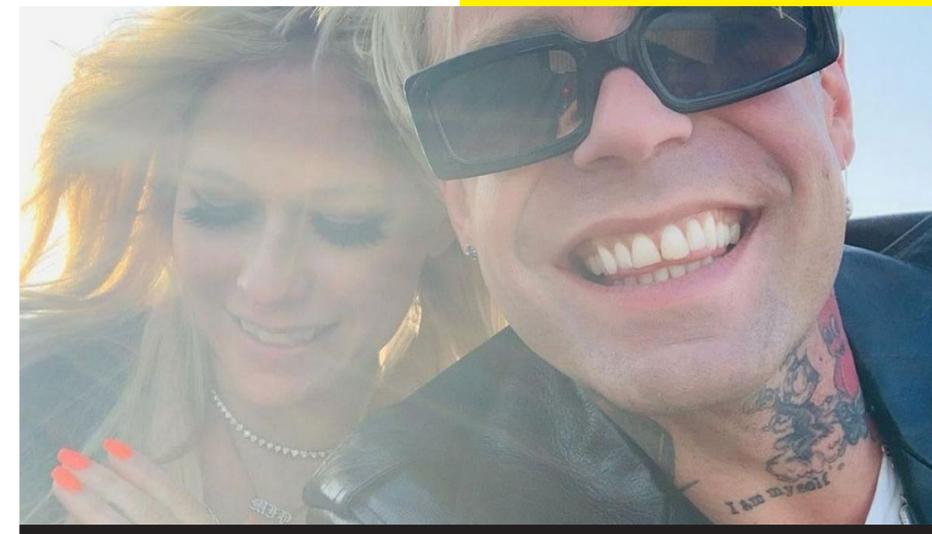
in the pipeline - "Sorry to update you guys, but there will be no *Suno Chanda* season 3."

Chaudhry's message has given new hope to *Suno Chanda* fans eager to see more of their favourite characters. The second season came to an end with Iqra Aziz's character Jiya, aching to go to the UK, and Farhan Saeed's character Aarsal informing her that he has bought a ticket and is accompanying her on the trip. ■



Saima Akram Chaudhry

02



She said yes! Avril Lavigne gets engaged to singer Mod Sun in Paris

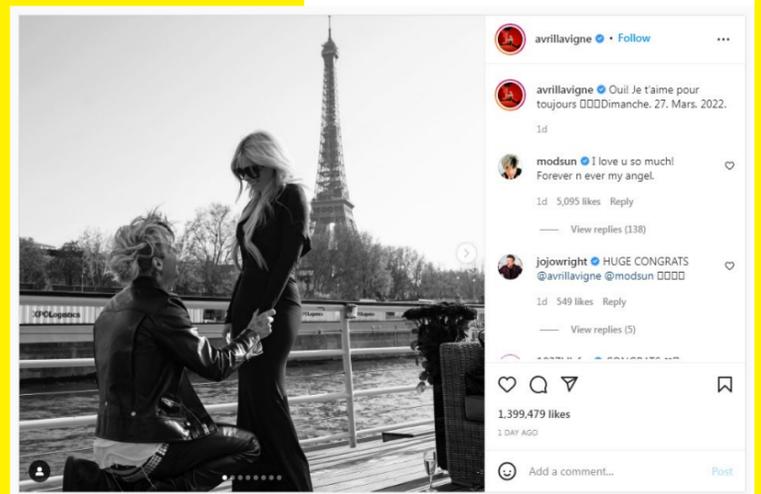
The duo got engaged on March 27 in Paris after just over a year of dating each other.

FANS OF THE couple flocked to congratulate the couple on their engagement news as they announced it on their Instagram handles.

Lovestruck, Lavigne posted a series of pictures from their beautiful engagement in Paris, showing off her heart-shaped ring. "Oui! Je t'aime pour toujours. Dimanche. 27. Mars. 2022," she captioned the post with a ring and a bride-face emoji, which translated from French into English means, "Yes! I love you forever. Sunday, March 27, 2022."

Husband to-be, Mod Sun, is all about expressing love for his fiancée. He also took Instagram with a series of engagement photos and dedicated a poem to Lavigne in the caption.

"The day we met I knew you were the one. / Together forever till our days are done. / I had a dream where I proposed in Paris. / I pulled out a ring + asked you to wear it. / I was on one knee as I looked in your eyes. / You're too beautiful for my words to describe. / I grabbed your hand + took one last breath... / I said 'will you marry me?' + she said 'yes.'"



03

In a conversation with the media after the proposal, Lavigne shared that, "it was the most perfect, romantic proposal I could ever ask for. We were in Paris on a boat in the Seine River. We had a violin player, champagne and roses. It felt like time stood still, and it was just the two of us in the moment."

Sharing details about the custom-designed, heart-shaped ring, Lavigne added that it has their names and the first words engraved on it. "It has the words 'Hi Icon' engraved in it, which were the first words he ever said to me. And it has Mod + Avril on the inside," she exclaimed. "He knew from the very beginning I wanted a heart-shaped diamond because on the day we met, we had matching heart-shaped paved rings on. We've worn them every day since, so it's only fitting to have a heart-shaped engagement ring. I love it so much."

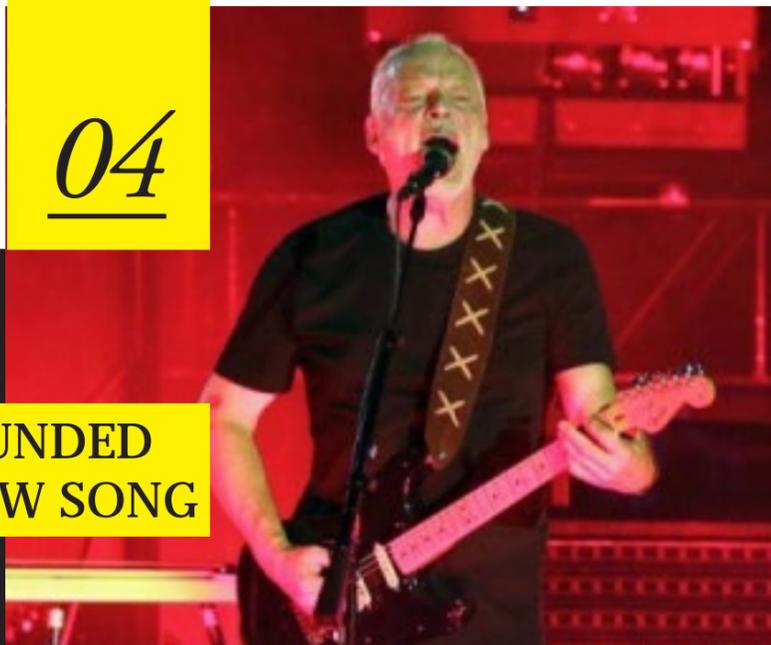
The couple started dating a year ago while collaborating on Lavigne's breakup album, *Love Sux*. This will be the third marriage for Lavigne, who split from Nickelback rocker Chad Kroeger in 2015 after two years of marriage. She was also married to Sum 41 frontman Deryck Whibley from 2006 to 2009. ■

04

PINK FLOYD

JOINS FORCES WITH WOUNDED UKRAINIAN SINGER IN NEW SONG

The single "Hey Hey, Rise Up" - Pink Floyd's first original new music in almost 30 years - was recorded recently and highlights singing by Andriy Khlyvnyuk from Ukrainian band Boombox, which was taken from a social media post.



PINK FLOYD guitarist David Gilmour said he learned that Khlyvnyuk - with whom he had previously performed - left a US tour with Boombox and returned to Ukraine to join the Territorial Defence Forces.

"Then I saw this incredible video on Instagram, where he stands in a square in Kyiv with this beautiful gold-domed church and sings in the silence of a city with no traffic or background noise because of the war," Gilmour said on Pink Floyd's website.

"It was a powerful moment that made me want to put it to music."

He said he spoke with Khlyvnyuk while he was in a hospital in Kyiv recovering from a mortar shrapnel injury.

