

SP SAIF PUBLISHING

# GRANIA

PAKISTAN

VOLUME 1, ISSUE 73  
DECEMBER - JANUARY 2022

INSIDE:

Striking Beauty Trends by  
Celebrity Makeup Artist

KANIZ ALI



TOP  
STORY  
FIRST  
FEMALE SC  
JUDGE

ACCESSORIZE

RIGHT IN  
2022

THE PERFECT

FUSION



# GRAZIA

Editor's Note



We have a team of fashion visionaries who work passionately and tirelessly to bring you the best of all trends. We aim to strive higher and work harder to bring you the best of fashion, beauty, and lifestyle from around the globe, issue after issue.

Grazia aims to be your one-stop for everything fashion, beauty, and lifestyle-related. We hope you enjoy reading this issue as much as we enjoyed putting it together for you.

@zahraasaifullah  
www.grazia.pk

ZAHRAA SAIFULLAH



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FEEL FIRED UP ABOUT SOMETHING YOU'VE READ IN GRAZIA? LET US KNOW...

## FROM THE DEPUTY EDITOR'S DESK



The gorgeous beauty pageant turned film director, Deana Uppal is our cover star for this issue! She speaks to us about her many talents, her journey as an actor and also shares with us how she evolved into a film director. Celebrity makeup artist, Kaniz Ali has done an outstanding job doing Deana's makeup as well as interviewing her on behalf of Grazia Pakistan.

This issue features an interview of the ultimate power couple - Dr Zainab Al Mukhtar & Dr Ahmed Hussain. This phenomenal duo tells us all about their practice and what it takes to be in the field of dentistry!

Along with our exclusive features, we bring you some stunning fashion editorials done across the globe to inspire your winter closet.

Happy reading!

NASHMIA AMIR BUTT



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8 becomes infinity for a world without limits!  
Forever young, as Grazia.

# GRAZIA

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Saif Publishing is a leading Pakistani publishing house, specializing in creating and circulating few of the major international lifestyle and fashion magazines. Saif Publishing launched HELLO! Pakistan in March 2012, setting the bar on local reporting on celebrity, lifestyle and fashion. HELLO! Pakistan is an aspirational lifestyle magazine, which has featured prominent personalities and celebrities over the period of five years since its inception. The newest addition to Saif Publishing's portfolio is with Grazia Pakistan, which is the first international fashion magazine in Pakistan and will break traditional publication norms for fashion and news in Pakistan, and venture into lucrative partnerships with international platforms. With HELLO! Pakistan catering to the high-end aspirational lifestyle target market, Grazia Pakistan is set to take over the inspirational fashion and news market, creating a style platform for the young, confident Pakistani women.

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# FASHION CHARTS

Our very first top 10 picks of the year just for you

1

**ZARA**

You can never go wrong with a classic monochrome dress  
**PKR 8,816**  
[www.zara.com](http://www.zara.com)



2

**JIMMY CHOO**

Ditch your black and silver stilettos for these flirtatious and fun 'Aveline' bow sandals  
**PKR 175,490**  
[www.jimmychoo.com](http://www.jimmychoo.com)



4

**JACQUEMUS**

Chanel 'Legally Blonde' with a modern twist with this pretty Bagno open-back pink terry top  
**PKR 49,561**  
[www.jacquemus.com](http://www.jacquemus.com)



3

**PACO RABANNE**

Go big or go home. But this absolutely stylish tote is all about going small but making a big statement  
**PKR 139,336**  
[www.pacorabanne.com](http://www.pacorabanne.com)



5

**SEE BY CHLOE**

Grab and dump all your college essentials in this cool tote bag sporting Chloe's playful signature touch  
**PKR 33,365**  
[www.chloe.com](http://www.chloe.com)



7

**BERSHKA**

This single off-shoulder top is surely gonna have heads turning everywhere you go  
**PKR 4,762**  
[www.bershka.com](http://www.bershka.com)



**MANGO**

Head over to the brunch wearing these fresh and vibrant looking Mango pants  
**PKR 14,108**  
[www.mango.com](http://www.mango.com)

8

**SAINT LAURENT**

Nothing like the magical gold to surprise your significant other with an early V-day present  
**PKR 51,148**  
[www.saintlaurent.com](http://www.saintlaurent.com)



9

10

**ZARA**

Something blue, something very cute and what's cuter than this pair of kitten heels  
**PKR 3,532**  
[www.zara.com](http://www.zara.com)



# 10 HOT STORIES

EVERYONE'S BEEN TALKING ABOUT...



01

## FIRST FEMALE SUPREME COURT JUDGE

As Justice Ayesha Malik took oath as the first female Supreme Court judge in Pakistan, several people took to Twitter to express their joy over the historic achievement. The ceremony was attended by several high-ranking officials and lawyers, with the video of the oath-taking quickly going viral over social media. Minister of Information and Broadcasting Fawad Chaudhry deemed Justice Ayesha's appointment a "landmark elevation", adding that he hopes she will be "an asset to our judicial hierarchy".

TWITTER users took to the site to reflect on the trailblazing nature of the appointment, with several users referring to it as a positive step towards the empowerment of women in the country.

On January 21, the law ministry issued a notification according to which the appointment of the Lahore High Court (LHC) judge had been approved by President Arif Alvi.

The notification read: "In [the] exercise of powers conferred by clause (1) of Article 177 of the Constitution of the Islamic Republic of Pakistan, the President is pleased to appoint Mrs Ayesha A Malik, a judge of the Lahore High Court, [...] as a judge of the Supreme Court of Pakistan with effect from the date she takes [the] oath of her office." ■

← **Tweet**

 **Aqsa Kinjhar Leela Jamali** ✓  
@AqsaLeelaJamali

#JusticeAyeshaMalik takes oath as judge of the SC. She is the first female to be appointed to the SC since the country's independence. This is a truly historic moment.

← **Thread**

 **Adil Najam** ✓  
@AdilNajam

CONGRATULATIONS, PAKISTAN!!  
مبارك بو پاکستان-پاکستان کو، بر پاکستانی کو، مبارکباد

#JusticeAyeshaMalik's appointment as first female Justice on Supreme Court is truly the best news in a long time. Much deserved and much belated:

My 2015 argument stands:  
[thenews.com.pk/print/64609-ti...](http://thenews.com.pk/print/64609-ti...)

← **Tweet**

 **Muniba Mazari** ✓  
@muniba\_mazari

What a historic day! 🌟  
Here's to the strong women. May we know them. May we raise them. May we be them!

#JusticeAyeshaMalik

← **Tweet**

 **jehan\_ara**  
@jehan\_ara

Delighted to see this at the start the day. Hope she will pave the way for many other women. Good luck Justice Ayesha Malik. Well done!

# 19-year-old becomes youngest woman to fly solo round the world

British-Belgian teenager, Zara Rutherford, ended her five-month trip flying around the world earlier this month, becoming the youngest woman to complete the feat solo.

THE 19-YEAR-OLD landed at the Belgian Kortrijk-Wavelgem Airport after touching down in 30 countries on five continents since her August 18 departure. She traveled 51,000 kilometers (32,000 miles) in her Shark ultralight single-propeller aircraft.

"It's really just crazy. I haven't quite processed it," Rutherford told reporters after landing. "It's very strange being back here," she continued, adding that after her world tour, she would "like to do nothing next week."

Rutherford's parents are both pilots, with her father having flown for the British air force. She fielded questions in English, French and Dutch.

"There's been amazing moments, but then there's been moments where



02

I feared for my life," she said, listing New York City, an active volcano and Iceland as examples of her favorite places to fly over. The frozen expanse of Russia's Siberia was the "scariest" part of the journey.

"I'd be going hundreds and hundreds of kilometers without seeing anything human — I mean no electricity cables, no roads, no people — and I thought 'if the engine stopped now, I'd have a really big problem,'" she said.

Rutherford's journey included several bumps along the way. Her aircraft limited her to flying during the day. She was also forced to make several diverted or hasty landings. In

one instance, she had to touch down a short distance from Dubai to avoid a thunderstorm.

A winter storm in eastern Russia also kept her grounded for about three weeks. But the locals in the town of Ayan were "very willing to help with anything I might need," she said.

In order to count as a round-the-world flight, the pilot had to touch down at two points on opposite sides of the planet. For Rutherford, these were Jambi in Indonesia and Tumaco in Colombia. ■



03

# "Bat Out of Hell" singer Meat Loaf passed away at age 74

Real name, Michael Lee Aday, the performer sold more than 100 million albums worldwide

"DAUGHTERS Pearl and Amanda and close friends have been with him throughout the last 24 hours." No cause of death was given in the statement.

The beefy Texas-born singer distinguished himself in the late 1970s with his soaring vocal range and lavish stage productions.

His 1977 Bat out of Hell album, which reportedly sold some 43 million copies, is one of the highest-selling ever.

After a career rut, Meat Loaf enjoyed a revival with the success of I'd Do Anything for Love (But I Won't Do That), which won him a Grammy Award in 1993.

His role in the 1999 cult-classic Fight Club highlighted his acting prowess in one of the decade's most critically-acclaimed films.

Meat Loaf's other hit singles include Paradise by the Dashboard Light (1977), I'm Gonna Love Her for Both

of Us (1981). In 2016, he released a new album -- his first since 2011 -- and returned to a busy schedule after a two-year gap in touring, a string of health scares and speculation he would retire.

The singer had collapsed onstage at least three times since 2003, including once in Canada in 2016 after suffering from dehydration while singing his smash hit I'd Do Anything For Love.