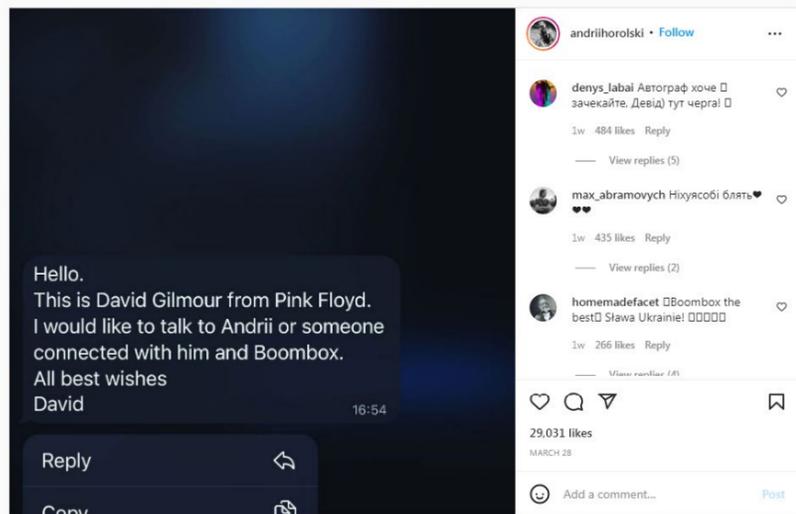
"I played him a little bit of the song down the phone line and he gave me his blessing. We both hope to do something together in person in the

future," he said.

Gilmour said he had a Ukrainian daughter-in-law and grandchildren and he was feeling "the fury and the frustration" of the invasion of Ukraine by Russia. Moscow has said it is engaged in a special operation to

degrade Ukraine's military capabilities and root out nationalists.

The track, which samples Khlyvnyuk singing a World War One protest song, also features Nick Mason, a founding member of Pink Floyd, as well as Gilmour and other musicians. ■



05

RIHANNA

MAKES DEBUT ON FORBES' ANNUAL BILLIONAIRES LIST

The mother-to-be landed herself a highly-coveted spot on Forbes' billionaires' list for the first time ever, ranking in at number 1,729, all credited to her USD \$1.7 billion net worth.



co-founder of consumer products, Shannon Coyne, reportedly told the media. "She was one of the first brands that came out and said, 'I want to speak to all of those different people.'"

Also, according to reports, this isn't the first time that Forbes has declared RiRi's billionaire status. In fact, back in August 2021, the publication announced that Rihanna's newfound billionaire worth saw her

become the richest female musician in the world, as well as being the world's most successful beauty entrepreneur. She is also the first person from Barbados to ever make Forbes' list.

Alongside Rihanna, musicians Kanye West and Jay Z also made the list. Topping the list this year is Tesla and SpaceX CEO Elon Musk, who is worth \$219 billion and is the world's richest person, according to Forbes. ■

HOWEVER, while one may assume her numerous Platinum record-breaking albums would land her the place, it was actually her makeup line, Fenty Beauty. Her entrepreneurial venture has now become the reason behind her most pivotal earnings since its launch in 2017.

Currently, boasting an estimated net worth of USD \$2.8 billion, its first year of success saw it fly past the annual incomes of other celebrity-run beauty brands, among the likes of Kylie Cosmetics and Kim Kardashian's KKW Beauty.

Rihanna owes her wealth to be inclusive in her ventures. "A lot of women felt there were no [makeup] lines out there that catered to their skin tone. It was light, medium, medium-dark, dark—we all know that's not reality," Bluestock Advisors





KPOP SINGER

DAUD KIM PERFORMED UMRAH, SAYS HE'S THE 'LUCKIEST GUY'

Famous South Korean pop band singer, Daud Kim, performed Umrah for the first time since he converted to Islam in 2019.

THE YOUTUBER had often shared his desire to visit the holy city of Makkah and Madina, and his wish finally came true. Considering himself as the "luckiest guy" on the planet, he took to his Instagram to share pictures and updates from his spiritual experience.

"Finally I came to Makkah. I am the luckiest person because Allah (SWT) chose me and He brought me here. Masha Allah," read the caption. Being grateful for the opportunity, he further added how he prayed for the entire Muslim community. "Thanks to Allah, thanks for giving me the chance to come to the holiest city in the world. I prayed for all the Muslim brothers and sisters. May Allah forgive our sins and accept our Duas."

He also wished everyone a happy Ramadan Mubarak.

In 2020, formerly known as Jay Kim, Daud made a surprise announcement on his social media that he decided to change his faith to Islam. It was after that he changed his name from Jay to Daud. ■



Saim Sadiq's "Joyland" becomes the first Pakistani feature to be selected for Cannes Film Festival

The Cannes Film Festival took to their official Twitter handle to announce that "Joyland", a feature film by Pakistani filmmaker Saim Sadiq is selected to be screened at the 75th anniversary of the prestigious annual film festival.

THE CATEGORY for feature films only takes in a limited number of 14 films and it is a moment of incredible pride that a Pakistani film made the cut—that too for the first time in history!

Actor Sana Jafri, who's starring in the feature film alongside actor Ali Junejo, took to Instagram with a

screenshot from Cannes official website that displayed their film's name in the category Uncertain Regard. Talking about making history, she wrote, "Yeah guys, this is real. It has happened, history has been created again. [This is] the first Pakistani feature film at Festival De Cannes!" ■

BELLA HADID

continues to take a stand for Palestine

The supermodel who has been a staunch activist when it comes to Israel's atrocities in her home country, has once again, taken to Instagram and urged people to condemn the ongoing unrest at the Al Aqsa Mosque during the month of Ramadan.

HADID HAS previously shared that Instagram had restricted her posts and shadow-banned her when she tried to highlight Israel's unprovoked violence against Palestinians on her account. Now, she has posted a new post, sharing several videos from the Al Aqsa Mosque raid.

"I urge you to watch every one of these videos," Hadid penned. "Whether it is a 12-year-old child being suffocated by a grown man, or a mother of 6, running with her hands up, shot by the military. An elderly man on crutches, unable to fight back, is being thrown to the ground. A child and his father are being terrorised for absolutely zero reasons."

She added, "Please someone tell me which one of these people provoked this kind of attack? If you are trying to come



up with an excuse, you are the problem. If you really would like to silence me, just like the journalists, or really anyone trying to educate about Palestine, Instagram, I will continue to come forward with peace, showing factual information about how the IDF, Israeli government, and settlers attack innocent Palestinians for no reason, except for simply being Palestinian."

Hadid then added, "This is all a breach of human rights, and if you continue to censor us, is the biggest form of bias and Unjust censorship. I am not here to make this up. Believe me, I do not want to have to post this kind of terror. These are not actors. These are real IDF soldiers (who are supposed to protect) and real Palestinian people, with lives, families, jobs, history and souls. If you want me to stop talking, they should stop killing."

Hadid commented that the "excuse I hear most is "the Palestinians. they were asking for it" I hear, "they had a knife. That was the reason the soldiers started to attack."

She further shared, "Absolutely not. As you can see here, these are peaceful people, most of the time with their children, praying, or just ... living. Sure, there can be extremists on both sides. (As anywhere in the world) But I will not continue to sit here and have my people's names be slandered as if they are constantly doing something wrong to deserve this kind of abuse. Absolutely unprovoked abuse. In their home, and on the land, that they have lived in for hundreds of years. Especially now,

during the holy month of Ramadan." Hadid concluded, "This is unprovoked."

In a separate post, the famous model, while sharing more videos of Israel's brutality in Jerusalem, penned, "How many army units does it take to arrest a child? How many times does a young strong military man, with guns, bulletproof vests and power, have to kick down their elder, to feel more powerful? How many babies and children have to be murdered by a government system before people start to care?"

Adding on, Hadid remarked, "I will not allow us to all be named "terrorists" (as I've been called since I was a child, for simply just being Palestinian) just for being alive or standing up for our people. As if they go hand in hand. For standing up for what is right. HUMAN rights. This occupation is not only killing the lives of many women, children, and men on a regular basis, but it is tainting the name of other people in the process. It is saddening and sickening."

Sharing how her father was kicked out of his home in 1948 when he was 9-days-old, Hadid added, "This is not about religion. This is not about me hating something or someone else. I never have and never will. To me, This is about every single human being and what they deserve in life. To the Israeli government, This is about geopolitics and power. Who benefits from war and violence? The answer is never the people. Injustice anywhere is a threat to justice everywhere." ■

MS MARVEL'S OFFICIAL POSTER FEATURES ART BY PAKISTANI ARTIST

We have been anxiously waiting for Ms Marvel - Marvel's upcoming series on its first-ever Pakistani Muslim superhero, Kamala Khan.

09

MARVEL has now released its official poster as we wait! And what's more? It features artwork by a Pakistani artist!

Shehzil Malik took to Instagram and shared that her artwork was chosen by Marvel to be included in the poster. "The Ms Marvel poster is here!" the artist penned on Instagram. "Marvel asked to use some of my artworks in the show to represent Kamala Khan's heritage as a Muslim/Pakistani-American superhero, and it's so exciting to see it come together!"