According to the statement on Facebook, his career spanned six decades that saw him sell over 100 million albums and appear in over 65 films.

"We know how much he meant to so many of you and we truly appreciate all of the love and support as we move through this time of grief in losing such an inspiring artist and beautiful man," it added.

"From his heart to your souls...don't



ever stop rocking!" Throughout his career, Meat Loaf had several small parts in films and TV shows, including the musical comedy Rocky Horror Picture Show (1975), Wayne's World (1992) and Fight Club. He is one of the few major US musicians outside of the country genre to support the Republican Party actively. In the lead-up to the 2012 election that Barack Obama ended up winning, Meat Loaf campaigned for his challenger Mitt Romney. ■

# PRIYANKA CHOPRA, NICK JONAS WELCOME BABY VIA SURROGACY



04

Congratulations are in order for Bollywood star Priyanka Chopra and her husband, American popstar Nick Jonas as they welcome their first child via surrogacy. The couple recently announced they were overjoyed after sharing they have now embraced parenthood.

SHARING A note on Instagram tagging Nick, Priyanka wrote, "We are overjoyed to confirm that we have welcomed a baby via surrogate. We respectfully ask for privacy during this special time as we focus on our family.

Thank you so much." Nick Jonas also shared the same post on his social media page.

Earlier, in an interview with Oprah Winfrey in 2021, when asked about starting a family with Nick, Priyanka had said, "You know, you want to make God laugh and tell her your plans and I am not the one who makes those plans, but yes absolutely, whenever it's the right time, it's something that we definitely want."

In a Vanity Fair interview this January, she had said, "They (kids) are a big part of our desire for the future. By God's grace, when it happens, it happens." When Priyanka was asked if she would slow down on the career front after embracing motherhood, she said, "I'm okay with that. We're both okay with that." ■



**'SPIDER-MAN: No Way Home'** swings to sixth highest-grossing films in history. Recently this comic book adventure became the sixth-highest grossing movie in history with \$1.69 billion at the global box office (not adjusted for inflation).



05

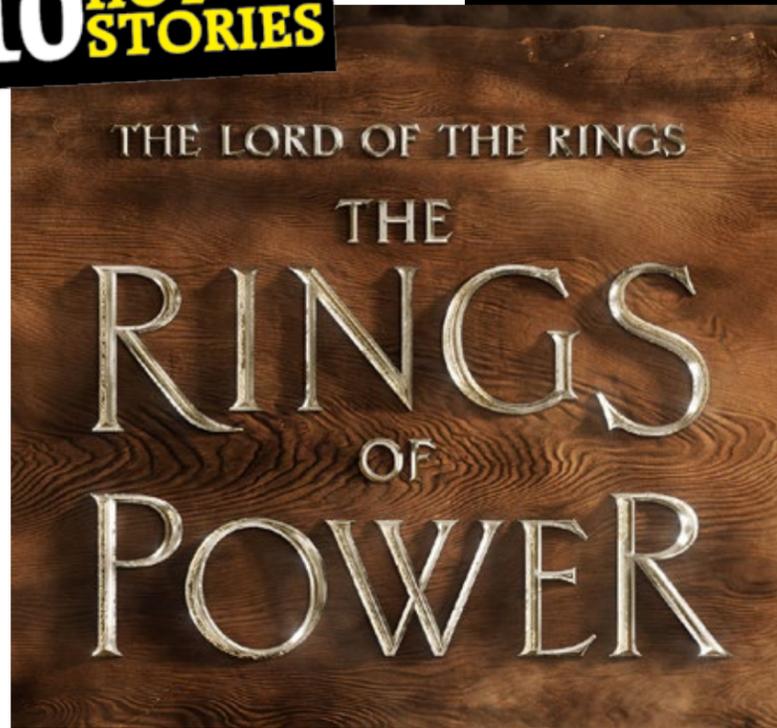
IT PASSED Jurassic World (\$1.67 billion) and The Lion King (\$1.66 billion) to secure that spot.

Now in its sixth weekend of release, Spider-Man: No Way Home returned to the no 1 slot in North America, adding \$14.1 million between Friday and Sunday, along with \$27.7 million overseas. The superhero epic, starring Tom Holland as Marvel's neighbourhood web-slinger, opened in December and has generated \$721 million at the domestic box office and \$970.1 million internationally.

Outside of the United States, where No Way Home ranks as the

fourth-biggest movie ever, Spidey's latest adventure has done especially well in the UK-- Holland's birthplace -- amassing \$116 million to date. Other top-earning territories include Mexico with \$73.4 million, South Korea with \$60.6 million and France with \$59.9 million.

It's notable that No Way Home has managed to shatter records and smash expectations without playing in China, which is the world's biggest movie-going market. ■



# 'LORD OF THE RINGS' PREQUEL'S NEW SUBTITLE HINTS AT STORYLINE

The long-awaited, expensive Middle-earth fantasy series from Amazon.com Inc has a name: *The Lord of the Rings: The Rings of Power*.

06

AMAZON'S PRIME Video revealed the full name of the fantasy series on Wednesday ahead of its planned streaming debut of Sept. 2.

The show's storyline takes place thousands of years before the events in writer J.R.R. Tolkien's *Lord of the Rings* books, which are set in the fictional land of Middle-earth and were brought to life in blockbuster movies.

The subtitle foreshadows a story "that welds the major events of Tolkien's Second Age together: the forging of the iconic rings," Amazon said in a statement.

Creators J.D. Payne and Patrick McKay said the series "unites all the major stories of Middle-earth's Second Age: the forging of the rings, the rise of the Dark Lord Sauron, the epic tale of Numenor, and the Last Alliance of Elves and Men."

"Until now, audiences have only seen on screen the story of the One Ring," they added. "But before there was one, there were many ... and we're excited to share the epic story of them all."

Amazon spent about \$465 million filming the first season of the show,



according to government officials in New Zealand, where the series was filmed. The company is expecting to make five seasons of the show, making it one of the most expensive TV series ever.

The first season will be available in more than 240 nations in multiple languages, Amazon said. New episodes will be released weekly. ■

# ARTUK BEY actor Ayberk Pekcan passes away following cancer battle

If *Dirilis Ertugrul* became all the rage because of the titular character, played by Engin Altan Düzyatan, and his band of side warriors, it will always be remembered for the soft touch that Artuk Bey actor Ayberk Pekcan brought to the show and the Kayi tribe. Pekcan, who brought life to the medic-turned-advisor with his measured yet impactful portrayal, breathed his last earlier this week, leaving fans with a lot more bruises to be healed. The 51-year-old lost his battle to lung cancer in Mersin.

07



Artuk Bey actor Ayberk Pekcan

FOLLOWING HIS cancer diagnosis, the actor said in a *statement* posted to his social media in October 2021, "Dear friends, the process that started with the doctor I went to for back pain ten days ago has reached this point today. I have lung cancer. The tumour has also spread to the liver and adrenal glands. Unfortunately, in the initial stages, this disease did not show any symptoms. First day of chemotherapy. My greatest support is my family. My friends are close by. I will do my best to regain my health."

Born in 1970, the actor kicked off his career in 2001. In the next two decades, Pekcan worked in many Turkish productions, winning several awards along the way. The actor was honoured with a best supporting actor trophy at the Ankara Film Festival.

The actor was introduced to Pakistan and, to some extent, the rest of the world, via *Dirilis Ertugrul*, but Pekcan had been an eminent part of the Turkish film and TV industry for two decades. He had more than 20 TV shows and a little less than a dozen big-screen projects to his credit.

Playing Ertugrul's right-hand man, the actor visited Pakistan in 2020 after the series saw massive success in the country. Pekcan, along with actor Nurettin Sönmez arrived in Islamabad in early January as part of a 20-member contingent with Turkish Foreign Minister Mevlut Cavusoglu. On the occasion of the visit, Senator Faisal Javed Khan took to Twitter to share, "Thank you for coming to Pakistan Bamsi Bey and Artuk Bey (Ayberk Pekcan) as we look forward to more bilateral exchange of knowledge, ideas, talent and content between Pakistani and Turkish entertainment industries [especially] to promote Islamic history via art, film and drama." ■



08



# Sony Music acquires Bob Dylan's catalogue of recorded songs

*Sony Music Entertainment recently said that it has acquired Bob Dylan's catalogue of recorded music, including his performances of such popular songs as Blowin' in the Wind and Knockin' on Heaven's Door, as well as the rights to future releases.*

THE DEAL is the latest in Sony Music's six-decade relationship with the artist and covers Dylan's body of work since 1962. *Variety* cited sources who valued the deal at \$150 million to \$200 million.

Neither Sony nor Dylan's representative would comment on deal terms. Dylan, 80, sold his songwriting catalogue to Universal Music

Publishing Group in December for a reported \$300 million. He was among a group of ageing artists, including Neil Young, Stevie Nicks and Paul Simon, who have sold the rights to their compositions to investors, who seek to capitalise on the opportunities created by music streaming. Sony and Dylan said they will collaborate on future catalogue reissues in the artist's Bootleg Series, which began in 1991 and includes 14 releases through last year's lauded *Springtime In New York: The Bootleg Series Vol. 16 (1980-1985)*. ■



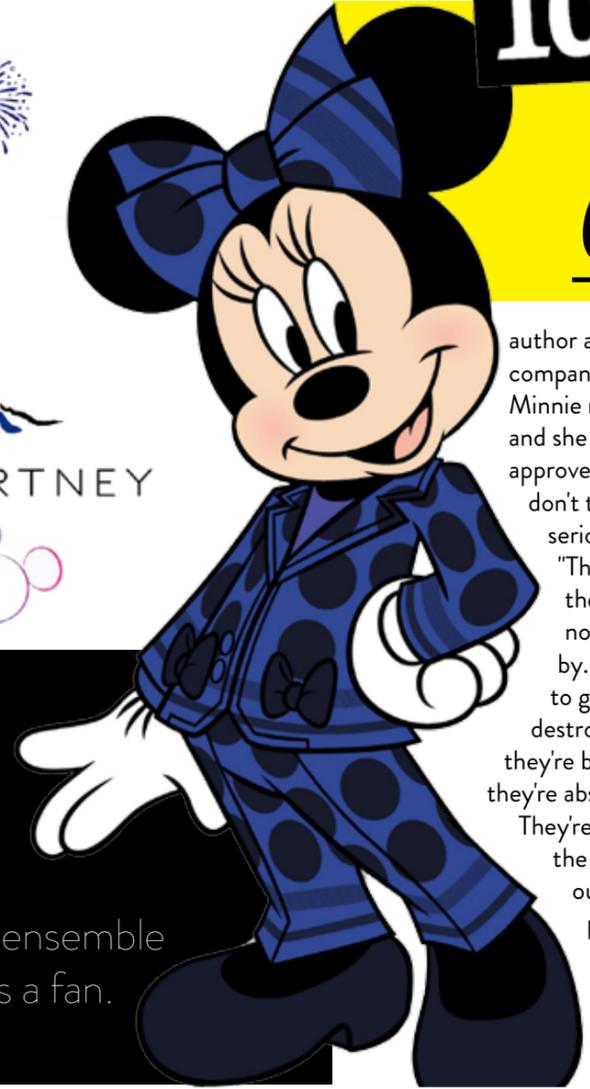
Sony Music acquires Bob Dylan's catalogue of recorded songs

09



# Minnie Mouse's new pantsuit divides fans on internet

Minnie Mouse has a stylish new ensemble in her closet, but not everyone is a fan.



author and activist said the company is "making Minnie more masculine," and she clearly did not approve. "This is why people don't take these people seriously," Owens added. "They're taking all of these things that nobody was offended by. It's like they have to get rid of them and destroy them because they're bored. You know, they're absolutely bored. They're trying to destroy the fabric of our society, pretending that there are issues." She suggested such a change is an attempt to divert attention

DISNEYLAND Paris recently announced that the famous character will slip into her "First Ultrachic Pantsuit," designed by Stella McCartney, at its Parisian property. The look is a dark blue pantsuit featuring "a new take on her signature polka dots," with, of course, a matching bow. Minnie will sport the new clothes at Walt Disney Studios Park, one of

the two theme parks on-site, beginning March 6, in honour of Women's History Month. It's one of the so-called "dazzling details" that will mark the resort's 30th anniversary. Candace Owens appeared on *Fox News* — where anchor Jesse Watters began the segment by saying that Disney is "totally changing Minnie Mouse" — hours later. The American

from real problems. "So, everybody looks over here," Owens said. "Look at Minnie Mouse! Don't look at inflation, Jesse. Look at Minnie Mouse! The world is going forward because you've got her in a pantsuit. Never mind that you can't get anything at the grocery store and you can't buy a piece of bacon unless you've got \$30 in your pocket. At least we're addressing the real problem, which is Minnie Mouse."

The topic also sparked a lot of comments on Twitter, where "Minnie Mouse" was trending.

People rightly pointed out that Minnie has worn multiple garments, including pants, over the years. In fact, a promotional video released by the park on the same day showed Minnie, as well as Mickey, Goofy, Donald, Daisy and more in a fashion show, modelling other new costumes they'll wear for the big event. In that, Minnie wears an iridescent pink dress. ■



CANDACE OWENS | AUTHOR OF "BLACKOUT" MINNIE MOUSE SWAPS ICONIC RED DRESS FOR PANTSUIT



Alyzeh Gabol



Paris Hilton

# From Alyzeh Gabol to Paris Hilton: Seven stars who have joined the NFT market

However, confusing, controversial or worthless these digital assets may be, NFTs sell for millions at auctions. From Pakistani model-turned-actor Alyzeh Gabol to Hollywood's Paris Hilton and Eminem, here's a list of stars who have entered the auction world with their retained originals.

10

HOWEVER, confusing, controversial or worthless these digital assets may be, NFTs sell for millions at auctions. From Pakistani model-turned-actor Alyzeh Gabol to Hollywood's Paris Hilton and Eminem, here's a list of stars who have entered the auction world with their retained originals.  
US rapper and entertainer Snoop



Quentin Tarantino

Dogg has already amassed a million-dollar NFT collection of his own. At the end of November 2021, he posted his first own NFT online, which he developed together with artist Coldie. The result is an animated collage of Snoop Dogg portraits set to music, with references to his first album Doggystyle.



Snoop Dogg

Pakistani model and actor Alyzeh Gabol took to Instagram and shared a picture of Bored Bunny, a "ticket into the metaverse and NFT space" in January 2022. The animated illustration(s) is how you join the community. Part of the Bored Bunny cult, the Rangreza starlet shared a picture of the newest addition in the collection. The unique collection was apparently sold out in only 17 minutes, as per their official NFT account.



Till Lindemann

Rammstein frontman Till Lindemann had more trouble than success with his NFT drop in August 2021. Hardly anyone was interested in clips of him in front of paintings at the Hermitage Museum in Saint Petersburg. Furthermore, there was a dispute with the Russian museum where the video sequences were recorded, as it was said to have contravened NFT exploitation.



Mila Kunis' production house



Eminem

In July 2021, thousands of Stoner Cats from the animated series of the same name were sold. Mila Kunis' production company, Orchard Farm Productions, is behind the series. The cat pictures were so popular that they briefly paralyzed the Ethereum network. The sale of the digital images is intended to finance new episodes of the series.

In April 2021, US rapper and 15-time Grammy winner Eminem released his first three NFTs: animated images and Eminem-produced beats harking back to well-known songs from his first two albums. In addition, the highest bidders bagged themselves either a pair of sneakers or a physical print of the artwork, signed by the master himself. ■

# DEANA UPPAL

## ON LIFE, CAREER & GOALS

*Grazia's Celebrity Make Up Artist, Kaniz Ali, interviews our cover star - Deana Uppal. In this fun cover story, we get to know this beautiful woman!*

**Grazia:** Your career in the limelight started by winning a beauty pageant and going into reality shows such as "Celebrity Big Brother" and "Fear Factor". How did you progress into acting?

**Deana:** The TV shows I was a part of brought a lot of spotlight and fame into my life, so from there I was offered to act in films. I went into acting for the experience, but I never felt happy in the acting industry. After my last film I made the decision to follow my heart and to leave acting and concentrate on producing and directing, where I felt my talent and skill would come to a greater use.

**Grazia:** What are the pros and cons of the acting industry?

**Deana:** There is a huge amount of competition and a lot of nepotism in the industry. During the struggling

period, when I was looking for roles there were times when I knew I was going to be making very little money. However, I believe that once you are successful in the line, the fame that comes along with acting can enable you to have power to positively influence others and help people on a bigger platform.

**Grazia:** You are also an entrepreneur, talk to us about your businesses.

**Deana:** I have a number of businesses from hair transplant clinics in India, property development in the UK as well as a film production company which produces and distributes content. I feel it's important to always evolve your work with the time and I try to generate as many sources of income as possible. This does mean I am working long hours, but I do enjoy everything I do



Creative Direction - Kaniz Ali

Photography - Aperture Photography [www.aperture-photography.co.uk](http://www.aperture-photography.co.uk)

Outfits/Wardrobe - OOTN.Official [www.outfitofthenight.co.uk](http://www.outfitofthenight.co.uk)

Hair/MakeUp/Styling: Kaniz Ali {Instagram @kanizali}

Jewellery - Heritage Jewels

Shoes: Gucci [www.gucci.com](http://www.gucci.com)

Location: London, UK



so it doesn't feel like work.

**Grazia:** What made you go onto becoming a film director and a producer?

**Deana:** There were many times on set when I was in front of the camera where I used to think to myself - "I know if I was the director, I could improve this scene" so from those thoughts I took the big leap to study Film direction at London Film Academy. I went on to direct music videos and realised another strength of mine was coordination and budgeting, so I took another leap and went on to executive produce films and produce my own documentary.

**Grazia:** You have recently directed and produced a documentary called "India's Forgotten People". Can you tell us a bit about that?

**Deana:** It is my first documentary with my own production house. It is an investigative documentary discovering the lives of a nomadic community. I lived with the community for 8 months and managed to capture their unique lifestyle on camera. The film has now been shown worldwide on channels such as 'Discovery Channel', 'Oculus' and will be coming on 'Netflix' soon.

**Grazia:** Describe a day in Deana's Uppal's world.



**Deana:** Honestly no 2 days are ever the same, I travel weekly and live spontaneously.

**Grazia:** What are your top 3 beauty products that you can't live without?

**Deana:** Facial oil, face wash and hair oil.

**Grazia:** What's the best advice you can give to anyone who is thinking of entering the entertainment world?

**Deana:** I would highly suggest they do their research first into the industry. You must be brutally honest with yourself about your talents and what you really want out of life. Once you are sure then be confident and work hard to reach your goals.

**Grazia:** Name your top 3 holiday destinations in the world?

**Deana:** For me out of the places I have visited already, I would say Maldives, Greece and Cape town are my top 3 favourites.