She went on to express her gratitude to Pakistani filmmaker, Sharmeen Obaid Chinoy, who has also directed two episodes of the Marvel web series. "Thank you to Sharmeen Obaid Chinoy for thinking of me and the Marvel team for including my art in the show."

Malik concluded her post by

clarifying that the poster is designed by Marvel. "Original artworks that they've collaged in the background are by me," she wrote.

Ms Marvel, which is a part of the Marvel Cinematic Universe's Phase 4, will premiere on Disney+ in the summer of 2022. The show is created by Bisha K Ali. ■





Arooj Aftab, the first Pakistani artist to win a Grammy: "I'm happy to be an inspiration"



Arooj Aftab has been gaining global attention for her music, which fuses ancient Sufi traditions with jazz, folk and minimalism - and even counts Barack Obama among her fans. She picked up the Grammy for best global performance and was also nominated in the best new artist category.

10

THE VERY FIRST Pakistani artist to win a Grammy award has said the recognition makes her truly feel part of the music industry and she hopes to inspire change. Arooj Aftab has said that she hopes the "patriarchy" and "nonsense" around Pakistani female artists will start to "dismantle and fade away" and that there is nothing holding other artists

back from success. She picked up the Grammy for best global performance and was also nominated in the best new artist category - up against teen star Olivia Rodrigo and British singer Arlo Parks. "Vulture Prince", Aftab's third studio album, was released in 2021. It was when former US President Barack Obama included the track "Mohabbat"

on his 2021 summer favourites list that it gained even more attention. The track, which means love or affection, was recorded entirely in Urdu and is nearly eight minutes long, describing the pain of separation from a loved one. Speaking about her win and making history at the 64th Grammys ceremony, she said: "The industry itself has been doing a lot more to be fair and also to actually listen to [non-mainstream] music." "Award ceremonies and their criterias are all strange, but this is where it's at. The Grammys is the highest echelon of the industry and it does make me feel like, wow, somehow, one way or another, I'm a part of it now."

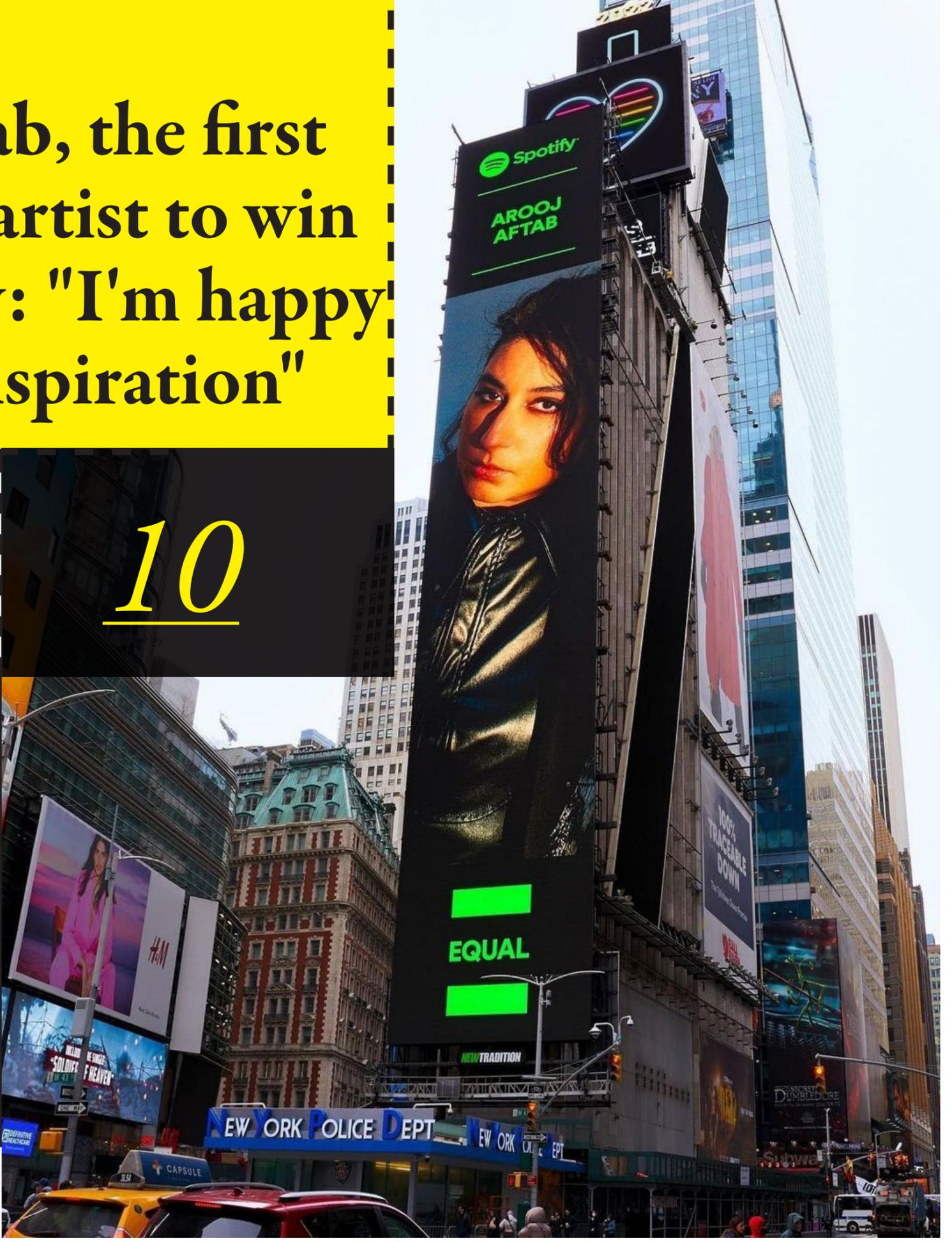


Arooj Aftab
5.1M+ Streams
Vulture Prince
74K+ Followers
Lahore, Pakistan
Hometown
BEST NEW ARTIST NOMINEE



aroojftabmusic • Follow
jesicabettismusic • DDD
2 likes Reply
ververecords • DDD
2 likes Reply
aliwaqas701 Many Congratulations #Proud
Reply
awaishafeez658 Well you made The Entire country as well as Lahore wow what an year for my city winning PSL SEASON 7 and our city girl has won a GRAMMY congratulations and lots of love

5,036 likes
MARCH 31
Add a comment... Post



THE ACCIDENTAL ACTOR

Imran Abbas shares some insight with our readers on life, his goals and what his true passion is.

CEO: **Zarah Saifullah**
 Deputy Editor: **Nashmia Butt**
 Front Cover Creative Director: **Kaniz Ali**
 Photography: **Sanae Rasul**
 Assisting: **Iman Chana & Kashief Ali**
 Wardrobe / Menswear: **Bibi London**
 Creative Styling: **Kaniz Ali**
 Location: **Kanishka Mayfair**

Grazia: What made you pursue a career in acting?

Imran: It was never my intention to become an actor. I am very much “the accidental actor”. I always wanted to be an architect, and that is the career path I chose to pursue, studying Architecture at the National College of Arts, in Lahore.

When I was nearing graduation, I started to receive lucrative offers from good production houses in Lahore and Karachi. Initially, I started off as a model. For a young and impressionable graduate, and somebody that is just starting their career, when you start to receive offers which are glitter dusted and the remuneration is good, it’s always very tempting and you give it a shot. All of this just spiralled from there and I have since never looked back, and quite honestly speaking I never found the time to look back to even contemplate turning to architecture. Acting was

never a plan but here I am.

Grazia: If you were not an actor what would you have pursued a career in architecture or were there any other plans?

Imran: I would certainly have been an Architect, and architecture still remains my first love. It’s one of the most amazing professions in my opinion, since it’s a wonderful blend of art and civil engineering, and thus allows me to express the artist residing in me. My father was a Civil Engineer, so I have always had an interest in engineering. Whenever I get the opportunity, even now, I try and design things for my friends or anybody who seeks my help; I enjoy being able to nurture this talent and passion of mine. So yes, if I weren’t an Actor, I most certainly would have been an Architect.