**Grazia:** What do the next two years have in store for Deana Uppal?

**Deana:** I will be concentrating on expanding my charity - DKU Kindness Diaries Trust and creating more documentaries. I am also currently working on getting a script I have written for a feature film. My aim is to have it produced into a film. ■



# THE POWER COUPLE

Award winning dentists Dr Zainab Al Mukhtar & Dr Ahmed Hussain open up to Celebrity Make Up Artist - Kaniz Ali in there sizzling interview with Grazia!



**Grazia:** What inspired you both to head into dentistry?

**Dr Zainab:** I grew up around dentists. My mum was a dentist and I saw the way she worked. I spent so much time around dental clinics as a child, it was a familiar environment. I loved how she touched so many lives, and created a fun environment, always smiling and singing at work, it was such an engaging place to be. Dentistry combined all the things I loved: artistry and creativity, human connection and science. I wanted nothing more than to pursue that path.

**Dr Ahmed:** It was always between dentistry and medicine for me. I chose dentistry, because it's so specialised. I love the creativity that comes with it and that it has the potential to impact people.

**Grazia:** How did you both meet?

**Dr Ahmed:** I was in my 3rd year of dental school and met Zainab when she came in for her dental school interview. I was on the interview panel! The rest is history.

**Dr Zainab:** I noticed Ahmed that day but was extremely laser focussed at that interview. It was later, after many 'coincidental' encounters that he finally approached me.

**Grazia:** What inspired you both to open up a dental practice together?

**Dr Ahmed:** We both worked in the same practice as associates for a few years so we knew what we were buying into. We had similar visions and aspirations. Buying the practice allowed us to convert this vision into reality.

**Dr Zainab:** We wanted to be able to deliver something special. High quality care in a calm atmosphere with a very personalised approach and a strong ethos of safety and ethics.

**Grazia:** What services does Harrow on Hill Dental & Facial Aesthetics offer?

**Dr Zainab & Dr Ahmed:** We offer advanced non surgical facial aesthetic treatments, skin treatments and laser hair removal.

And of course cosmetic dentistry,

routine dentistry, as well as hygiene treatments.

Our most sought after treatments in the clinic are invisalign, veneers, composite bonding, facial sculpting, and the non surgical rhinoplasty.

**Grazia:** What are the pros and cons of working together?

**Dr Zainab & Dr Ahmed:**

Pros:

1. We understand each other well.
2. We help each other, it's great when we can get a second opinion from each other.

Cons:

1. Sometimes it's challenging to separate work and family time, although we don't work on the same days, so that helps. We have made a point of not talking about work too much. We don't discuss work when we are taking care of the kids - we learnt this during the lockdowns! We've found that it is vital to compartmentalise the different aspects of life.

**Grazia:** How do you both manage work-life balance especially with having two very young children?

**Dr. Zainab & Dr. Ahmed:** It's challenging because we both work hard and sometimes it feels like there aren't enough hours in the day so being super organised is key.

Working on different days allows us to spend time with the kids, each doing school runs, kids bed time etc, while the other is holding the fort in the clinic.

"Sunday funday", as the kids call it, is the family day when we are finally all together. Work doesn't come into this day.

We are still continuously learning and striving to maintain the right balance.

**Grazia:** What are the challenges of being a dentist?

**Dr. Zainab & Dr. Ahmed:** Dentistry requires a combination of demanding physical and mental skills that are often all at play at the same





time: Manual precision, strong communication skills, time management, and patience, all while trying to limit poor posture and eye strain. Plus dentists have to be consistent with all this, there is usually no space in the day when we can sit back, until all duties are done well. We see patients not as mouths, but as whole human beings who come with sometimes complex needs, fears and expectations. There are days where dentists could be working without a lunch break because we needed to go the extra mile for a complex treatment. We both love dentistry, feel grateful, and find it super rewarding. But it is well known that the high pressure can

take its toll - so all dentists need to be mindful of taking good care of themselves and spotting potential signs of burnout. If we look after ourselves we can take better care of everyone else.

**Grazia:** What's the best advice you would both give to someone thinking of pursuing a career in dentistry?

**Dr. Zainab & Dr. Ahmed:** Ensure that you have good manual dexterity, are a people's person, and that you work well under pressure. Get some work experience in a busy practice to see if the day to day work appeals to you. If you like it, work hard and go for it, it can be a really fulfilling career.

**Grazia:** What are your interests out-

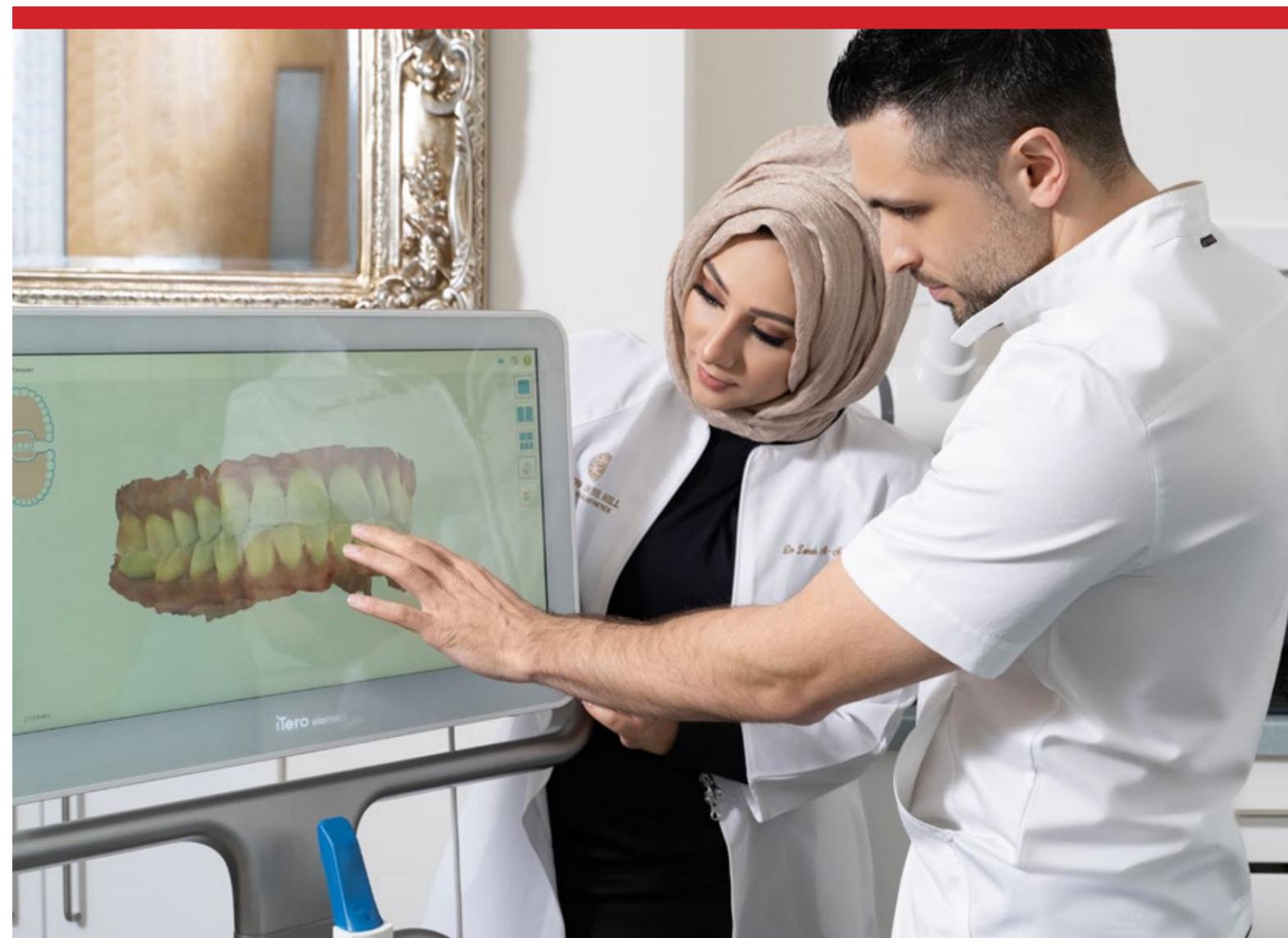
side of dentistry and facial aesthetics?  
**Dr. Ahmed:** My hobbies are tennis and football. The gym is a regular part of my life.

I enjoy travelling and love the sun!  
**Dr. Zainab:** I love teaching outside of clinical work. My hobbies are sketching (of facial features!), reading broadly and swimming. I am really keen on personal development, and travelling everywhere!

**Grazia:** Tell us about two qualities that would make a good dentist

**Dr Ahmed:** Eye for detail and good communication skills.

**Dr Zainab:** Precision and empathy. Dentistry really needs the human touch. ■



*Dress your best in whimsical colours, of fun and spontaneity amplified by carefree confidence and joyful attitude*

# COLOURS OF Joy



**BY FAR**  
+ Mimi Cuttrell leather pumps  
PKR 81,000  
www.byfar.com



**MANGO**  
Feather clutch bag  
PKR 17,433  
www.mango.com



**JACQUEMUS**  
Alzou cropped mohair-blend cardigan  
PKR 46,842  
www.jacquemus.com



**CULT GAIA**  
Annie embellished embroidered linen-blend top  
PKR 40,150  
www.cultgaia.com



**LOEWE**  
Neon fleece mules  
PKR 121,509  
www.loewe.com



**MARQUES' ALMEIDA**  
Open-back linen-blend satin maxi dress  
PKR 102,158  
www.marqueslameida.com



**ZARA**  
Cropped Knit Top  
PKR 2,289  
www.zara.com



**ZARA**  
Flowy Wide Leg Pants  
PKR 2,289  
www.zara.com



**ALEX PERRY**  
Preston stretch-crepe mini dress  
PKR 167,295  
www.alexperry.com



**GANNI**  
Organic cotton-blend corduroy wide-leg pants  
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www.ganni.com

**RETROFÊTE**  
 Alphabet rhodium-plated  
 crystal single earring  
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[www.retrofete.com](http://www.retrofete.com)



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 PKR 1,057  
[www.forever21.com](http://www.forever21.com)




**PULL & BEAR**  
 Flame Hoop Earrings  
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[www.pullandbear.com](http://www.pullandbear.com)



**BERSHKA**  
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# SILVER SENSATION

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 Pixel silver-tone chainmail bracelet  
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[www.pacorabanne.com](http://www.pacorabanne.com)



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 Rina platinum-plated  
 necklace  
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[www.lauralombardi.com](http://www.lauralombardi.com)



**PULL & BEAR**  
 Silver-Colored Diamanté Belt  
 PKR 4,586  
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# STYLE HUNTER

*From the Sang-e-Mah premiere to Hemani's fragrance launch, our style hunters were on the prowl spotting the trendiest of fashion*

**SACHAL AFZAL**  
The dapper supermodel sported a funky winter's look in a green bug-printed sweater complete with a fanny pack, matching socks and chunky boots.  
**GRAZIA LOVES**  
The green sweater

**MAHA TAHIRANI**  
Maha makes a strong case for an all-black look with her Deepak and Fahad blazer belted over wide-legged sequinned pants  
**GRAZIA LOVES**  
The black blazer



**HANIA AAMIR**  
The radiant starlet opted for a chic long kurta by Hussain Rehar with silver embroidery complimented by matching earrings  
**GRAZIA LOVES**  
The black kurta

**SAMEEHA SAEED**  
Another head-to-toe black look sported by model Sameeha — perfect for an evening red carpet event  
**GRAZIA LOVES**  
The leather jacket and turtleneck



**SHADAB KHAN**  
The cricketing star put his best foot forward in this uber stylish look — contrasting his black separates with a pair of cool multi-coloured sneakers  
**GRAZIA LOVES**  
The sneakers



1

**ICE ICE QUEEN**

Victoria Beckham Beauty's 'Posh Gloss' drenches your lips with lustrous shine and accentuates volume. Even better, the formula delivers moisture without stickiness, so feel free to wear your hair down.

**PKR 4,927**  
www.victoriabeckham.com

2

**STYLE IN STYLE**

Ghd's latest 'Platinum+' styler is your ultimate tool to achieve those silky smooth locks you find your favourite celebrities sport on the red carpets. Designed with a one-of-its-kind technology, the plates respond to each strand of your precious hair and styling speed by delivering optimum heat – regardless of your hair type.

**PKR 49,000**  
www.ghd.com

3

**ALL THAT GLOW**

TAN-LUXE's 'Super Glow Edit' helps you achieve the illusion of sun-kissed radiance around the year. The awesome serum combination comes to you wrapped in a sleek box accompanied by the brand's two popular products with each being formulated with Hyaluronic Acid that hydrates and plumps skin, while the Superfood ingredients nourish and improve vibrancy.

**PKR 6,863**  
www.net-a-porter.com

**BEAUTY CHARTS**

We got all your beauty needs covered with our top picks

5

**ROSY KISS**

Take your makeup game to a bolder next level with a sultry kiss. This rosy plum shade from By Terry's Lip Expert is the perfect colour for you to wear this winter to accentuate your lips and give your look an extra oomph.

The product is also formulated to last for hours while it dries to an opaque dark-pink that won't fade or transfer.

**PKR 5,983**  
www.byterry.com

4

**HELP YOUR SCALP**

"The Scalp Treatment" by Augustinus Bader is the solution you were waiting for to combat dry, thinning hair. It is specially formulated to stimulate growth, thickness and vibrancy to each strand directly from the root. Lightweight and fast-absorbing, it extracts that strengthen and support keratin production leading to healthier and fuller locks.

**PKR 14,078**  
www.augustinusbader.com

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Flowerbomb  
**PKR 29,000**  
www.viktorandrolf.com

**2. BYREDO**  
Mumbai Noise  
**PKR 33,437**  
www.byredo.com

**3. MARC JACOBS**  
Daisy Skies Eau De Toilette  
**PKR 15,313**  
www.marcjacobs.com

**4. CHANEL**  
Coco Mademoiselle Eau de Parfum  
**PKR 20,414**  
www.chanel.com

**5. GUCCI**  
Flora Gorgeus Gardenia Eau de Parfum  
**PKR 14,000**  
www.gucci.com

**6. DIOR**  
Miss Dior Eau de Parfum  
**PKR 31,667**  
www.dior.com

TARTE  
Chrome Paint Shadow Pot  
PKR 3,871  
www.tarte.com



BOBBI BROWN  
Long-Wear Cream Eyeshadow Stick  
PKR 5,279  
www.bobbibrown.com



URBAN DECAY  
24/7 Moondust Eyeshadow  
PKR 3,871  
www.urbandecay.com



LAURA MERCIER  
Caviar Stick Eye Shadow  
PKR 5,103  
www.lauramercier.com



# GLITTERING 'N' SHINING

*Let your eyeshadow be as bright as your future as you dash right into this new year*

VALENTINO  
Dreamdust Glitter Eyeshadow  
PKR 5,631  
www.valentino.com



STILA  
Shimmer & Glow Liquid  
Eye Shadow  
PKR 4,223  
www.stila.com



GIGI HADID



GRACE VANDERWAAL



HOURGLASS  
Scattered Light Glitter Eye Shadow  
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www.hourglass.com

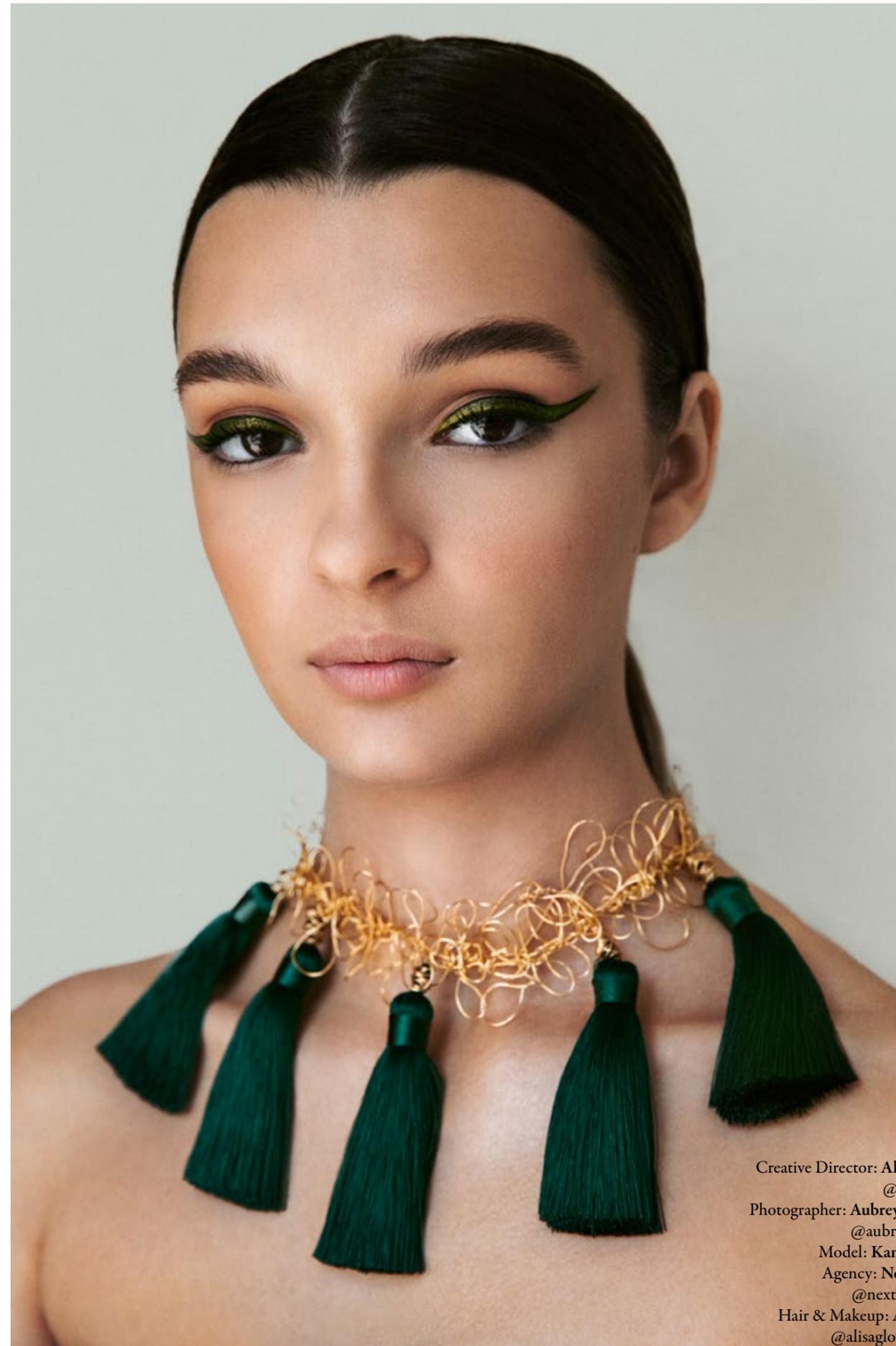
ONE/SIZE BY PATRICK STARRR  
Eye Popper Sparkle Vision Liquid Eyeshadow  
PKR 3,871  
www.sephora.com