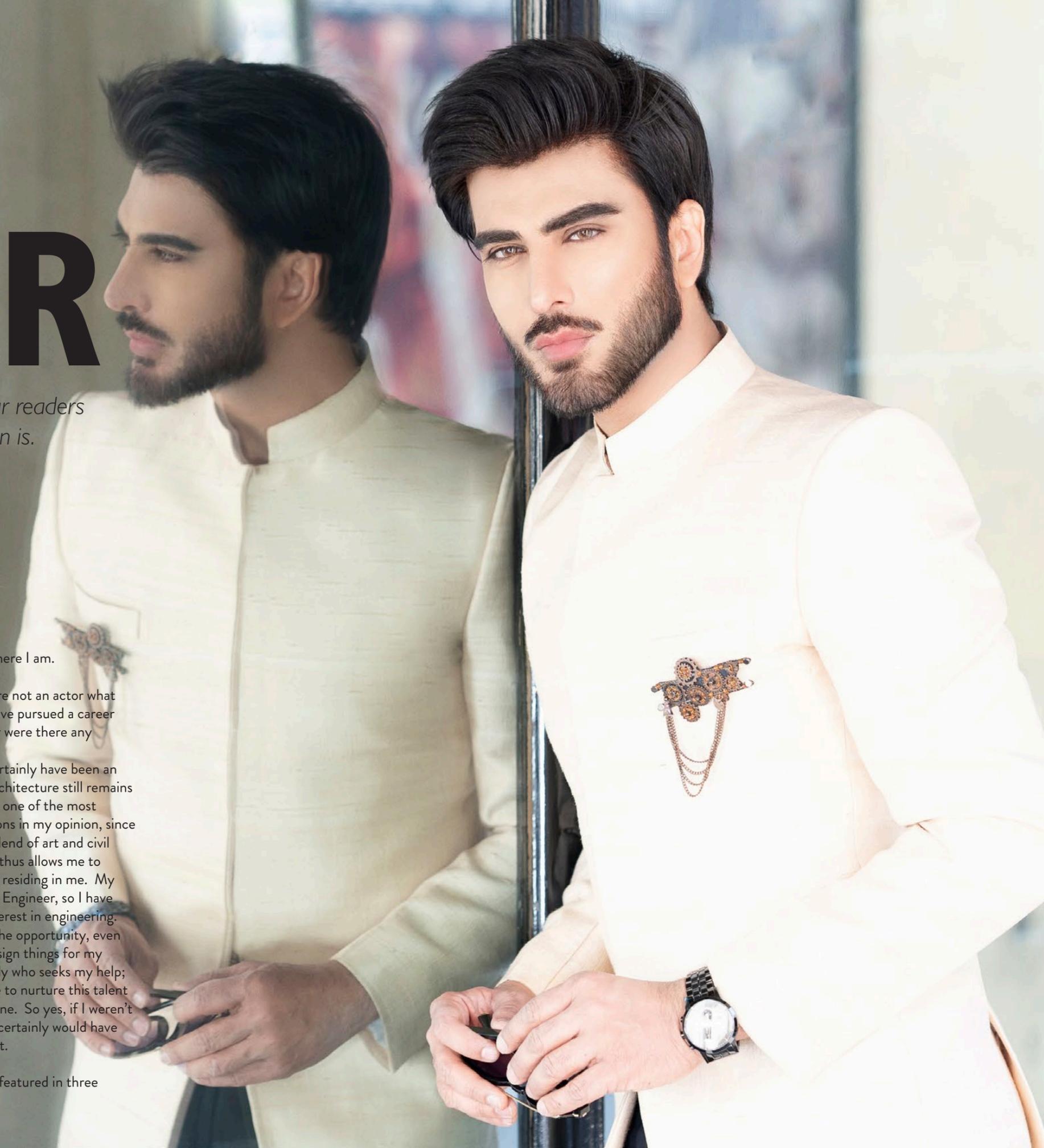
Grazia: You have featured in three

successful Bollywood films, what, in your opinion, is the difference between doing Bollywood films and Pakistani films and dramas?

Imran: I have completed three Bollywood films, and there is a dramatic difference between Pakistan and India’s film industries. Pakistan’s dramas are well made but unfortunately when it comes to movies it is not quite the same story. We have no lack of talent; in fact, there is a whole pool of talent whether you’re talking actors or musicians, however, when it comes to story writing or screenplay writing I do feel there is a dearth of talented individuals - it’s vital we have good scriptwriters and good storywriters. Movies made to date have been very linear and based on very basic storylines; Bollywood has definitely excelled. There’s a need for a talent pool with good and creative minds. My experience of Bollywood is that they are very professional, which is one of the contributing factors to their industry having gone far ahead, and something that we can learn from. We only have a handful of Directors who are doing great work, who understand the craft of film making. Since we are many years behind in the craft of moviemaking we should keep up with current methods and technologies, to better our chances of creating content of international standards too. Aside from that, I do feel our actors are very talented.

Grazia: Tell us about your family background?

Imran: I’m single and belong to a close-knit family, and am the youngest of my siblings. My father was a Civil Engineer, and my mother was a homemaker. Unfortunately, I have seen the demise of my sister a few years ago, followed by my father two years ago, and most recently my mother who I have lost only four months ago. The recent months and years have been extremely difficult for me, having shared a strong familial bond with those who I have lost, and it’s been hard moving through phases





of acceptance and denial for me just reminiscing about the family I once had.

Grazia: If Imran Abbas could disappear for a week where would he go?

Imran: I'd escape to somewhere where there's no internet, no Wi-Fi, no civilisation or technology, and where individuals won't recognise me. It would be somewhere very close to nature, my roots and basics. It could be a cave where I can meditate and isolate, where I can have time to soul search and speak with myself. I think this is an idea I have always quite fancied, though I'm not sure which part of the world I'd have to travel to find this. As a youngster I always enjoyed having my hideouts in my house, and maybe that part of me still hasn't escaped me.

Grazia: What is your passion besides acting?

Imran: I feel there isn't a said passion as such now remaining, but there are few things that I aspire to do to make a difference, in the limited time I have, in order to help mankind. I enjoy spending time with senior citizens - just normal individuals from all backgrounds, to hear their stories and to learn from their pearls of wisdom. I'd like to build a senior citizens home for elderly, abandoned and destitute individuals, giving them all of the facilities of life, be it healthcare or otherwise, but also provide them with a warm and friendly environment that they can call home. I pray that this dream of mine reaches fruition. Aside from this I love travelling and exploring new cultures, people and architecture. I love pets and nature, and also have a love for music.

Grazia: What are 3 things you can't live without?

Imran: My sanity, my health and my belief (and my sense of humour). One of the biggest learnings in life is how unpredictable life itself is; its fragile, full of surprises and goodbyes. It's important to have mental stability. Health is something that's extremely underrated and often taken for granted - when you don't have health you don't

have anything. Having a good belief system is vital to help pull you through some of the toughest of times, enabling you to process and accept things better. Humour, again, is one of those things that gives me strength to get through difficult times too.

Grazia: What does the future hold for Imran Abbas?

Imran: The future is something that I've never really planned for or taken seriously in the past and now given my recent life experiences I feel even less compelled planning for the future, given the fragility of life. I think we need to focus more on the here and now and enjoy the current.

Granted more time on Earth, I feel I will be a saner person given what I have learned from life's lessons to date, though I will continue to make some of the same mistakes, given the person I am. I don't claim to be an angel, but I would definitely aspire to become more religiously practising.

In the capacity of an actor, I don't have any aspirations to go any further than I am career wise. I am grateful and have contentment in my heart for all that I have been bestowed with to date.

Grazia: What are your favourite holiday destinations and why?

Imran: You'll have figured my love for architecture and arts, which makes Rome one of my golden destinations. I feel I can spend endless months of my life there and explore to my heart's content as there's so much to see. I am huge on nature and beauty too making Switzerland another favourite of mine.

Grazia: What is the best advice you could give to anyone who is thinking of entering the world of acting?

Imran: I would say work hard, but you cannot fight with destiny. The most you can do is give something your best shot, but ultimately what is written by fate you can neither exceed nor excel beyond. You should always have a Plan B - it is one of the only fields where you go on an upward career trajectory but at a certain point you start to come down, unlike other careers where seniority





generally increases with time and experience. You need to be prepared for the decline, but aside from that one should not get disheartened at entry level.

Grazia: What do you love about acting the most?

Imran: The travel that comes with acting is one of my more favourite things. I love meeting new people, learning about new cultures and places. It's through this role that I've managed to meet some extraordinarily talented people, like Sanjay Leela Bansali, who's one of my best friends now, or Muzafar Ali Sahab, who I worked with on "Janisar", who also made "Umrao Jaan" and legends like Lata Mangeshkar, Asha Bhonsle, Madam Noorjehan, Medhi Hasan Khan sahab, Abida Parveen Ji to name a few - they are all individuals I have adored and loved and had dreamt of seeing, but I've had the opportunity of even spending time with them... I am ever so grateful for the opportunities this field has provided in terms of travel and opening up access to new people, places and experiences in life. I am also grateful and humbled by the love and respect that I have been shown in this field, from every corner of the world; the feeling of being not just appreciated but being loved is indescribable. I would never have fathomed this degree of love.