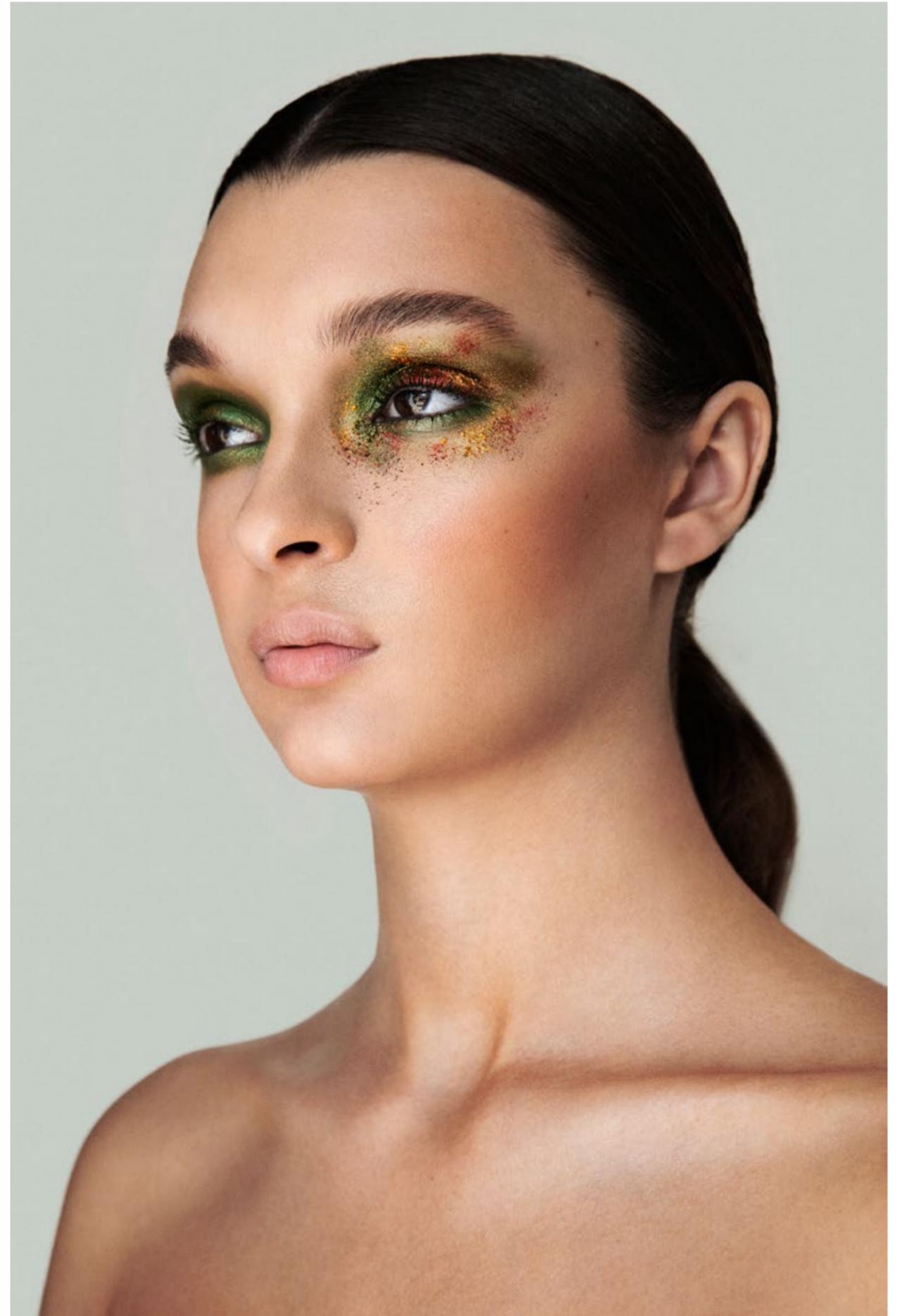
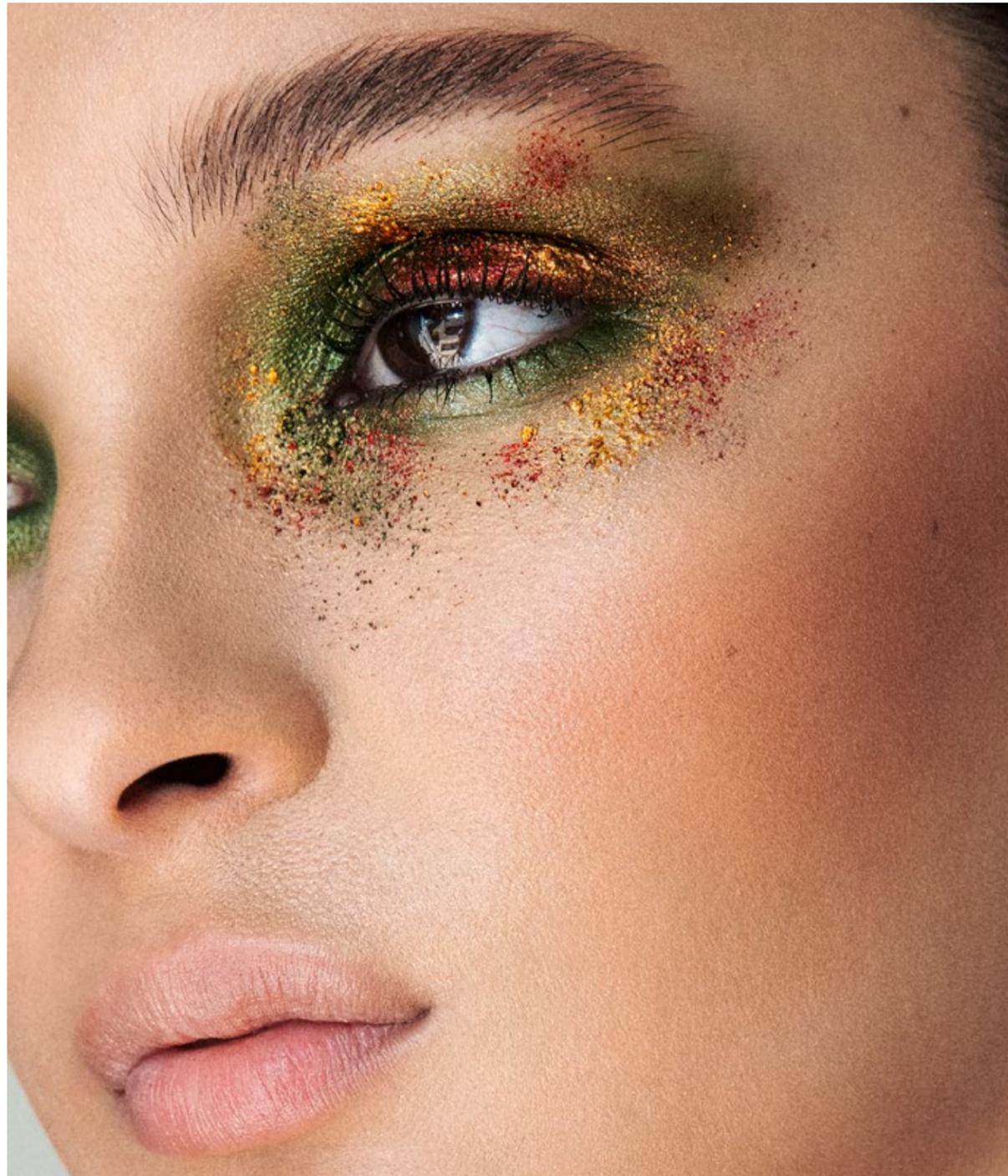