Grazia: Which type of roles do you think you are most suited to?

Imran: I have always been pigeon-holed in romantic roles; the boy next door, the lover boy. I actually do enjoy these roles myself, but I do wish to do an action-thriller, or a romcom to try something new.

Grazia: Who do you consider to be your acting role model?

Imran: I have never considered anybody my role model in the field of acting. There have been many wonderful actors and many wonderful people. I have never looked up to any one of them as being perfect in their totality, in every true sense. That's not to say that I am perfect myself, but I've just never seen anybody in the light of a role model for myself. ■



WJW
**WASEEM
 JEWELLERS**
 ریح جاناں
 COLLECTION

MM.ALAM ROAD LAHORE TEL:: +9-42-35785801-3
 LIBERTY MARKET LAHORE TEL: +92-42-35876692-4

f waseemjewellers.pk i waseem_jewelers www.waseemjewellers.com



DOCTOR
ZARA
 MAHMOOD

The youngest renowned aesthetics doctor
 in Harley Street, London

We had the pleasure of sitting down with Dr. Zara Mahmood who opened up to us about her experience of working in a hospital during the pandemic outbreak. In this exclusive interview she shares with us her love for her career, life and much more.

INTERVIEWED BY: KANIZ ALI
 EDITED BY: NASHMIA AMIR BUTT

Grazia: What inspired you into becoming a doctor?

Dr. Zara: I tried to think of a non-cliche answer but it really is because I wanted a career that was rewarding, challenging and offered financial stability. I remember doing voluntary work as a teenager in a hospital's elderly care ward and I was just in awe at how a hospital worked, the different treatments and how people in different roles worked together to provide care to each individual. And I wanted IN haha, I wanted to be a part of that too.

Grazia: You were working in a hospital during the peak of the global pandemic - COVID 19 in A&E. What can you tell us about that time and your experiences?

Dr. Zara: It was quite the rollercoaster. I was working in A&E when it started and regularly did shifts there. I still remember the panic with COVID around March two years ago, before we really understood the virus and were still at the beginning

of learning how to best manage it globally. I'd stayed in hospital accommodation away from loved ones during the initial stages to reduce the risk of bringing the virus home from work. We went through shortages of protective wear, trials of new treatments, mass staff sickness, young patients requiring ITU and COVID deaths. It was mentally and physically draining when cases increased. But equally it was such a warm feeling seeing the response of the public to healthcare workers, for a few months the public and local takeaways would drop off various food packages whilst we were on shifts and I still recall coming out of the 'red' zone for a break and being greeted with a local dessert - whoever dropped that off it honestly make our day! The pandemic also brought our A&E staff closer together and I really got to know every member of my local team because our colleagues were the only people we saw most of that time. I still work there regularly because it feels like another home!



Grazia: What's your favourite memory in the hospital?

Dr. Zara: I remember working in the paediatric wards and coming to review a 3 year-old for potential discharge and had to chase him around the whole department because he was full of energy. He thought it was hilarious, the other children and parents thought it was hilarious and I got a good idea that he was physically well just by observing his mischievous behaviour.

Grazia: If you could only pick three skin care products to have forever what would they be?

Dr. Zara: I'd say a basic cleanser, moisturiser and sunscreen. Really can't do without them!

Grazia: What's the future plans in the world of Dr Zara Mahmood?

Dr. Zara: I'm currently working on two new clinics, one in the UK and one internationally which I will hopefully announce soon. But along with my aesthetics clinics I plan to continue working in the NHS - most likely with regular shifts in A&E.

Grazia: You are the youngest renowned aesthetics doctor in Harley Street, London. What made you head into aesthetics?

Dr. Zara: I've always loved skin care and beauty but funnily enough my idea of aesthetics was initially that it is just 'over filled lip jobs and frozen faces'. Then I met some amazing colleagues that did aesthetics as a career and it was such an eye-opener. I realised that aesthetic treatments could be carried out to give amazing yet natural looking results and

that there was a gap in the market of practitioners that truly offered just that. A large part of the aesthetic industry still requires more regulation and it shocked me that some injectable treatments were being done by those without medical backgrounds or adequate training. I've focussed my aesthetic career on delivering high quality treatments as well as raising awareness on how to be safe when seeking these treatments.

Grazia: What do you enjoy about aesthetics?

Dr. Zara: What I love most about aesthetics is helping people feel confident in their own skin, it can be underestimated the impact that can have. It may not necessarily be by giving treatment to patients but sometimes just being in the position to say to them that they don't

need treatment, makes a huge difference!

Grazia: What services/treatments do you provide in your clinics in London / Birmingham UK?

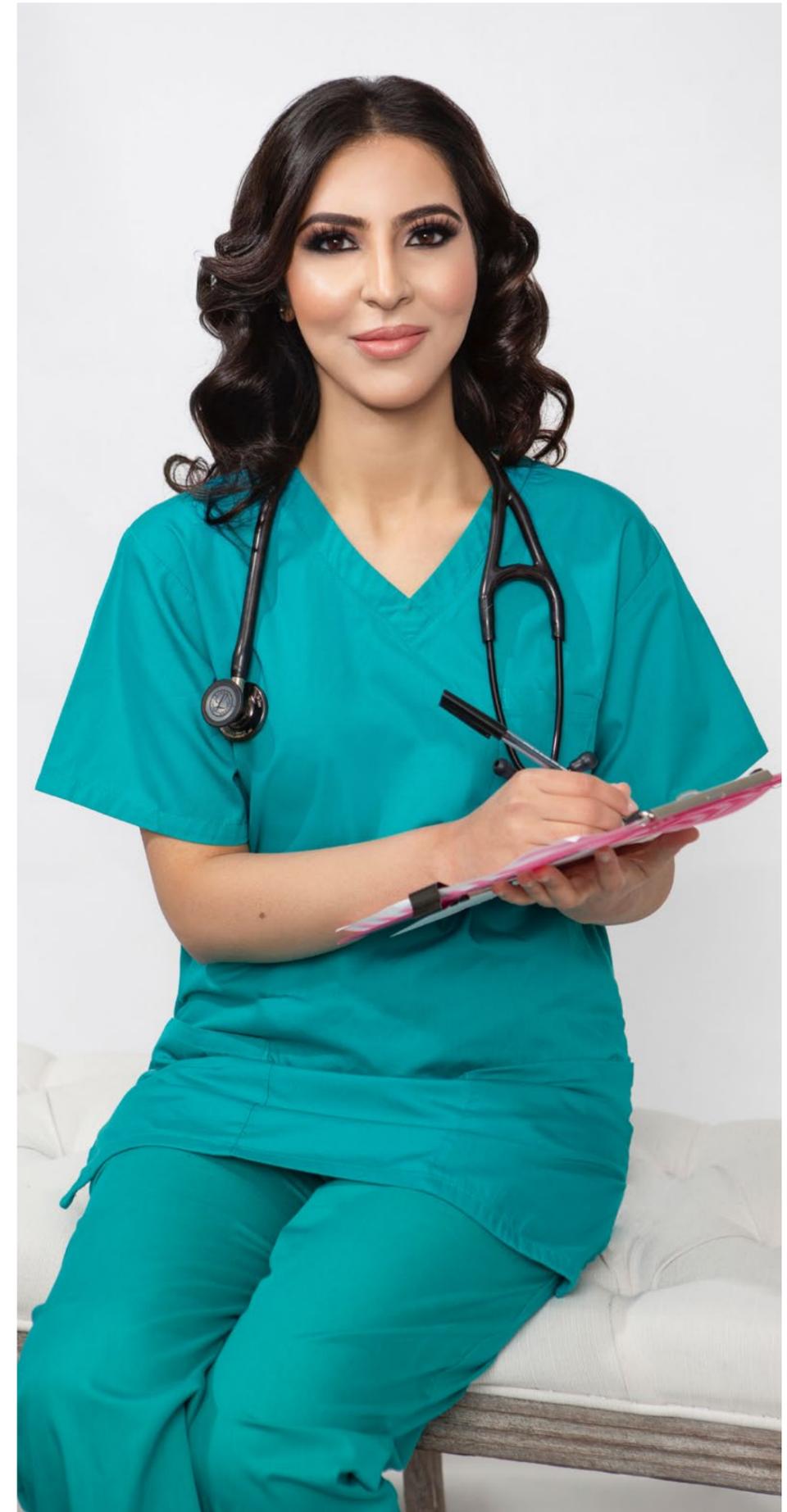
Dr. Zara: We offer advanced non-surgical facial rejuvenation treatments to maintain a youthful look along with tackling signs of ageing. We also offer skin treatments for blemishes and hyperpigmentation. My favourite treatments that I personally carry out include facial 'tweakments' such as the non-surgical rhinoplasty, treating dark under eyes and lip augmentation. Our therapists are amazing and offer various facials as well as laser hair removal.