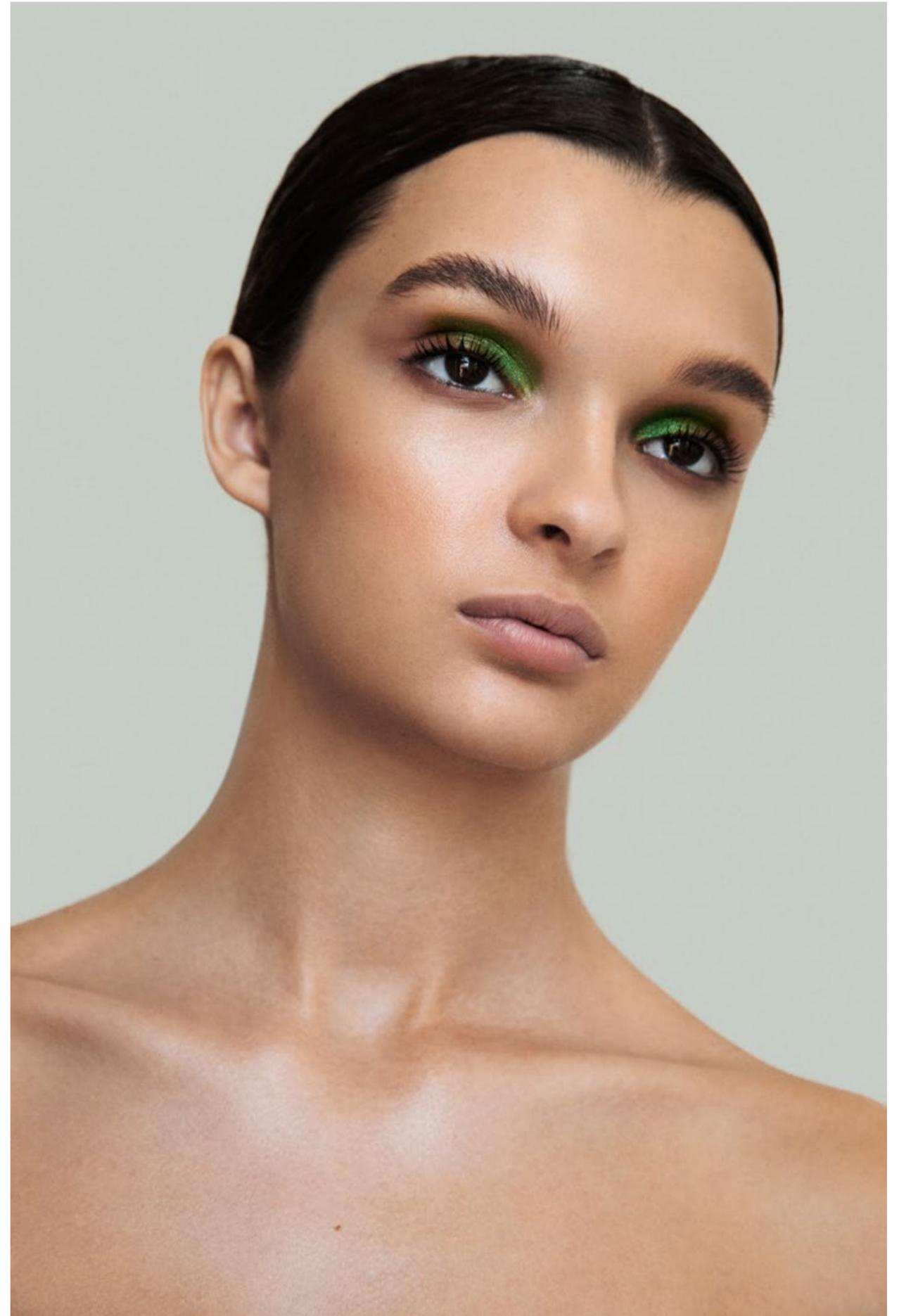
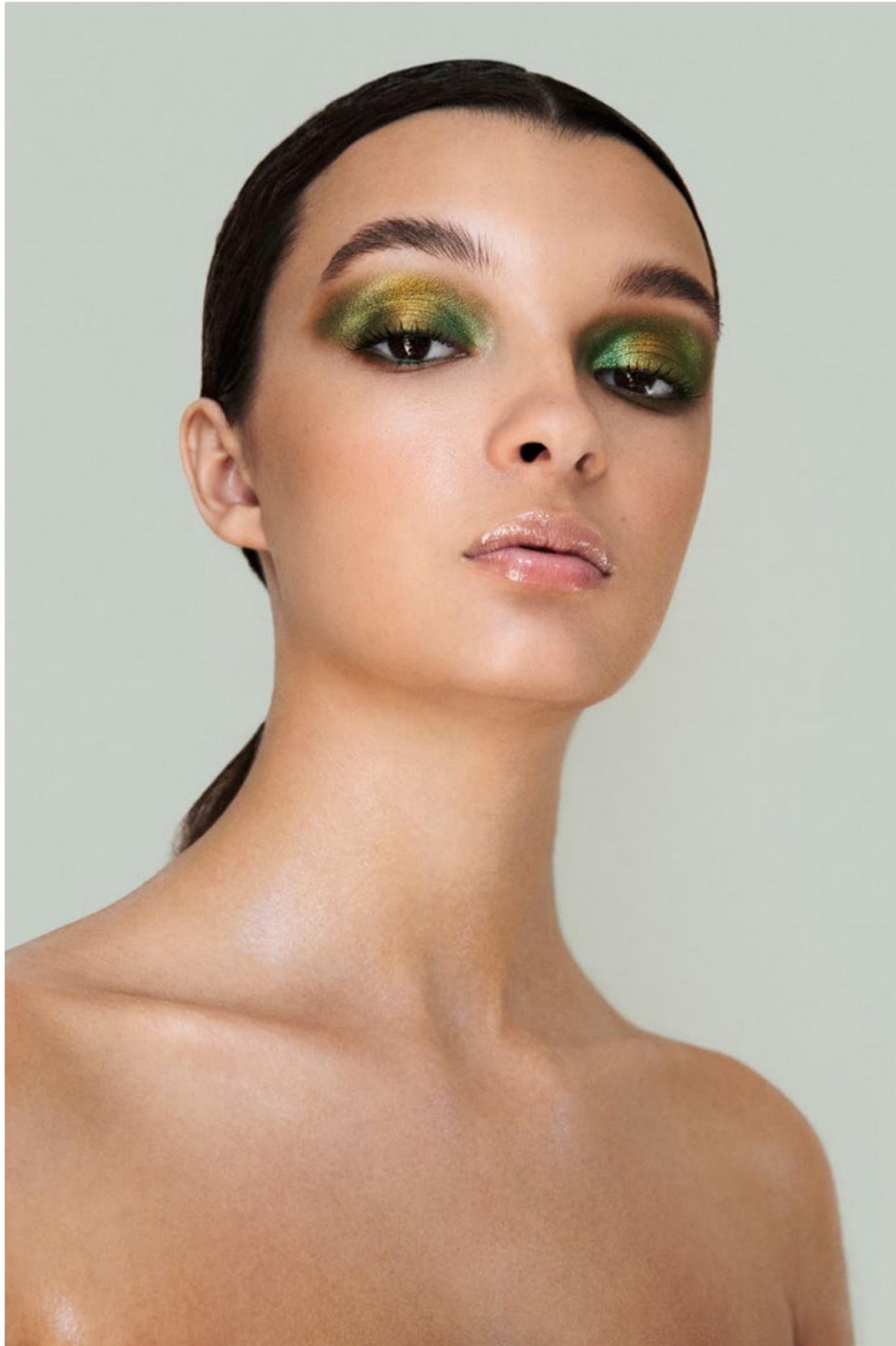
# GREEN WITH ENVY

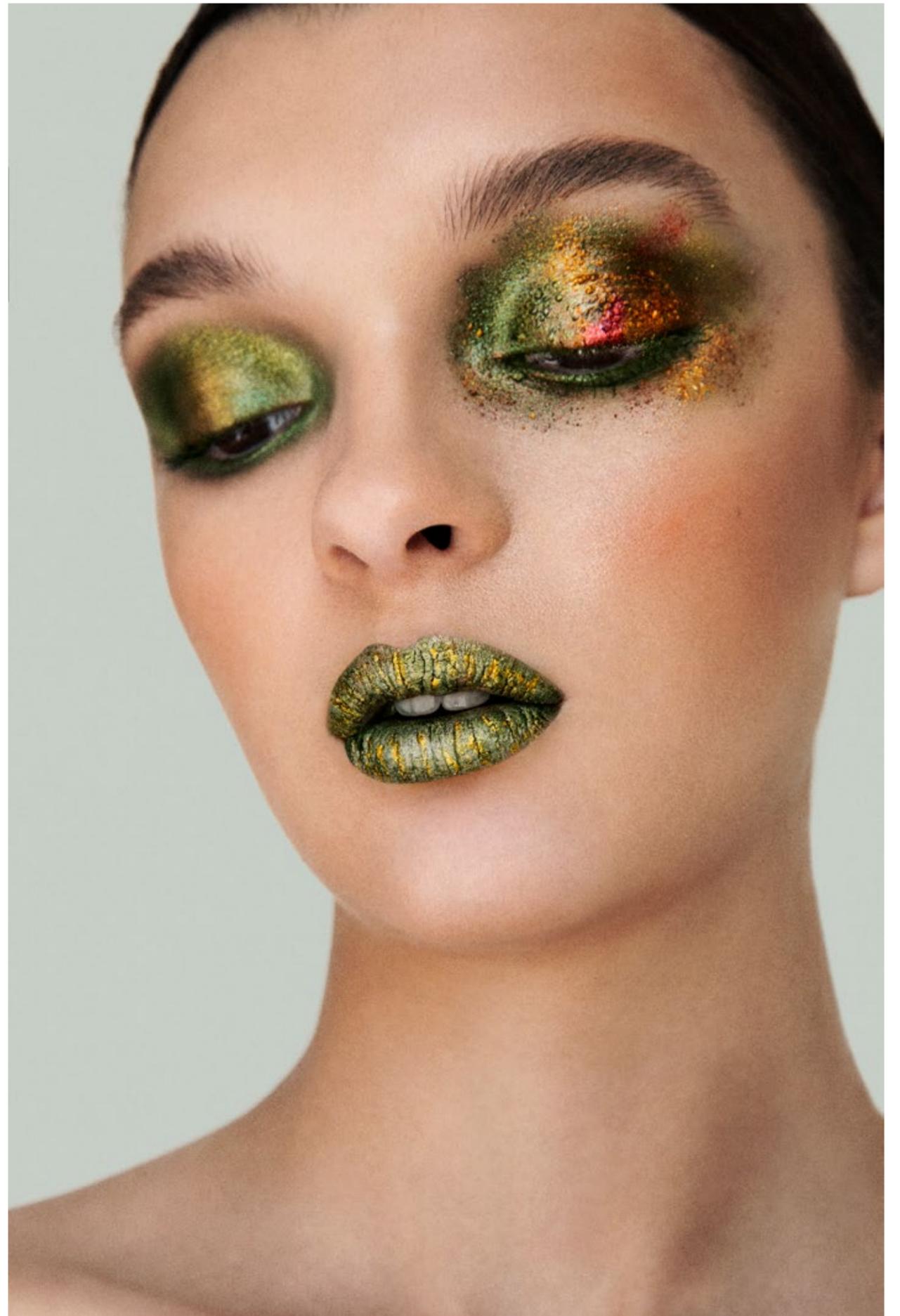
*Embrace the colors of nature and let them take control over your craft! Our beauty editorial shows you ways you can play with greens and turn heads wherever you go.*



Creative Director: Alex Palomo  
@the\_ap\_ny  
Photographer: Aubrey Chandler  
@aubreychandler  
Model: Kamryn Jacko  
Agency: Next Models  
@nextmodelsmia  
Hair & Makeup: Alisa Glow  
@alisaglow\_makeup







# GET THE COVER LOOK

CREATED BY GRAZIA'S INTERNATIONAL CELEBRITY MAKE UP ARTIST KANIZ ALI



1.