Grazia: What are the pros and cons of being a doctor?

Dr. Zara: Ah, this is easy. If any doctor can't just list these immediately I'd be surprised because at some point in our career when things have been especially intense (for example a 12.5 hr night shift without going to the bathroom), we've all sat down and analysed our career decision (haha). Training years in particular can be challenging, at a young age you make decisions with significant consequences to peoples lives, often work anti-social hours and continuously prepare for the next exam. However, and I say this wholeheartedly, it was the best decision I ever made. It's a very rewarding career, every day you make a difference to someone's life whether it be saving one or even pointing someone in the right direction in the hospital. It's a career which offers job security, a robot can't replace what we offer. You never get bored and you meet people from all walks of life. It's truly a privilege and humbling to be that person that strangers place their trust in.

Grazia: What do you enjoy doing in your spare time?

Dr. Zara: There's nothing quite like a game of badminton or a session of swimming every week and it gives me a burst of positive energy! I'd definitely recommend taking up at least one physical activity you enjoy because the difference it makes to your daily attitude is amazing. I'm also a big foodie, as soon as a conversation about food opens up, I can talk endlessly, sharing ideas and writing down new ones. But most importantly, I really enjoy just sitting down with family and friends and hearing about their day because, of course, therein lies our true blessings. ■





Kaniz Ali

award winning celebrity makeup artist

Multi award winning, celebrity make up artist Kaniz Ali is someone who's work we have been in awe with for a quite some time!

IN THIS SIZZLING INTERVIEW KANIZ OPENS EXCLUSIVELY TO GRAZIA

An internationally renowned role model Kaniz Ali has sealed her position as a life long trendsetter in the beauty scene and is one of the most influential and inspiring make up artists of our time. Passionate and focused she has redefined what it means to be a make up artist. The British Bangladeshi make up artist born and raised in the heart of London, UK has gone from strength to strength in her 13 years of entering a cut throat industry making her a game changer in the world of glitz and glam. Her portfolio holds several awards and a whooping 35 international magazine front covers working with a list of high profile celebrities across the globe, including making up and styling Kareena Kapoor Khan, Parineeti Chopra, Sonam Kapoor, Urvashi Rautela, Faryal Makhdoom Amy Jackson, Armeena Khan and the list goes on - yet

Kaniz remains incredibly down to earth and humble. Kaniz's skills not only range from painting faces in the fashion industry but she enjoys making up real brides. "I absolutely love getting my brides ready for there big day, it's an exciting time and a real honour for me to be a part of there very special day". She also runs a prestigious make up academy in London teaching aspiring make up artists and in her spare time Kaniz spends time war torn countries working in refugee camps providing aid and giving back.

What are your favourite beauty products that you adore?

Kaniz: "Aaaah that's a hard one!! It probably has to be: Huda Beauty's Full Coverage Concealer, it gives great coverage. Too Faced Born This Way Foundation fantastic for building and creating different coverages from medium to heavy depending what you are feeling like on the day. Bobbi Brown & Kilian Lipsticks because they are long lasting and great on variation of colours. Smashbox Eyeliners it's great with the intensity of black and also long lasting. Clinique's Chubby Contour Stick fantastic to blend and amazing to create soft looks and intense looks.

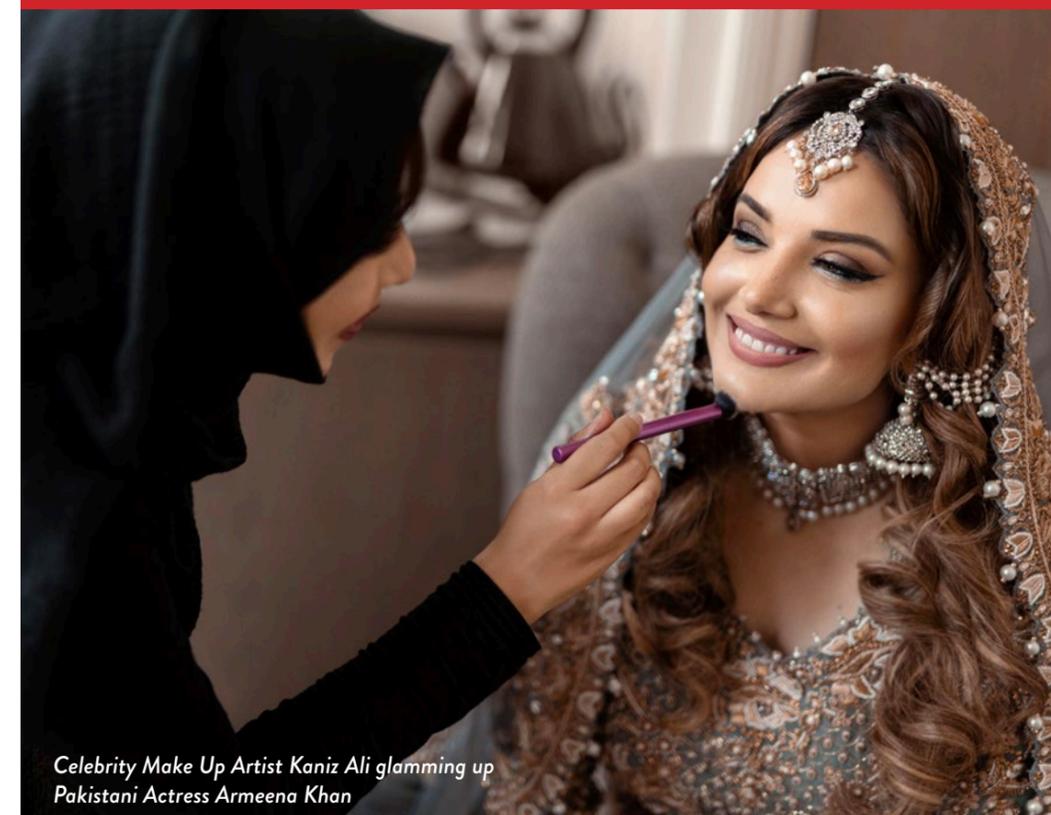
What are the pros and cons in working in the beauty industry?

Kaniz: "For me there are definitely more pros than cons, one of the pros for myself is definitely being my own boss. The management side is fantastic, you have complete control of your direction and company ethic. Even something as simple as being able to choose which shoots I would like to take part in and working around my own timetable is extremely liberating.

The beauty of being an international make up artist is that you can branch off into different fields; which can include commercial, bridal, editorial or fashion; with make up your clientale is always different. One day I might be working on a front cover shoot styling and glamming a Bollywood actress and the



Celebrity Make Up Artist glamming up Pakistani Actress Sadia Khan



Celebrity Make Up Artist Kaniz Ali glamming up Pakistani Actress Armeena Khan



Celebrity Make Up Artist glamming up Pakistani Supermodel Fouzia Aman



British Actress-Amy Jackson glammed up by Celebrity Make Up Artist Kaniz Ali

next day I would be getting my stunning bride ready for her big day, the following day I could be teaching my aspiring artists at my training school. It definitely does keep my week interesting and no one day is ever the same as the next. The beauty of it is that you are working with different people, different cultures, different religions and I love that!

Your a woman who has her hand in every pie as the saying goes! What inspired you try other things?

Kaniz: Being a make up artist and a beauty editor for various different publications is definitely a huge part of my life but I've always been a believer your only young once you should do what you love and there's no harm in trying other things. For me aside from the beauty industry, I love volunteering in war torn countries providing aid on the ground to the most needy. I believe in giving back and using my platform to raise awareness of what is happening in the world. I think it's important to be true to yourself first and foremost and I believe giving back is so important. Being a volunteer humanitarian aid worker keeps me grounded and most importantly really makes me appreciate and love the life that I have. It's a nice balance between the two.

If Kaniz Ali could be someone else for a day who would she be?

Kaniz: I'd still be me {hahaha} I love my life Alhamdulillah. I've always been a believer from a young age, work hard and make the life that you want to live - fun and amazing that you never want to be anyone else! God has blessed us all with a gift we just need time to figure out what it is. Embrace in your own uniqueness and fall in love in love with it every day.

What's your favourite holiday destination and why?

Kaniz: "Aaah that's a hard one as I'm a globe trotter and love most places! In Europe it has to be Santorini, its a stunning island, scenic atmosphere is amazing, it's calm and I love being near water. City wise I would have to say

Istanbul, I've lost count how many times I've been it's been that many times. I love the Turkish culture, I love the Islamic history there, there's a mosque in every corner which is great if you are out and it's prayer time and I have huge love for mosques. People are amazing. I love travelling to the UAE every year, Dubai & Abu Dhabi is like home to me. I also love travelling to Bangladesh I love the hustle bustle, the food is super delicious and the atmosphere is great.

What does Kaniz Ali look for in her future husband?

Kaniz: {hahaha} that's a good one! Someone caring, kind, and easy going.

I'm free spirit and ambitious so someone who compliments it.

What's your favourite type of food?

Kaniz: "Anything with spice in it. I love spicy food, with chillies in. If there's no chillies I can't eat it. You'll literally see me asking for my food to always be extra spicy. It's the Bengali in me I say {haha}.

Your best friend is...?

Kaniz: "Caffeine - because my brain does not function without it and my Surah Book because it's easy, compact and I'm a huge believer of keeping the Duniya / Akhirah balance".

What's the best advice you would give to someone who inspired to become a make up artist?

Kaniz: "Work hard, don't give up if you get rejected from any projects remember rejection does not mean you are not good enough, do not be disheartened. We now live in an era where social media has taken over so really make the most of it - It's free advertising, put your work on there and remember dreams happen when you never give up on yourself, so do not give up easily. ■



On the ground distributing food aid in the Syrian Refugee Camps on the borders of Syria and Lebanon.

'CHIC' THE HEAT

Beat the heat this summer and stay cool and chic wearing these uber stylish pieces

THEORY
Zaine Straight-Leg
Cotton-Blend
Twill Shorts
PKR 26,440
www.theory.com



ZARA
Jacquard Shirt
PKR 9,099
www.zara.com



H&M
Small Shoulder Bag
PKR 2,735
www.hm.com



MANGO
Printed flowy shirt
PKR 10,758
www.mango.com



HARRY STYLES



MANU RIOS

KARU RESEARCH
Tapered Embellished
Panelled Cotton-Twill
Trousers
PKR 60,175
www.karuresearch.com



FEAR OF GOD
+ New Era Logo-Print
Shell Baseball Cap
PKR 11,852
www.fearofgod.com



**POLO RALPH
LAUREN**
Court Vulc Webbing-
Trimmed Leather and
Mesh Sneakers
PKR 15,499
www.ralphlauren.com



NIKE
ACG Air Deschutz
Nylon, Rubber and
Neoprene Sandals
PKR 13,646
www.nike.com



ZARA
Palm Tree Print Shirt
PKR 9,099
www.zara.com



Summertime Surprise

We are here to help you sort out your summer wardrobe and up your style game



MAX MARA
Leisure Edipo slub
cotton-blend jersey shirt
PKR 50,146
www.maxmara.com



RIXO
Antigua floral-print
cotton and
TENCEL-blend shirt
PKR 40,117
www.rixo.com



ZARA
Wide Leg Pants
PKR 8,570
www.zara.com



MANGO
Heart necklace
PKR 7,111
www.mango.com



FRAME
Le Brigette distressed
denim shorts
PKR 34,646
www.frame.com



ZARA
Linen blend ruffled
printed skirt
PKR 12,582
www.zara.com



STAUD
Renata scalloped
two-tone linen
mini dress
PKR 50,146
www.staud.com



CULT GAIA
Gigi PVC mules
PKR 72,940
www.cultgaia.com



CHLOÉ
Zelie oval-frame
acetate sunglasses
PKR 57,440
www.chloe.com



BY FAR
Tanya glossed-leather
mules
PKR 70,024
www.bylfar.com

Top Pinko

ELEGANCE WITH A
Dash of Daring

The woman of today will break all the conventional fashion rules and make her own fashion. Be bold, be confident, mix the textures and colors, make fashion your own.

Handbag Chanel
Dress Top Shop
Earrings Ava & Aiden



Photographer & Creative Director **Aubrey Chandler**
Model **Jennifer Lamb**
Agency **Next Models**
Makeup **Alisa Glow**
Hair **Emilio Uribe**
Styling **Quela Renee**



Top Sandro
Beret Stylists own



Top French Connection
Beret Stylists own

Hat Gucci
Top Maje



Handbag Dior Saddle
Top Theory
Earrings Ava & Aiden



5 CONTEMPORARY WAYS TO STYLE YOUR PLEATED SKIRTS

When we were little, magazines were our guides on everything related to fashion and style. How clothing should fit and look and what accessories went with different outfits?

WRITTEN BY PAKHI RAJESH KUMAR DIXIT

When we were little, magazines were our guides on everything related to fashion and style. How clothing should fit and look and what accessories went with different outfits? Growing up is all about getting to know who you are as a person; it's more about taking an interest in items of clothing that make you feel good no

matter what the season or trend. Like magazines, pleated skirts were and still are a staple in anyone's closet, and they can be paired with so many different pieces. Whether you choose to pair it with a classic top and flats or even a chic blazer and heels, they are the perfect piece to dress up a more casual

look without being overdone. Depending on how you wear them, pleated skirts can change your whole outfit from being simple and girly to polished yet still simple and chic. Here are a few styles for you to try out in summers (and all year round).



K-POP

Ever wanted to dress like your idol but couldn't find out how they were doing it? Well, turns out that many of the celebrities you were wondering about follow similar fashion rules. For example, one well-known and often featured outfit is the cotton skirt with a loose-fitting top paired with shoes. This style is easy to recreate and lucky for us, it looks as relaxing as it feels to wear. It's quite simple; just layer your pleated skirt over a crew neck top or t-shirt and be sure to add some glittering accessories or fun-coloured pumps. We love this outfit because not only does it work for jeans but also for leggings.



THE FRENCH CAPITAL

French girls have always been known for exuding a unique sense of style that's both timeless and yet, somehow, always up to date. It's possible to channel Paris vibes with or without living in the French capital because these women definitely have trends on lock. If you're keen to turn heads without spending hours on getting ready and packing your bags, opt for French-girl style by teaming your slouchy blouse with a classic black skirt and heels.



ALL THINGS SPORTY

As athleisure has become more mainstream, the interest in tennis skirts has gone through the roof recently. And there's a good reason why - they're comfortable, stylish, and totally practical to wear, both while playing or while watching your feet move on the court. Put some spring back into summer with comfortable skirts then. All you need to do is pick a casual outfit consisting of your favourite tee, cinch it together with a tennis skirt and slip into cross-training sneakers, and you're good to go. You could start off with a short-sleeved V-neck top (and if you want to get really fancy and match with the latest sports trends, pick a top of your choice in one of the trendy athleisure colours).



GOSSIP GIRL

Mixing and matching various pieces from your wardrobe to create unique looks is all the rage. We're here to tell you that this season, there's a brand-new way to do it: with miniskirts! The best part is you likely already have some of these pieces in your closet - or accessorize with fun trends like quirky prints or bold colours. Spice up any outfit by adding a pleated mini skirt, statement-making accessories, and a blouse combo. These combinations are exceptionally easy to put together, too - four ideas to try now including bright blue + millennial pink, grey + dusty rose, white + turquoise, black + orange.



REBEL

Brace yourself for a punk rock masterpiece. Start with a pleated mini skirt (can you tell we like this trend?) and pair it with any solid-coloured top, preferably in black or grey. For the finishing touches, throw on your leather jacket, sling on your favourite bandana and add some lace-up boots for the perfect rock look.

1

CLEAN UP GOOD

The Melrose Place Body Cleanser by OUALI is a rose-fragranced gentle body cleanser that hydrates, and relaxes skin without leaving any residue. It comes scented with Melrose, top notes of champagne, berry, and lychee; middle notes of peony, rose, jasmine, and bergamot; and base notes of amber, sandalwood, white musk, and cedar wood.

PKR 5,101
www.theouai.com



2

GET A GRIP

Milk Makeup's Hydro Grip Setting + Refreshing Spray is a dual-stage setting and refreshing spray that sets makeup for up to 12 hours while it also hydrates skin, and provides a visible, breathable, glassy glow. It can also be used before makeup application to prep skin. Mist throughout the day onto clean skin or over makeup to refresh and revitalise.

PKR 6,559
www.milkmakeup.com



3

BRIGHT AND SPARKLE

The 'Lid Lustre' wet finish eye shadows by Victoria Beckham features each of the shades blended with crushed gemstones to add the shimmer. The buildable formula contains Squalane for comfortable wear, plus skin-healthy Guava Leaf and Magnolia Bark Extracts to help lift and brighten your eye area.