CELEBRITY MAKE UP ARTIST - KANIZ ALI

3.



2.

Definitely one of my favourites **La Mer's Moisturising Soft Cream!** I love using this product on all my clients, the weightless cream deeply nourishes the skin and is great for most skin types. [www.lamer.co.uk](http://www.lamer.co.uk)

La Mer's Illuminating Hydrator is perfect to create a radiant base and adds an extra touch of moisture for those who need that extra boost! [www.lamer.co.uk](http://www.lamer.co.uk)

Clinique's Chubby Contour Stick is another one of my favourites! This gorgeous stick glides on so easily and a small amount makes great impact wherever applied around the face. It's so easy to blend and a complete must have for the woman who loves contour! [www.clinique.co.uk](http://www.clinique.co.uk)

1. Tom Ford Illuminate Liquid Foundation is an amazing foundation which is perfect to build on from medium to full coverage depending on how much coverage you would like. It's excellent for those wishing to achieve a flawless radiant base. [www.tomford.co.uk](http://www.tomford.co.uk)

2. Tom Ford Black Eye Defining Pen gives excellent definition and glides on very easily. It's precision is so on point - definitely every girl's best friend. [www.tomford.co.uk](http://www.tomford.co.uk)

3. Tom Ford Lipstick in Pussy Cat is one of my favourite lipsticks. This is gorgeous formulation has the perfect balance of matt and cream which glides on very easily and it's a favourite amongst my clients. [www.tomford.co.uk](http://www.tomford.co.uk)

# The Ultimate BRIDAL LOOK

**CELEBRITY MAKEUP ARTIST, KANIZ ALI, PUTS TOGETHER 3 BEAUTIFUL BRIDAL LOOKS TO INSPIRE YOU FOR YOUR BIG DAY!**



## Contemporary with A Twist of Tradition

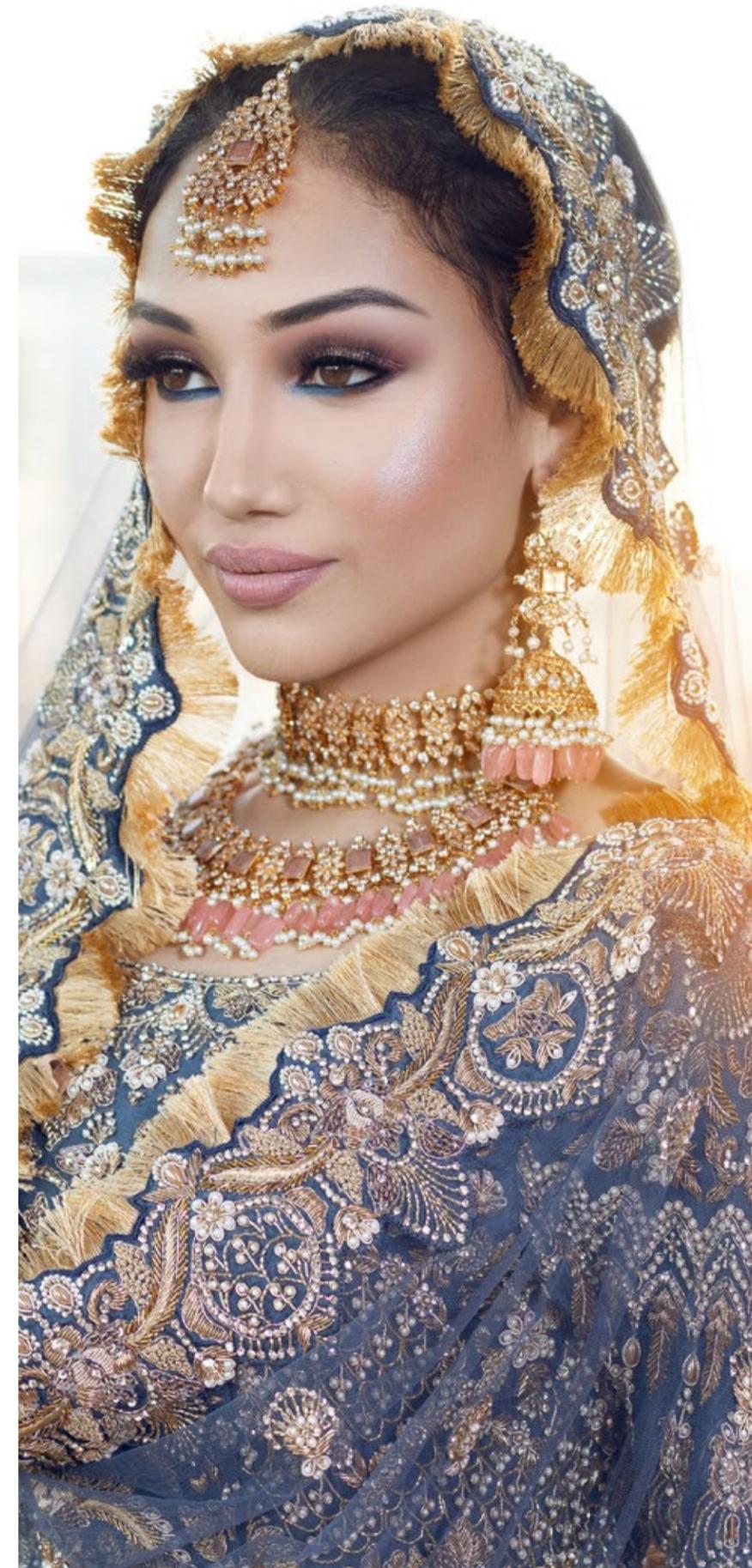
International Celebrity Make Up Artist - Kaniz Ali says "This look was created for the bride that wishes to stay away from the colour red but yet would like to opt for the traditional look for her big day! I always say it's your wedding day you should wear whichever colour you feel most comfortable with and most importantly makes you happy after all it's your big day! I kept the skin looking fresh and radiant. Overall giving my gorgeous bengali muse Star Choudhery an effortless look to compliment the outfit and jewellery.

### **PRODUCTS USED TO CREATE THE LOOK:**

**SKIN:** La Mer Gel Moisturiser, La Mer Hydrating Illuminator, Too Faced Born This Way Full Coverage Foundation, Too Faced Full Coverage Concealer, Too Faced Loose Powder, Clinique's Chubby Contour Stick, Clinique's Cheek Contouring Palette, Tom Ford Blusher Gratuitous, Urban Decay All Nighter Fix Spray

**EYES:** Too Faced Cinnamon Swirl Eyeshadow Palette, Mac's Gold Glitter Pot, Tom Ford Eye Defining Pen, Smashbox Kohl Liner.

**LIPS:** Tom Ford Spanish Pink Lipstick mixed with Kilian Rose Cruelle Lipstick.





## *The Traditional Bride*

International Celebrity Make Up Artist - Kaniz Ali says "The tradition of wearing red amongst south asians goes centuries back. It's a colour that holds great value and defines weddings. This colour will always be in all year round.

### **PRODUCTS USED TO CREATE THE LOOK:**

**SKIN:** Origins Hydrating Energy Boosting Moisturiser, Too Faced Born This Way Full Coverage Foundation, Huda Beauty Full Coverage Concealer, Too Faced Born This Way Powder, MAC Sunbasque Blusher, Clinique Contouring Chubby Stick, Smashbox Face Primer Water Spray.

**EYES:** Smashbox Always on Gel Eyeliner + sharp 3D eyeliner, Tom Ford Full Volume Mascara, Tatti Lashes in TL5, Too Faced Cinnamon Swirl Eyeshadow Palette, Benefit Eyebrow Palette.

**LIPS:** Mac Ruby Woo Lipstick mixed Russian Red Lipstick lined with Mac's Cherry Lip Liner.





*The Walima*  
*Bride With A*  
*Twist of Tradition*

International Celebrity Make Up Artist - Kaniz Ali says "Walima/Reception is a look which is always kept much softer in colour and is usually a complete contrast from the traditional red on the wedding day. This look was all about keeping the eyes powerful and striking, keeping the face matt and chiselled complimented with the perfect nude lips".

**PRODUCTS USED TO CREATE THE LOOK:**

**SKIN:** Origins Hydrating Energy Boosting Moisturiser, Too Faced Born This Way Full Coverage Foundation, Huda Beauty Full Coverage Concealer, Too Faced Born This Way Powder, MAC Sunbasque Blusher, Clinique Contouring Chubby Stick, Smashbox Face Primer Water Spray.

**EYES:** Smashbox Always on Gel Eyeliner + sharp 3D eyeliner, Tom Ford Full Volume Mascara, Tatti Lashes in TL5, Too Faced Cinnamon Swirl Eyeshadow Palette, Benefit Eyebrow Palette.

**LIPS:** Mac Ruby Woo Lipstick mixed Russian Red Lipstick lined with Mac's Cherry Lip Liner.



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# GRAMA

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