PKR 6,377
www.victoriabeckham.com



BEAUTY CHARTS

Our favourite 5 products for all your beauty needs

5

RESTORE ME

Water — and smudge-proof, NUBYEN's 'Restore Me' brow pomade boasts a very durable hold that doesn't compromise natural texture — the formula looks and feels flexible. Highly pigmented so you'll need the smallest amount, it's infused with light-reflecting particles that give a healthy shine.

PKR 9,474
www.nubyen.com



4

MIST AWAY THE HEAT

This Bumble and Bumble mist shields your hair from scathing summer sun while it also protects dried hair against heat tools, repairs damage, and prevents breakage. It also conditions, reduces frizz, and improves elasticity while added UV filters help protect hair against the drying effects of the sun.

PKR 5,830
www.bumbleandbumble.com

GLOSS AND GLOSSIER

AS GOSSIP GIRL ELITE SERENA VAN DER WOODSEN ONCE SAID, "LIPSTICK LASTS FOREVER, BUT GLOSS IS MORE FUN"



CHARLOTTE TILBURY
Lip Lustre Luxe Colour-Lasting
Lip Lacquer - Hall of Fame
PKR 3,644
www.charlottetilbury.com



WESTMAN ATELIER
Squeaky Clean Lip
Oil - Ma Puce
PKR 6,900
www.westmanatelier.com



FENTY BEAUTY
BY RIHANNA
Gloss Bomb Universal
Lip Luminiser
PKR 3,644
www.fentybeauty.com



SISLEY
Le Phyto-Gloss - 8
Milky Way
PKR 10,932
www.sisley.com



NARS
Afterglow Lip Shine Gloss
PKR 4,737
www.narscosmetics.com



TARTE
Maracuja Juicy
Lip Balm
PKR 3,826
www.tartecosmetics.com

SUMMMER

Skincare Essentials

Here are our top 10 go-to products to keep your skin fresh and safe in this scorching heat

CLINIQUE
Moisture Surge[®]
100H Auto-Replenishing Hydrator Moisturizer
PKR 7,470
www.clinique.com



DR.JART+
Premium BB Beauty Balm SPF 40
PKR 7,288
www.drjart.com

CAUDALIE
Beauty Elixir Face Mist
PKR 8,927
www.caudalie.com



THE ORDINARY
Natural Moisturising Factors + HA
PKR 1,822
www.theordinary.com



COSTA BRAZIL
Face Serum, 30ml
PKR 24,597
www.costabrazil.com

JOSIE MARAN
Get Even Sun Milk SPF 33
PKR 8,381
www.josiemaran.com



HAYO'U
Clear Quartz Eye Mask
PKR 29,880
www.hayou.com



FARMACY
Honey Halo Ultra-Hydrating Ceramide Moisturiser
PKR 8,199
www.farmacy.com



EMMA LEWISHAM
Skin Reset Concentrated Even Skin Tone Serum, 30ml
PKR 18,534
www.emmalewisham.com



SUPERGOOP!
Unseen Sunscreen SPF 40 PA+++
PKR 6,559
www.supergoop.com





5 WAYS TO EASILY REMOVE TAN AT HOME

Summers and tanning go hand in hand – just like a symbiotic relationship. No matter how much you try and take precautions such as going out after applying sunscreen, wearing hats etc, you will get tanned. And this tanned skin of yours will take multiple days to get back to its original colour. So here are 5 ways to easily remove tan at home without putting in much efforts.

WRITTEN BY PAKHI RAJESH KUMAR DIXIT

1. TOMATO

Tomatoes have an abundance of phytochemicals that are helpful in reversing damage caused by UV rays. These natural compounds also naturally lighten the skin tone.

How to use: Make a paste of 1 tomato and mix it with 1 teaspoon of lemon juice until consistent.

Apply it on tanned parts.

Leave it for 10 minutes and rinse with cold water.

How many times: Twice a week.

2. COCONUT OIL

Coconut oil has been used, time and again, in so many moisturizers and face creams because it is rich in phenolic acid which protects the skin against tanning.

How to use: You need 1 teaspoon of coconut oil, 1 teaspoon of powdered almonds and 1 teaspoon of sugar. Prepare a thick paste using the above-mentioned ingredients.

Apply it on tanned parts.

Let it sit for 15 minutes.

Rinse thoroughly with cold water.

How many times: Once every week.

3. TEA

Black Tea or Desi Chai (but without milk) has anti – melanogenic properties which are known for reversing excessive pigmentation and very dark tanning. It also protects your skin against sun damage and naturally improves blood circulation under your skin – making you feel recharged.

How to use: Mix 1 teaspoon of black tea and 1 teaspoon of turmeric powder into a paste of optimum consistency. Add a little bit of rose water to the above-mentioned mixture and apply it on tanned parts.

Let it sit for 15 minutes.

Wash it off with cold water.

How many times: Twice every week.

4. PAPAYA

Papaya is a very good exfoliant and helps remove dead skin very easily. It also moisturises skin and retains its innate hydration.

How to use: Mix Papaya puree and 3 drops of lemon juice to a scrub like paste.

Apply it on tanned parts.

Let it sit for 15 minutes.

Rinse it with cold water.

How many times: Once in two weeks. If lemon juice does not irritate your skin, you can then add 1 teaspoon of lemon juice because it is helpful in lightening dark spots.

5. ALOE VERA

Aloe Vera's gel and juice are rich in antioxidants which inhibit pigmentation of skin, reduces tan patches and gives skin back its natural glow.

How to use: Mix 1 tablespoon of aloe vera gel and 1 tablespoon of honey together to an optimum consistency. Take 1 cucumber and grind it to turn it into a scrub like paste.

Add the aloe vera gel mixture into the cucumber paste and mix it all well until you achieve a thick consistency.

Apply it on tanned parts.

Let it sit for 20 minutes.

Rinse it with cold water.

How many times: Once every week.

5 Must-Have Hair Accessories For All Year Round

Earrings, necklaces, and bracelets are all accessories that go beyond the scope of clothing – they are statement pieces that reflect your personality. For example, you can opt for a bold necklace to dress up an otherwise casual outfit, but you can just as easily wear it as part of your daily fashion routine as well.

WRITTEN BY PAKHI RAJESH KUMAR DIXIT



HAIR COMB PINS

Back from the 1990's, these fancy hair combs are a novel take on the classic 90's hairstyle items that everyone used to wear. They have become a staple of wedding couture, mostly because they show a touch of vintage glamour that contrasts so well with the contemporary trends in bridal attire. Look for hair accessory pins that can be worn casually as well by pairing them with ponytails, braids, and messy buns for some edgy flair to your everyday look.



HAIR RINGS

These are hot-new-on-block hairdo accessories that can uplift your look depending on what you're looking for. They fit beautifully with side-braids for a cool look to smoothly enhance the flow of your braid wraps. This is a chic accessory you should try on days when you don't feel like doing too much but still want to look your best. You could try them with casual and edgy outfits.



BARRETT CLIPS

Simple barrettes are a safe option when it comes to choosing your accessories. They can be used for any look and every occasion. There's nothing more wonderful than having a couple of these gorgeous ones in your collection. These are perfect if you're going for elegant or dreamy yet simple fashion-forward styles. They'll give your hair even more texture and jazziness without infringing on how fine or polished you'd like an outfit to be. No matter what the occasion may be - these are a must-have accessory!



BOW HAIR CLIPS

The humble bow is a bold way to add a classic touch to any simple outfit, making it perfect not just for everyday wear but also for special events and even work! This accessory is ideal to wear with your Sunday brunch dress outfit or even if you're going out for dinner. A bow can turn an otherwise average outfit into something that stands out in the crowd. They still possess the old-world charm we never get bored of, and they really make you look pretty. It's a fashion commitment that you won't regret making!



PEARL HAIRBANDS

Pearls have been a fixture in women's closets for generations, and we remember them being one of those elegant jewels that sophisticated women would adorn themselves with to feel their most charming selves. Though the authentic gem has made its way out of fashion for the most part, preferring cultured imitation pearls instead, the simulated jewel still holds a place on many women's vanity tables and looks just as fancy as any other precious stone. In addition to adding a touch of charm to our own refined personalities, pearl hair pieces look especially enchanting when paired with lace dresses or tops and other accessories like elegant gemstone embellished necklaces or bangles.



SP PUBLISHING

GRATIA

PAKISTAN

VOLUME 1, ISSUE 74
MARCH-APRIL 2022